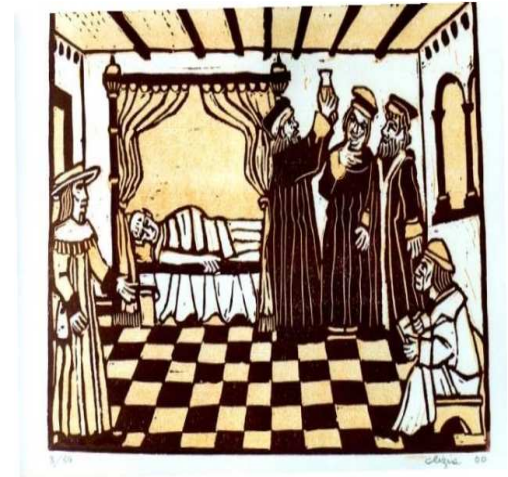




# ***Aferesi terapeutica in Nefrologia***

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## POSSIBLE MECHANISMS OF APHERESIS IN RENAL DISEASES

Removal of pathological circulating factors, abnormal factors, or excess levels of physiologic factors

Antibodies: anti-GBM diseases, ANCA-associated diseases, lupus nephritis (anti-DNA), anti-phospholipid diseases

Immune-complexes: lupus nephritis, cryoglobulinemia

Dysproteins: macroglobulinemia, myeloma, amyloid-A protein, LDL (FSGS)

Toxic factors: endotoxin, permeability factors? (MCNS, FSGS)

Activated lymphocytes: vasculitis, nephrotic syndrome (MCNS, FSGS)

Replacement of deficient plasma factors

Thrombotic thrombocytopenic purpura: ADAMTS-13

Other effects on the immune system

Removal of inflammatory mediators: cytokines/chemokines, cannabinoids

Improvement of reticuloendothelial system function

Effects of immune regulation

## APPLICATION OF APHERESIS TECHNIQUES FOR RENAL DISEASES

| Procedure         | Ligands or materials               | Removed or adsorbed factors              |
|-------------------|------------------------------------|------------------------------------------|
| Plasma exchange   | Replacement of plasma <sup>a</sup> | Autoantibodies, CIC, dysproteins         |
| Double filtration | Plasma fractionator                | CIC, autoantibodies, dysproteins         |
| Cryofiltration    | Plasma fractionator                | Cryoproteins                             |
| Plasma adsorption | Phenylalanine or Tryptophan        | Anti-DNA, CIC                            |
|                   | Dextran sulfate                    | Anti-DNA, CIC, lupus anticoagulants, LDL |
|                   | Protein or Tryptophan              | IgG, CIC, permeability factors (?)       |
|                   | Anti-IgG Fc                        | IgG, CIC, permeability factors (?)       |
| Blood adsorption  | Polymyxin B (dextran sulfate)      | Endotoxin, cytokines                     |
| Cytapheresis      |                                    |                                          |
| LCAP <sup>b</sup> | Lymphocyte separators              | Lymphocytes, activated platelets         |
| GCAP <sup>c</sup> | Granulocyte separators             | Granulocytes                             |

## INDICATIONS FOR PLASMAPHERESIS IN RENAL DISEASES

| Disease                                                               | Rating |
|-----------------------------------------------------------------------|--------|
| Anti-GBM disease                                                      | 1      |
| Rapidly progressive glomerulonephritis                                | 2      |
| Thrombotic thrombocytopenic purpura                                   | 1      |
| Hemolytic uremic syndrome                                             | 3–4    |
| Cryoglobulinemia                                                      | 1      |
| Multiple myeloma cast nephropathy                                     | 3      |
| Hyperviscosity syndrome (Waldenström's macroglobulinemia)             | 1      |
| Removal of cytotoxic antibodies in transplant candidate               | 2      |
| Renal allograft rejection                                             | 2      |
| Focal segmental glomerulosclerosis (recurrence after transplantation) | 2      |
| Rheumatoid arthritis/rheumatoid vasculitis                            | 2      |
| Antiphospholipid antibody syndrome                                    | 2      |
| Systemic lupus erythematosus                                          | 4      |
| Scleroderma                                                           | 4      |

