

# Trattamento medico delle emorragie massive

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# Due modelli epistemologici...

**Modello  
nomotetico**



**Modello  
idiografico**



## Evidence-based practice guidelines for plasma transfusion

doi: 10.1111/j.1537-2995.2010.02632.x

TRANSFUSION \*\*;\*\*\*;\*\*\*;\*\*\*

*John D. Roback, Stephen Caldwell, Jeff Carson, Robertson Davenport, Mary Jo Drew, Anne Eder, Mark Fung, Marilyn Hamilton, John R. Hess, Naomi Luban, Jeremy G. Perkins, Bruce S. Sachais, Aryeh Shander, Toby Silverman, Ed Snyder, Christopher Tormey, John Waters, and Ben Djulbegovic*

Recommendation: We **suggest** that plasma be transfused to trauma patients requiring massive transfusion (quality of evidence = **moderate**).

Recommendation: We **cannot recommend** for or against transfusion of plasma at a plasma : RBC ratio of 1:3 or more in trauma patients during massive transfusion (quality of evidence = **low**).

Recommendation: We **cannot recommend** for or against transfusion of plasma for patients undergoing surgery in the absence of massive transfusion (quality of evidence = **very low**).

Recommendation: We **suggest against** plasma transfusion in other groups for which data were available (acute pancreatitis, organophosphate poisoning, coagulopathy



# The effect of plasma transfusion on morbidity and mortality: a systematic review and meta-analysis

doi: 10.1111/j.1537-2995.2010.02630.x

TRANSFUSION \*\*,\*\*,\*\*.

Mohammad Hassan Murad, James R. Stubbs, Manish J. Gandhi, Amy T. Wang, Anu Paul,  
Patricia J. Erwin, Victor M. Montori, and John D. Roback