1 standard therapy  
 2 conventional therapy tried first  
 3 inadequately tested  
 4 no value in controlled trials

## RECENT STUDIES OF PLEX IN AAV

Casian and Jayne, Curr Op Rheumatol 2011

| Study ID                                      | Number of patients | Study outcomes                                                                                             |
|-----------------------------------------------|--------------------|------------------------------------------------------------------------------------------------------------|
| Jayne <i>et al.</i> , 2007<br>RCT             | 137                | Renal recovery at 1 year:<br>69% in the PLEX group<br>49% in non-PLEX group<br>No difference in mortality  |
| Walsh <i>et al.</i> , 2008<br>Meta-analysis   | 387                | RR for ESRD = 0.64 in the PLEX group<br>No difference in mortality                                         |
| Szpirt <i>et al.</i> , 2010<br>RCT            | 32                 | Increased renal survival in the PLEX group at 1, 3, 12 months<br>and 5 years<br>No difference in mortality |
| Walters <i>et al.</i> , 2010<br>Meta-analysis | 271                | RR for ESRD = 0.47<br>No difference in mortality                                                           |
| PEXIVAS<br>Jayne <i>et al.</i> Ongoing        | 500                | ESRD AND mortality in the PLEX versus non-PLEX group<br>(results awaited 2017)                             |

## RANDOMIZED CONTROLLED TRIAL of METHYLPREDNISOLONE VERSUS PLASMAPHERESIS for SEVERE RENAL VASCULITIS

| Outcome                    | IV methylprednisolone<br>( <i>n</i> = 67, %) | Plasmapheresis<br>( <i>n</i> = 70, %) | <i>P</i> value                  |
|----------------------------|----------------------------------------------|---------------------------------------|---------------------------------|
| Renal recovery at 3 months | 33 (49)                                      | 48 (68)                               | <i>P</i> = 0.02 (95% CI 18–35%) |
| Survival at 12 months      | 51 (76)                                      | 51 (73)                               | NS                              |
| ESKD at 12 months          |                                              |                                       |                                 |
| Overall                    | 29 (43)                                      | 41 (59)                               | <i>P</i> = 0.008 (95% CI 4–40%) |
| Survivors                  | 29 (57)                                      | 41 (80)                               |                                 |

### ANCA-ASSOCIATED RAPIDLY PROGRESSIVE GLOMERULONEPHRITIS (WEGENER'S GRANULOMATOSIS)

|                                         |                  |                       |                                       |
|-----------------------------------------|------------------|-----------------------|---------------------------------------|
| <b>Incidence:</b> 0.85 per 100,000/year | <b>Procedure</b> | <b>Recommendation</b> | <b>Category</b>                       |
|                                         | TPE              | Grade 1A              | I (dialysis dependence)**             |
|                                         | TPE              | Grade 1C              | I [diffuse alveolar hemorrhage (DAH)] |
|                                         | TPE              | Grade 2C              | III (dialysis independence)**         |

**# of reported patients\*:** >300

|            |           |           |           |                         |
|------------|-----------|-----------|-----------|-------------------------|
| <b>RCT</b> | <b>CT</b> | <b>CS</b> | <b>CR</b> | <b>Type of evidence</b> |
| 8 (296)    | 1 (26)    | 22 (347)  | NA        | Type I                  |

\*\*at presentation.

### TECHNICAL NOTES

**Volume treated:** 1 to 1.5 TPV

**Replacement fluid:** albumin; plasma when DAH present

**Frequency:** daily or every other day

## Recommended therapy of AAV according to EULAR

| Disease stage                                 | Recommendend treatment                                                                                                                                                                                                                                                                                                       |
|-----------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Generalized (induction)                       | <p>Cyc oral or i.V. + GCs<br/> Cyc oral: 2 mg/kg body weight/day;<br/> i.v.: 15 mg/kg (level 1° /1B, grade A) duration: 3-6 months or 6-9 pulses according to CYCLOPS protocol<br/> GCs: prednisolone 1 mg/kg/day for 1 month, taper to &lt; 15 mg/day within 3 months<br/> Rituximab? Alemtuzumab?</p>                      |
| Severe (sCr > 500 umol/l) (induction)         | <p>Standard therapy for generalized disease + plasma separation<br/> Rituximab? Alemtuzumab?</p>                                                                                                                                                                                                                             |
| Early systemic (induction)                    | <p>Mtx 15 mg/week s.c. or oral initially, increase to 20-25 mg/week + GC (level 1B grade B), Folic acid substitution<br/> Rituximab? Anti-TNF?</p>                                                                                                                                                                           |
| Maintenance of remission                      | <p>Aza 2 mg/kg/day (level 1B grade A)<br/> Lef 20 mg/day (level 1B grade B)<br/> Mtx 20-25 mg/week (level 2B grade B)*<br/> duration at least 18 months<br/> Anti-TNF?</p>                                                                                                                                                   |
| Refractory, relapsing, persistent (induction) | <p>IVIg 2 g/kg for 5 days<br/> Rituximab 375 mg/m<sup>2</sup> weekly for 4 weeks<br/> Infliximab 3-5 mg/kg i.v. one to two monthly<br/> MMF 2 g/day<br/> 15-deoxyspergualin 0.5 mg/kg/day until nadir then stop until leukocyte recovery (six cycles)<br/> ATG 2.5 mg /kg/day for 10 days (adjusted to lymphocyte count)</p> |

*Modified from Holle et al, J Autoimm., 2009*

| IMMUNE COMPLEX RAPIDLY PROGRESSIVE GLOMERULONEPHRITIS |                |                         |                                   |                                     |
|-------------------------------------------------------|----------------|-------------------------|-----------------------------------|-------------------------------------|
| <b>Incidence:</b> 0.7 per 100,000/year                |                | <b>Procedure</b><br>TPE | <b>Recommendation</b><br>Grade 2B | <b>Category</b><br>III              |
| <b># of reported patients*:</b> >300                  |                |                         |                                   |                                     |
| <b>RCT</b><br>7 (196)                                 | <b>CT</b><br>0 | <b>CS</b><br>21 (295)   | <b>CR</b><br>NA                   | <b>Type of evidence</b><br>Type I** |