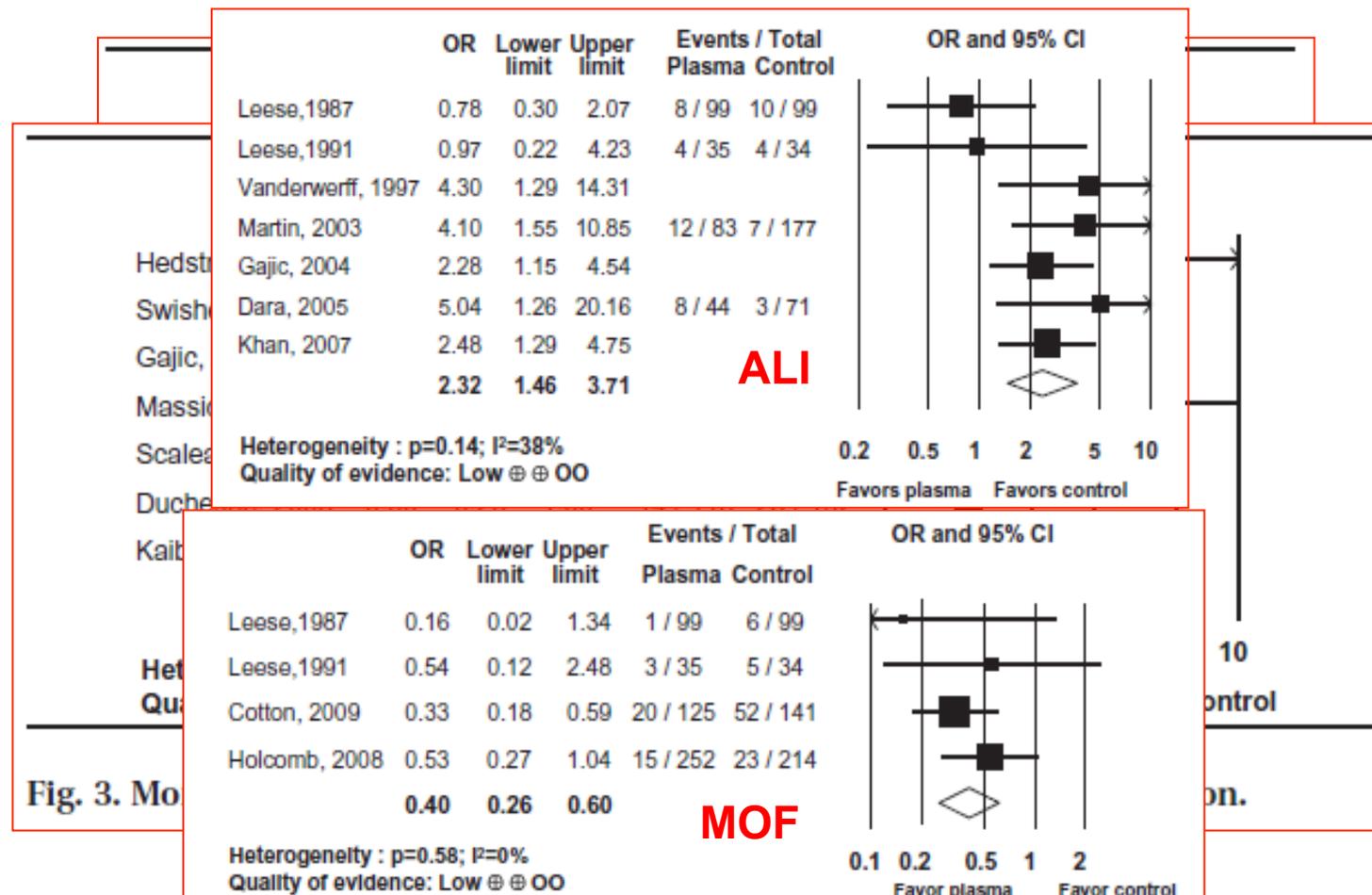


Fig. 3. Mo





World J Surg  
DOI 10.1007/s00268-008-9655-0



## Outcome Analysis of Blood Product Transfusion in Trauma Patients: A Prospective, Risk-Adjusted Study

Grant V. Bochicchio · Lena Napolitano · Manjari Joshi · Kelly Bochicchio ·  
Walter Meyer · Thomas M. Scalea

	PRBCs OR (CI)	FFP OR (CI)	Platelets OR (CI)
Infection	2.8 (1.96–3.94)*	1.02 (1.01–1.04)*	0.94 (0.96–1)
Hospital LOS	8.1 (6.6–9.03)*	1.3 (1.3–1.41)*	–0.15 (–0.023 to 0.07)*
ICU LOS	5.6 (4.2–7.06)*	1.25 (1.2–1.31)*	–0.08 (–0.14 to 0.01)*
Mortality	1.05 (1.03–1.07)*	1.03 (1.02–1.05)*	1.03 (1.02–1.04)

**+3.5% rischio di morte per ogni unità di  
PFC trasfusa**

# Blood product use in trauma resuscitation: plasma deficit versus plasma ratio as predictors of mortality in trauma

TRANSFUSION \*\*,\*\*,\*\*.-\*\*.

Andreas R. de Biasi, Lynn G. Stansbury, Richard P. Dutton, Deborah M. Stein, Thomas M. Scalea,

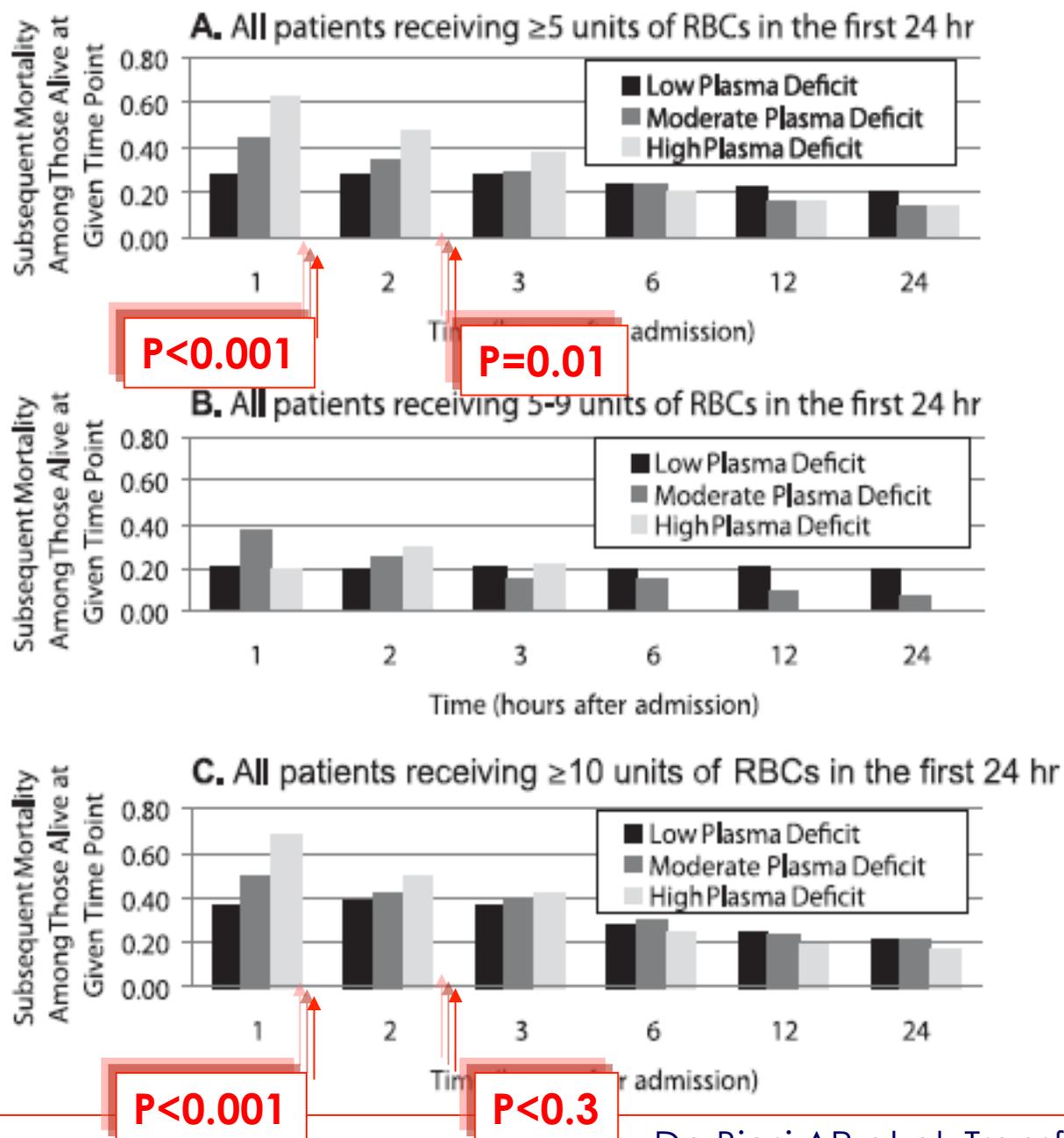
**TABLE 4. Plasma deficit (units of RBCs transfused minus units of plasma transfused) and ratio of plasma repletion (expressed as units of plasma divided by units of RBCs) as predictors of mortality in rapidly bleeding trauma patients**