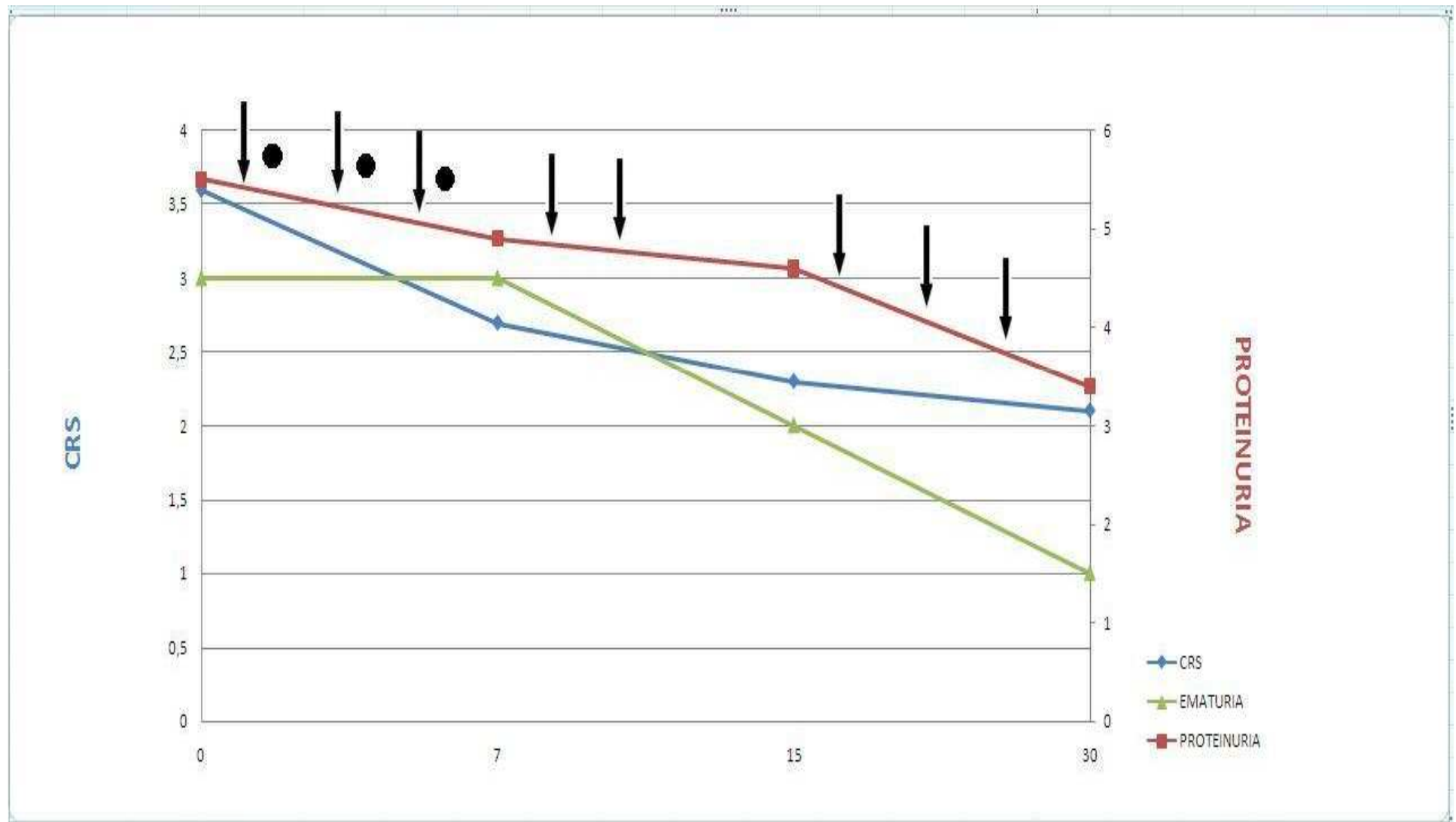
#### TECHNICAL NOTES

|                                     |                                   |
|-------------------------------------|-----------------------------------|
| <b>Volume treated:</b> 1 to 1.5 TPV | <b>Frequency:</b> every other day |
| <b>Replacement fluid:</b> albumin   |                                   |