Patient characteristics	Deficit status			p value*	Ratio status			p value
	Low 0-2	3-6	High > 6		Good > 0.66	0.66-0.34	Poor < 0.34	
<b>A. At 24 hr into resuscitation</b>								
All patients (%)†	184 (40.0)	148 (33.8)	106 (24.2)		249 (56.9)	111 (25.3)	78 (17.8)	
TRISS, mean (SD)‡	0.658 (0.32)	0.571 (0.75)	0.501 (0.36)	0.001	0.625 (0.34)	0.537 (0.35)	0.559 (0.36)	0.06
Deaths, number (%)	59 (32.1)	62 (41.9)	61 (57.5)	<0.001	97 (39)	50 (45.1)	35 (44.9%)	0.5
5 to 9 units (%)	83 (49.1)	71 (42.0)	15 (8.9)		80 (43.3)	36 (21.3)	53 (31.4)	
TRISS, mean (SD)	0.659 (0.31)	0.581 (0.34)	0.586 (0.40)	0.3	0.658 (0.31)	0.580 (0.32)	0.589 (0.37)	0.1
Deaths, number (%)	21 (25.3)	25 (32.2)	6 (40.0)	0.3	21 (26.3)	9 (25)	22 (41.5)	0.1
>9 units (%)	101 (37.6)	77 (28.6)	91 (33.8)		169 (62.8)	75 (27.9)	25 (9.3)	
TRISS, mean (SD)	0.658 (0.34)	0.561 (0.36)	0.492 (0.35)	0.01	0.609 (0.35)	0.519 (0.35)	0.496 (0.34)	0.4
Deaths, number (%)	38 (37.6)	37 (48.1)	55 (60.4)	0.007	76 (45)	41 (54.7)	13 (52)	0.4
<b>B. At 3 hr into resuscitation</b>								
All patients (%)	176 (40.2)	170 (38.8)	92 (21)		202	117	119	
TRISS, mean (SD)‡	0.667 (0.32)	0.561 (0.35)	0.500 (0.36)	<0.001	0.622 (0.35)	0.526 (0.35)	0.602 (0.34)	0.05
Deaths, number (%)	54 (30.7)	72 (42.4)	56 (60.9)	0.001	80 (39.6)	57 (48.7)	45 (37.8)	0.2
5 to 9 units (%)	87 (51.5)	68 (40.2)	14 (8.3)		63	32	74	
TRISS, mean (SD)	0.678 (0.31)	0.562 (0.34)	0.537 (0.40)	0.06	0.674 (0.33)	0.555	0.602	0.2
Deaths, number (%)	19 (21.8)	27 (39.7)	6 (42.9)	0.03	16 (25.4)	11 (34.4)	25 (33.8)	0.5
>9 units (%)	89 (33.1)	102 (37.9)	78 (29)		139	85	45	
TRISS, mean (SD)	0.656 (0.33)	0.560 (0.35)	0.493 (0.36)	0.01	0.598 (0.35)	0.514 (0.35)	0.603 (0.34)	0.2
Deaths, number (%)	35 (39.3)	45 (44.1)	50 (64.1)	0.003	64 (46.0)	46 (54.1)	20 (44.4)	0.4

\* Probability of no true difference between plasma status groups by ANOVA F statistic for continuous and chi square for categorical variables.

† All = 5 or more units of RBCs at 24 hours into resuscitation.

‡ TRISS: probability of survival.





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# Balanced massive transfusion ratios in multiple injury patients with traumatic brain injury