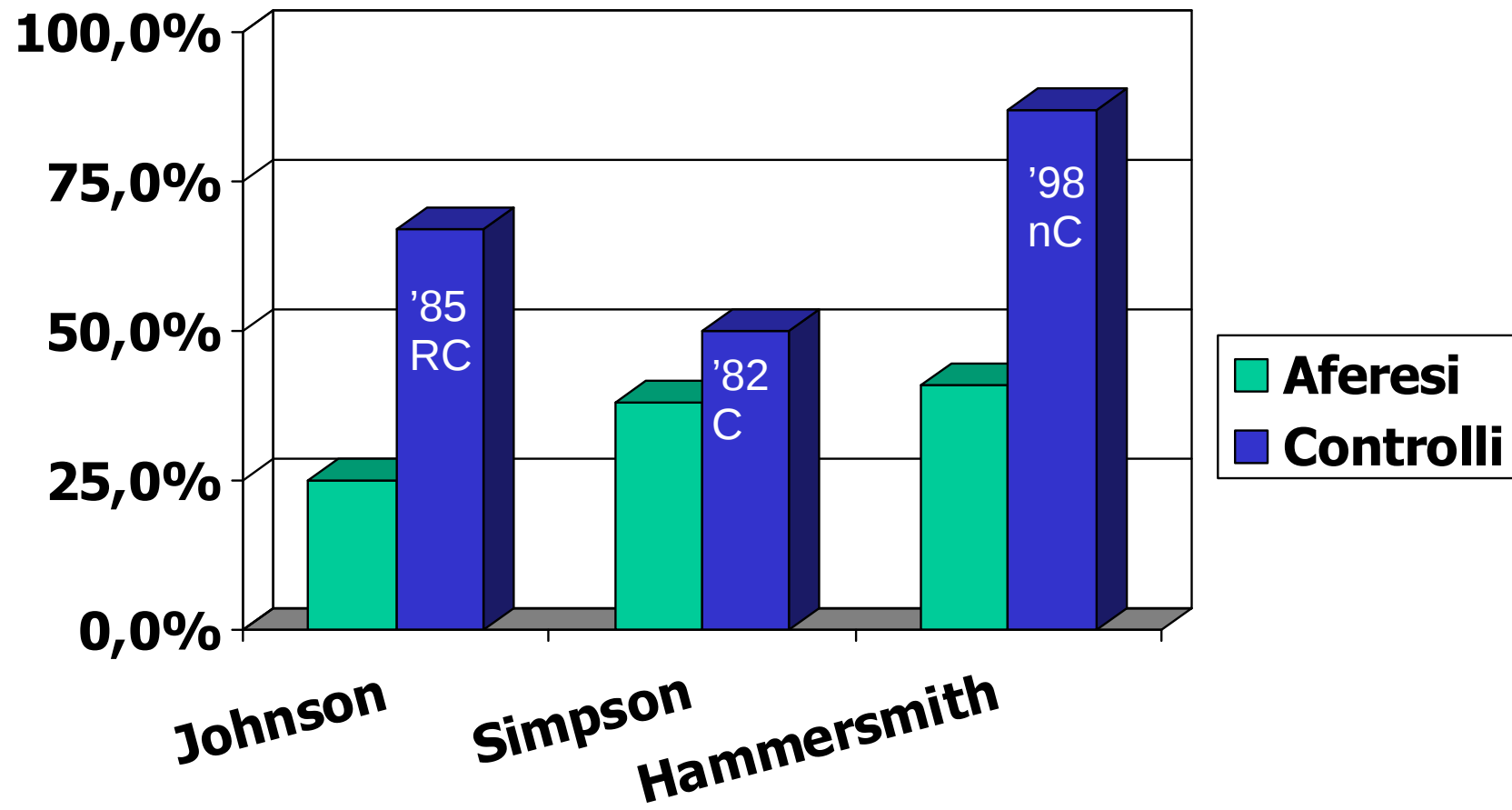
# ***RPIgAN with >40% extracapillary proliferation***

| <b>Età<br/>Sex</b> | <b>Mesi</b> | <b>Ialinosi<br/>glomerulare</b> | <b>Crescents<br/>floridi</b> | <b>Crescents<br/>sclerotici</b> | <b>Cr<br/>μmol/l</b> | <b>Proteinuria<br/>(g/24h)</b> | <b>Aferesi</b> |
|--------------------|-------------|---------------------------------|------------------------------|---------------------------------|----------------------|--------------------------------|----------------|
| 16                 | 0 (B)       | -                               | 90                           | 10                              | 884                  | 20.6                           | 14             |
| M                  | 2 (B)       | 10                              | 80                           | 10                              | 212                  | 2.1                            | 8              |
|                    | 16 (B)      | 65                              | 15                           | -                               | 522                  | 2.5                            |                |
| 44                 | 0 (B)       | 15                              | 40                           | -                               | 106                  | 4                              | 11             |
| M                  | 2 (B)       | 30                              | 10                           | 20                              | 97                   | 0.8                            |                |
|                    | 6           |                                 |                              |                                 | 132                  | 2.6                            |                |
|                    | 24 (B)      | 45                              | 20                           | -                               | 132                  | 4.2                            |                |
| 61                 | 0 (B)       | 5                               | 70                           | -                               | 636                  | 7.1                            | 14             |
| F                  | 2 (B)       | 30                              | 50                           | -                               | 265                  | 3.3                            |                |
| 39                 | 0 (B)       | 35                              | 50                           | -                               | 238                  | 5.9                            | 10             |
| M                  | 2 (B)       | 30                              | 30                           | -                               | 230                  | 7.9                            | 5              |
|                    | 12          |                                 |                              |                                 | HD                   | 2.5                            |                |
| 55                 | 0 (B)       | -                               | 40                           | -                               | 654                  | 5.7                            | 10             |
| M                  | 36          |                                 |                              |                                 | 194                  | 2                              |                |
| 18                 | 0 (B)       | 15                              | 80                           | -                               | 265                  | 5.1                            | 18             |
| F                  | 120         |                                 |                              |                                 | 371                  | 1                              |                |