**Table 3 Morbidity and mortality according to study groups<sup>a</sup>**

Morbidity and mortality	AIS score, head <3			AIS score, head ≥3		
	FFP:pRBC ratio ≤1:2	FFP:pRBC ratio >1:2	P value	FFP:pRBC ratio ≤1:2	FFP:pRBC ratio >1:2	P value
Sepsis, n (%)	31 (21.5%)	91 (23.6%)	0.608	19 (15.7%)	98 (24.9%)	0.035
Multiorgan failure, n (%)	86 (58.5%)	211 (55.7%)	0.557	80 (67.2%)	276 (71.3%)	0.393
Mean ventilator-free days (±SD)	8.7 ± 11.2	12.8 ± 11.6	<0.001	4.3 ± 8.1	6.1 ± 9.0	0.006
Survivors' mean ventilation-free days (±SD)	16.9 ± 10.2	17.4 ± 10.1	0.647	11.5 ± 9.6	11.1 ± 9.7	0.825
Mean ICU LOS, days (±SD)	14.7 ± 19.4	18.5 ± 20.1	<0.001	12.5 ± 18.5	18.2 ± 21.3	<0.001
Survivors' mean ICU LOS, days (±SD)	24.7 ± 20.5	23.1 ± 20.6	0.335	29.0 ± 20.8	29.7 ± 22.3	0.703
Mean HLOS, days (±SD)	30.2 ± 40.3	43.3 ± 40.2	<0.001	20.6 ± 30.1	29.9 ± 36.4	<0.001
Survivors' mean HLOS, days (±SD)	54.3 ± 43.0	56.3 ± 38.5	0.361	49.2 ± 32.3	49.9 ± 36.8	0.934
6-hour mortality, n (%)	74 (34.9%)	45 (10.6%)	<0.001	55 (32.9%)	69 (15.5%)	<0.001
24-hour mortality, n (%)	85 (40.1%)	47 (17.4%)	<0.001	74 (44.3%)	110 (24.7%)	<0.001
30-day mortality, n (%)	97 (45.8%)	105 (24.6%)	<0.001	104 (62.3%)	199 (44.7%)	<0.001
In-hospital overall mortality, n (%)	102 (48.1%)	114 (26.8%)	<0.001	104 (62.3%)	203 (45.6%)	<0.001

<sup>a</sup>AIS, Abbreviated Injury Scale; FFP, fresh frozen plasma; pRBC, packed red blood cell; ICU, intensive care unit; LOS, length of stay; SD, standard deviation; HLOS, hospital length of stay.

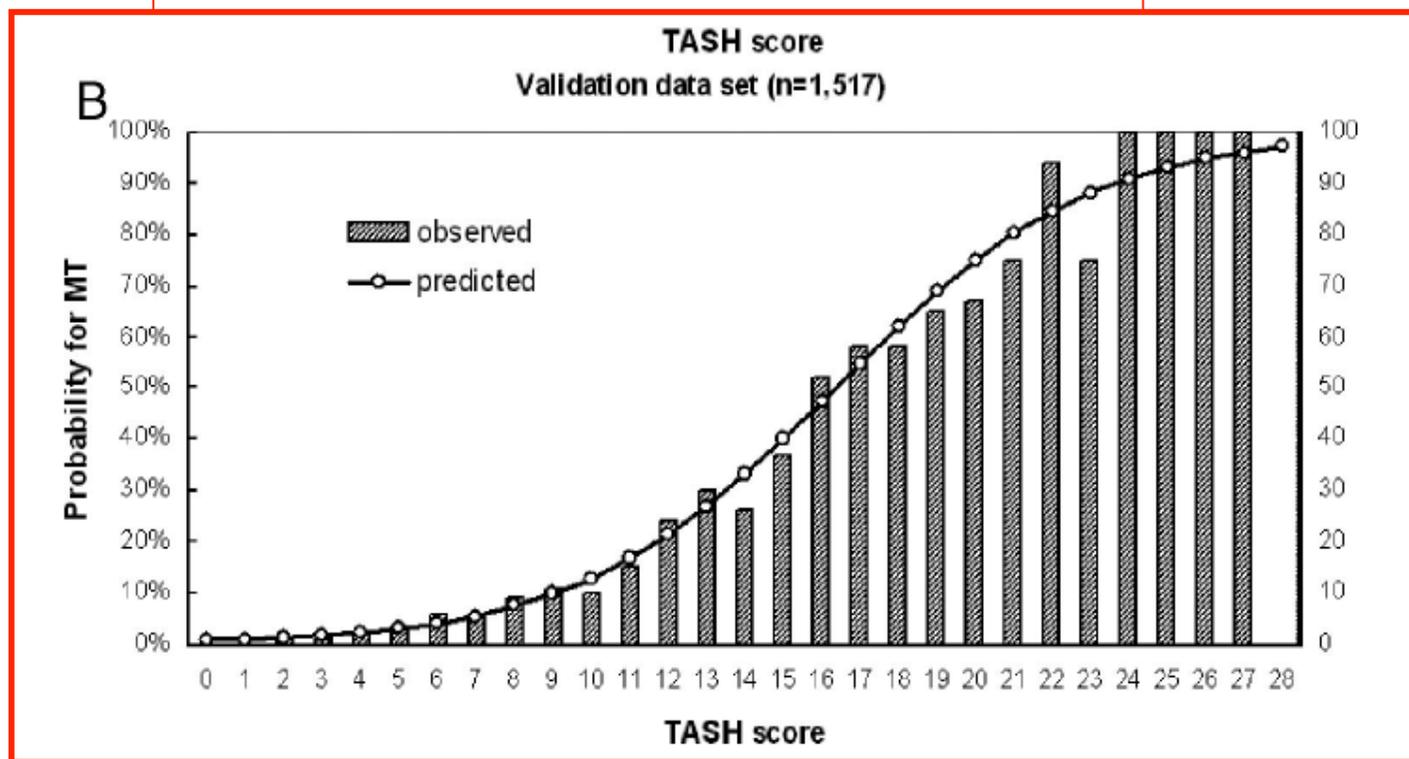


# Trauma Associated Severe Hemorrhage (TASH)-Score: Probability of Mass Transfusion as Surrogate for Life Threatening Hemorrhage after Multiple Trauma