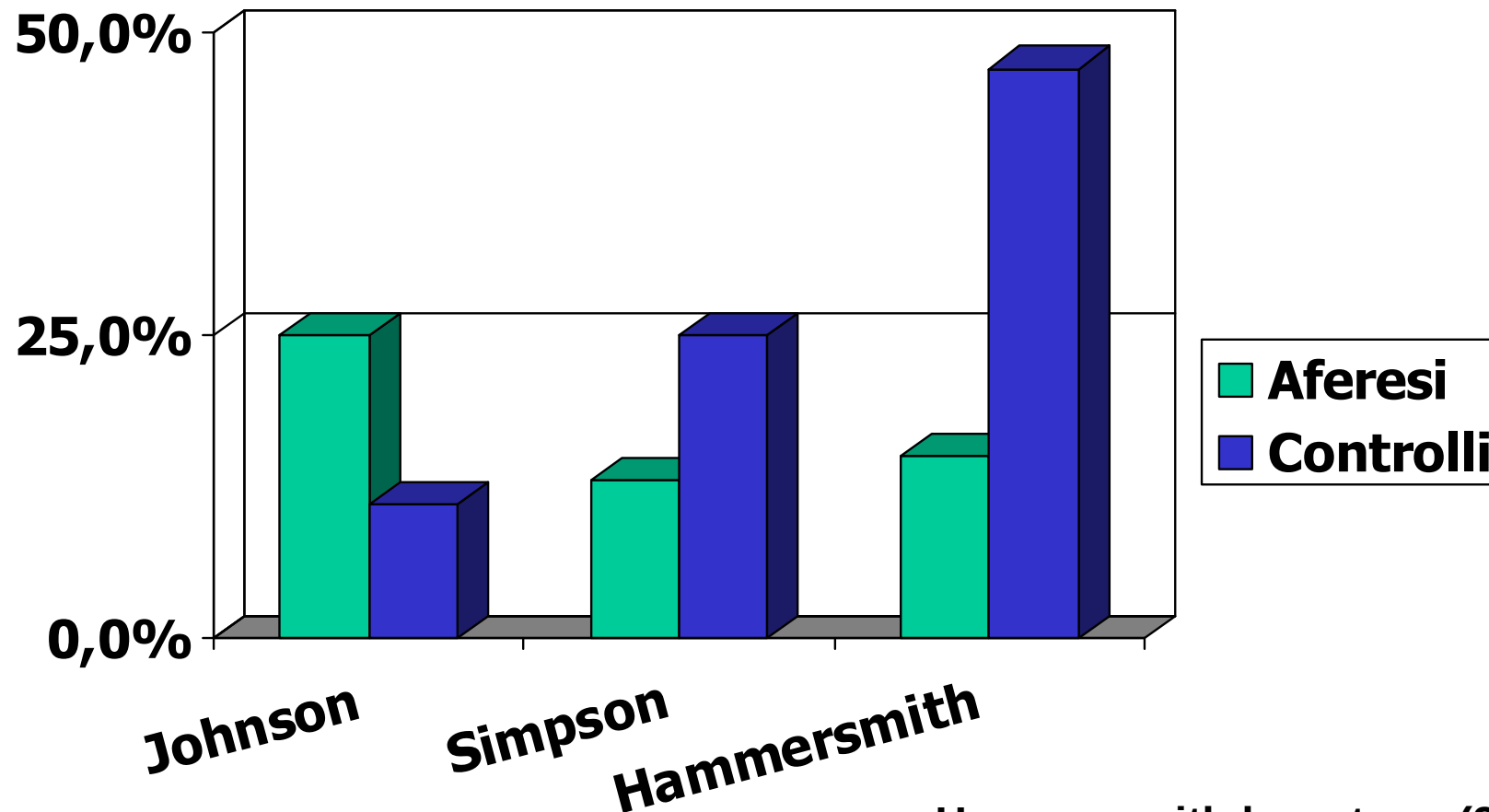
## ***PLEX in RPIgAN with > 60% florid crescents***



***Plasmaferesi nel trattamento della malattia da  
Ab anti-MB: sopravvivenza rene***



***Plasmaferesi nel trattamento della malattia da  
Ab anti-MB: mortalità paziente***



**Hammersmith long-term (2001):**  
***1-year pt/renal survival:***  
***100 & 95% if < 500 micromol sCr***  
***83 & 82 if > 500, but HD-independent***  
***65 & 8 if HD-dependent***

**ANTI-GLOMERULAR BASEMENT MEMBRANE DISEASE (GOODPASTURE'S SYNDROME)**

| <b>Incidence:</b> 1 per 100,000/year | <b>Procedure</b> | <b>Recommendation</b> | <b>Category</b>                         |
|--------------------------------------|------------------|-----------------------|-----------------------------------------|
|                                      | TPE              | Grade 1A              | I** (dialysis independent)              |
|                                      | TPE              | Grade 1B              | I** [diffuse alveolar hemorrhage (DAH)] |
|                                      | TPE              | Grade 1A              | IV** (dialysis dependent; no DAH)       |

# of reported patients\*: &gt;300

| <b>RCT</b> | <b>CT</b> | <b>CS</b> | <b>CR</b> | <b>Type of evidence</b> |
|------------|-----------|-----------|-----------|-------------------------|
| 1 (17)     | 0         | 17 (430)  | 17        | Type I                  |

\*\*See technical notes

**TECHNICAL NOTES****Volume treated:** 1 to 1.5 TPV**Replacement fluid:** albumin, plasma**Frequency:** daily or every other day

## SYSTEMIC LUPUS ERYTHEMATOSUS

**Incidence:** 15-50 per 100,000/year

### Procedure

TPE

TPE

### Recommendation

Grade 2C

Grade 1B

### Category

II (severe)

IV (nephritis)

**# of reported patients\*:** >300

|                 | <b>RCT</b> | <b>CT</b> | <b>CS</b> | <b>CR</b> | <b>Type of evidence</b> |
|-----------------|------------|-----------|-----------|-----------|-------------------------|
| TPE             | 1 (20)     | 1 (4)     | 14 (128)  | 61 (63)   | Type I                  |
| TPE (nephritis) | 2 (36)     | 2 (114)   | 6 (160)   | 10 (11)   | Type I                  |

## TECHNICAL NOTES

**Volume treated:** 1 to 1.5 TPV

**Replacement fluid:** albumin; plasma

**Frequency:** Lupus cerebritis or SLE with DAH: daily to every other day; SLE other: one to 3 times a week

## CATASTROPHIC ANTIPHOSPHOLIPID SYNDROME

**Incidence:** Very rare (282 cases in CAPS Registry)

**Procedure**  
TPE

**Recommendation**  
Grade 2C

**Category**  
II

**# of reported patients\*:** 100–300\*\*

**RCT**  
0

**CT**  
0

**CS**  
6 (60)

**CR**  
29 (33)

**Type of evidence**  
Type III

\*\*According to the CAPS Registry, 109 patients have received TPE.

### TECHNICAL NOTES

Plasma was used in most reported cases; efficacy of albumin has not been widely tested.

**Volume treated:** 1 to 1.5 TPV

**Replacement fluid:** plasma (used in most reported cases; efficacy of albumin not tested)

**Frequency:** daily

### FOCAL SEGMENTAL GLOMERULOSCLEROSIS RECURRENT

**Incidence:** rare

**Procedure**  
TPE

**Recommendation**  
Grade 1C

**Category**  
I

**# of reported patients\*:** 100-300

**RCT**  
0

**CT**  
2 (19)

**CS**  
43 (117)

**CR**  
8 (10)

**Type of evidence**  
Type II-3

#### TECHNICAL NOTES

Vascular access may be obtained through arteriovenous fistulas or grafts used for dialysis.