Nedim Yücel, MD, Rolf Lefering, PhD, Marc Maegle, MD, Matthias Vorweg, MD, Thorsten Tjardes, MD, Steffen Ruchholtz, MD, Edmund A. M. Neugebauer, PhD, Frank Wappler, MD, Bertil Bouillon, MD, Dieter Rixen, MD, and the "Polytrauma Study Group" of the German Trauma Society

*J Trauma.* 2006;60:1228–1237.

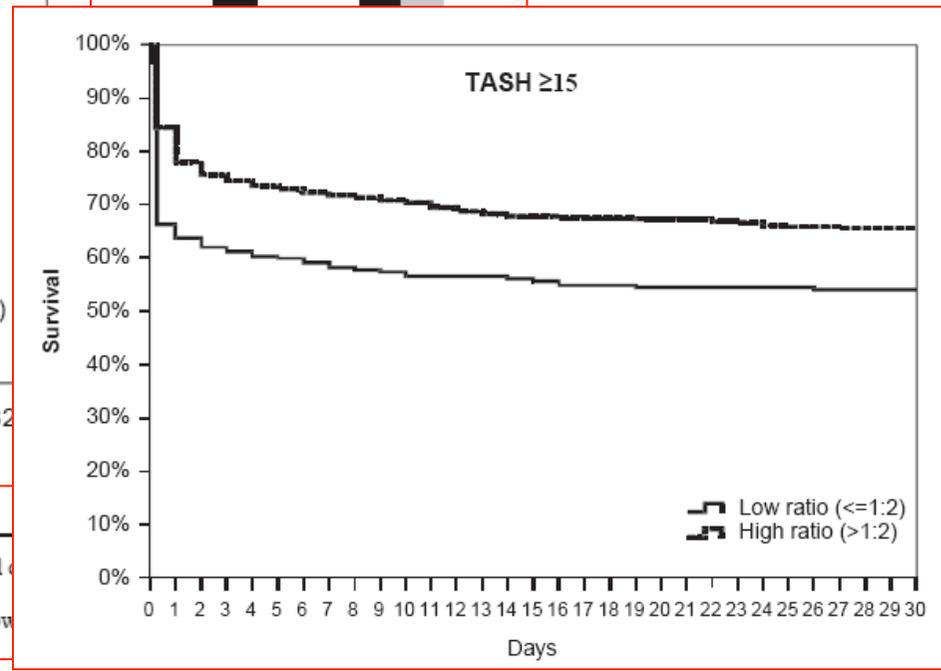
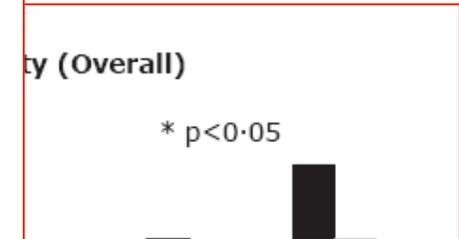
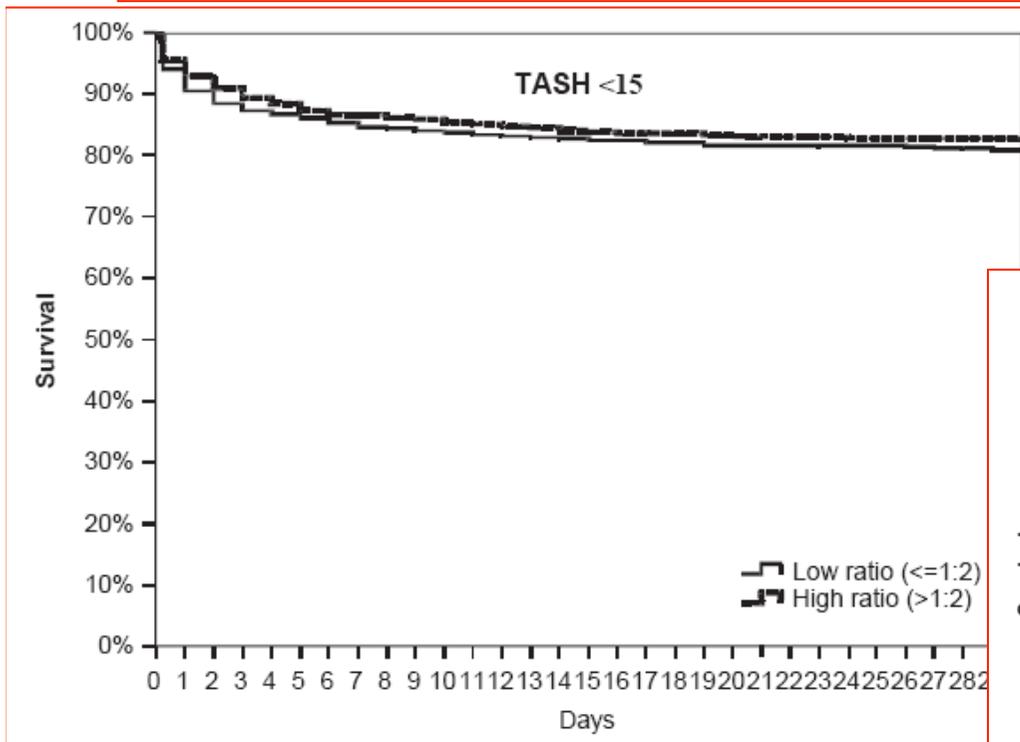
**Table 3** Final TASH Score



**ORIGINAL PAPER**

# The effect of FFP:RBC ratio on morbidity and mortality in trauma patients based on transfusion prediction score

M. A. Borgman,<sup>1</sup> P. C. Spinella,<sup>2</sup> J. B. Holcomb,<sup>3</sup> L. H. Blackbourne,<sup>4</sup> C. E. Wade,<sup>3</sup> R. Lefering,<sup>5,6,7</sup> B. Bouillon<sup>5,7</sup> & M. Maegele<sup>5,6,7</sup>



p value *	n.s.	n.s.	n.s.
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FFP:pRBC, fresh frozen plasma: packed red blood cells; MT, massive transfusion  
 \* Chi Square test of mortality between high and low





# Thrombelastography (TEG) or thromboelastometry (ROTEM) to monitor haemotherapy versus usual care in patients with massive transfusion (Review)

*Cochrane Database of Systematic Reviews 2011,*



## Authors' conclusions

There is an absence of evidence that TEG or ROTEM improves morbidity or mortality in patients with severe bleeding. Application of a TEG or ROTEM guided transfusion strategy seems to reduce the amount of bleeding but whether this has implications for the clinical condition of patients is still uncertain. More research is needed.

Proportion of patients receiving platelets	Study population		RR 0.77 (0.47 to 1.26)	619 (6 studies)	⊕⊕⊕○ moderate <sup>1,4</sup>
	230 per 1000	177 per 1000 (108 to 290)			
	Medium risk population				
	171 per 1000	132 per 1000 (80 to 215)			
Combined transfusion volume (mL) of platelets		The mean Combined transfusion volume (mL) of platelets in the intervention groups was 31.95 lower (70.43 lower to 6.52 higher)		545 (6 studies)	⊕⊕⊕○ moderate <sup>1,4,5</sup>
Combined transfusion volume (mL) of FFP		The mean Combined transfusion volume (mL) of FFP in the intervention groups was 96.35 lower (277.54 lower to 84.84 higher)		545 (6 studies)	⊕⊕⊕○ moderate <sup>1,4,6</sup>
Rate of surgical re-intervention: TEG or ROTEM vs control	Study population		RR 0.91 (0.44 to 1.87)	708 (7 studies)	⊕⊕⊕○ moderate <sup>1</sup>





RESEARCH

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Goal-directed coagulation management of major trauma patients using thromboelastometry (ROTEM®)-guided administration of fibrinogen concentrate and prothrombin complex concentrate

Schöchl et al. *Critical Care* 2010, **14**:R55  
<http://ccforum.com/content/14/2/R55>

Herbert Schöchl<sup>1,2</sup>, Ulrike Nienaber<sup>3</sup>, Georg Hofer<sup>1</sup>, Wolfgang Voelckel<sup>1</sup>, Csilla Jambor<sup>4</sup>, Gisela Scharbert<sup>5</sup>, Sibylle Kozek-Langenecker<sup>3</sup> and Cristina Solomon<sup>\*6</sup>

- ✓ 131 paz con trauma > 5 U di EC/24 ore
- ✓ Fibrinogeno in prima battuta in base a ROTEM → se non miglioramento CP
- ✓ PCC aggiunto se TAO o ExTEM > 1.5
  - 128 solo FIB, 101 anche CCP, 12 PFC, 29 plt
  - **Mortalità osservata (esclusi cranici) 14%**
  - Mortalità attesa TRISS 27.8% (p=0.0018)
  - Mortalità attesa RISC 24.3 % (p=0.014)



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**Treatment of massive bleeding with prothrombin complex concentrate:  
Argument for.**

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**Debate**

**Treatment of massive bleeding with prothrombin complex concentrate:  
Argument against**

Anne Godier<sup>1,2,3</sup>, Sophie Susen<sup>4,5</sup>, Charles-Marc Samama<sup>1,2,3</sup>



# EFFICACIA DEI PCC IN MODELLI ANIMALI DI EMORRAGIA MASSIVA

Autore, anno	Modello	PCC Comparatore	Efficacia In rosso i valori significativi
Dickneite, 2008	Coagulopatia diluizionale in maiali, quindi lesione ossea o splenica	35 UI/kg Salina	↓ tempo di emostasi ↓ perdite
Dickneite, 2009	Coagulopatia diluizionale in maiali, quindi lesione ossea o splenica	25 UI/kg 15 ml/kg PFC 40 ml/kg PFC	↓ tempo di emostasi ↓ perdite rispetto a entrambi
Pragst, 2009	Coagulopatia diluizionale in conigli, quindi lesione renale	25 UI/kg Salina 180 µg/kg rFVIIa	↓ tempo di emostasi ↓ perdite rispetto a entrambi
Kaspereit, 2010	Sanguinamento „a nappo“ dopo BPCP in maiali	30 UI/kg Salina	↓ perdite
Dickneite, 2010	Coagulopatia diluizionale in maiali, quindi lesione splenica	35 UI/kg Salina 180 µg/kg rFVIIa	↓ tempo di emostasi ↓ perdite

**Table 3**  
Morbidity and mortality.

	All patients (n = 36)	TR-DGU (n = 18)	Innsbruck TB (n = 18)	p-Value
Sepsis (n; %)	9 (25)	6 (33.3)	3 (16.7)	0.443
Multiple organ failure (n, %)	14 (38.9)	11 (61.1)	3 (16.7)	0.015
Ventilator days (days, range)	12 (6–20)	15 (6–22)	10 (5–20)	0.673
ICU LOS (days, range)	18 (10–29)	16 (13–25)	19 (9–33)	0.628
In-hospital LOS (days, range)	31 (19–49)	38 (21–48)	26 (19–50)	0.481
In-hospital mortality overall (n; %)	5 (13.9)	2 (11.1)	3 (16.7)	0.500

Data are presented as median (IQR<sub>25–75</sub>).  
ICU = intensive care unit; LOS = length of stay.

	(n=18)	(n=18)
<b>PFC Unità &lt;6 ore</b>	<b>0</b>	<b>6</b>
<b>PFC &gt;24 ore</b>	<b>0</b>	<b>10</b>
<b>RBC Unità &lt;6 ore</b>	<b>1</b>	<b>7.5</b>
<b>RBC Unità &gt;24 ore</b>	<b>3</b>	<b>12.5</b>
<b>PLT (tutte &gt;24 ore)</b>	<b>0</b>	<b>2</b>
<b>Fattori della coagulazione (tutti &lt; 6 ore)</b>	<b>Fibrinogeno 4 gr PCC 1200 IU</b>	<b>0</b>

This Provisional PDF corresponds to the article as it appeared upon acceptance. Copyedited and fully formatted PDF and full text (HTML) versions will be made available soon.

**Transfusion in trauma: thromboelastometry-guided coagulation factor concentrate-based therapy versus standard fresh frozen plasma-based therapy**

**Table 1. Inclusion criteria**

Type of therapy	Fibrinogen-PCC group (Salzburg Trauma Centre)	FFP group (TR-DGU)
	ROTEM-guided administration of coagulation factor concentrates	According to local protocols
ISS	≥ 16	
AIS thorax, abdomen, extremities	At least in one region, one injury with severity degree ≥3, AIS <sub>head/neck</sub> <5	
Age (years)	18–70	
Base deficit at admission	≥2 mmol/L	
FFP administered	No FFP	≥2 units FFP
Fibrinogen/PCC administered	≥1 g fibrinogen; ≥ 500 U PCC	No fibrinogen or PCC
Investigated time period	2005–2009	2005–2008
Patients included in database	353	21263
Patients fulfilling inclusion criteria	80	601



# Confronto fra trattamenti



GRUPPO FIBRINOGENO (n=80)	GRUPPO FFP (n=601)
6 grammi fibrinogeno 1200 UI PCC 6 UI RBC	6 UI FFP 5.5 UI RBC
<b>No RBC 29%</b>	No RBC 3%
<b>No PLT 91%</b>	No PLT 56%
Mortalità 7.5%	Mortalità 10%
LOS ICU = 14.5 gg <b>LOS-H = 23 gg</b>	LOS ICU = 14 gg LOS-H = 32 gg



# Effects of tranexamic acid on death, vascular occlusive events, and blood transfusion in trauma patients with significant haemorrhage (CRASH-2): a randomised, placebo-controlled trial

CRASH-2 trial collaborators\*

**Methods** This randomised controlled trial was undertaken in 274 hospitals in 40 countries. 20 211 adult trauma patients with, or at risk of, significant bleeding were randomly assigned within 8 h of injury to either tranexamic acid (loading dose 1 g over 10 min then infusion of 1 g over 8 h) or matching placebo. Randomisation was balanced by centre, with an allocation sequence based on a block size of eight, generated with a computer random number generator. Both participants and study staff (site investigators and trial coordinating centre staff) were masked to treatment allocation. The primary outcome was death in hospital within 4 weeks of injury, and was described with the following categories: bleeding, vascular occlusion (myocardial infarction, stroke and pulmonary embolism), multiorgan failure, head injury, and other. All analyses were by intention to treat. This study is registered as ISRCTN86750102, Clinicaltrials.gov NCT00375258, and South African Clinical Trial Register DOH-27-0607-1919.

	Tranexamic acid (n=10 060)	Placebo (n=10 067)	RR (95% CI)	p value (two-sided)
Any cause of death	1463 (14.5%)	1613 (16.0%)	0.91 (0.85–0.97)	0.0035
Bleeding	489 (4.9%)	574 (5.7%)	0.85 (0.76–0.96)	0.0077
Vascular occlusion*	33 (0.3%)	48 (0.5%)	0.69 (0.44–1.07)	0.096
Multiorgan failure	209 (2.1%)	233 (2.3%)	0.90 (0.75–1.08)	0.25
Head injury	603 (6.0%)	621 (6.2%)	0.97 (0.87–1.08)	0.60
Other causes	129 (1.3%)	137 (1.4%)	0.94 (0.74–1.20)	0.63

Data are number (%), unless otherwise indicated. RR=relative risk. \*Includes myocardial infarction, stroke, and pulmonary embolism.

Table 2: Death by cause

# The importance of early treatment with tranexamic acid in bleeding trauma patients: an exploratory analysis of the CRASH-2 randomised controlled trial



Published Online  
March 24, 2011

The CRASH-2 collaborators\*

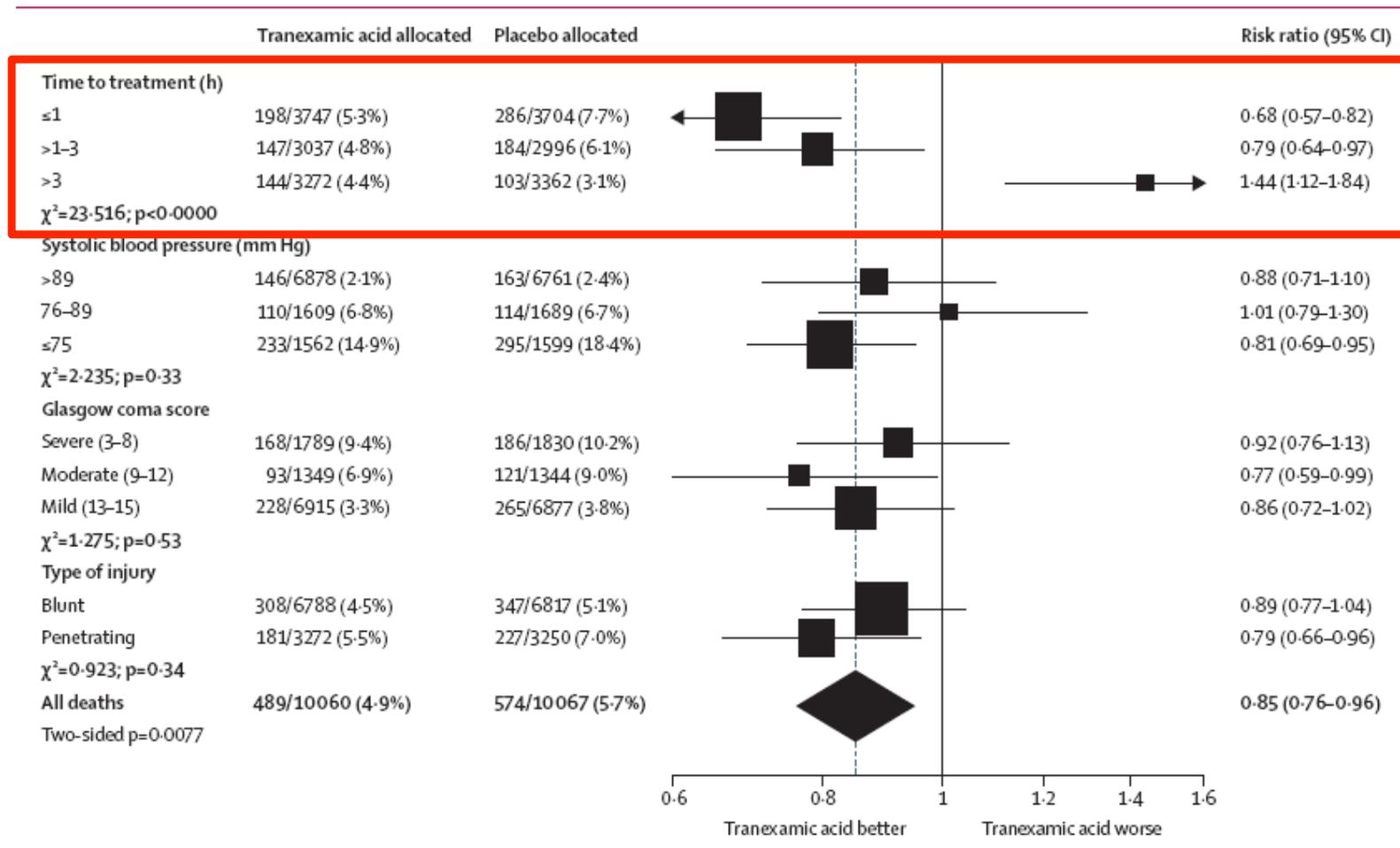


Figure 1: Mortality due to bleeding by subgroups

# In sintesi...

- ✓ Il rapporto PFC:EC [o meglio il deficit di PFC] è importante ma occorre distinguere meglio fra singoli pazienti
- ✓ Il timing dell'intervento è fondamentale [scenari organizzativi]
- ✓ Proprio per questo è molto interessante la possibilità di gestire l'emergenza emorragica con CCP/FIB/ROTEM e **senza PFC**
- ✓ Tranexamico utile ma solo entro 3 ore