**Volume treated:** 1 to 1.5 TPV

**Replacement fluid:** albumin or albumin/plasma

**Frequency:** daily or every other day

## CRYOGLOBULINEMIA

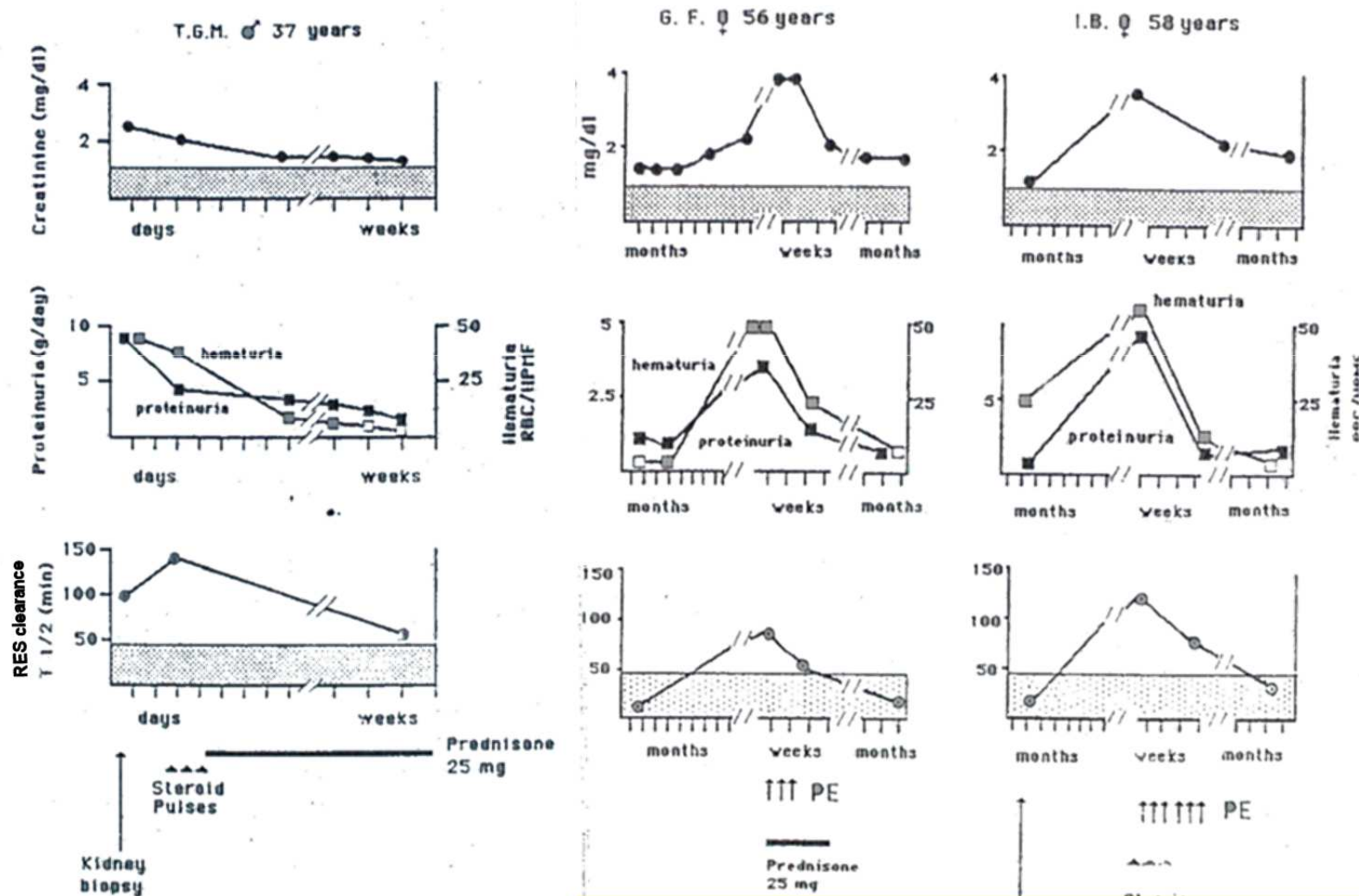
|                                                                                                                                   |            |           |           |           |                         |                       |                               |
|-----------------------------------------------------------------------------------------------------------------------------------|------------|-----------|-----------|-----------|-------------------------|-----------------------|-------------------------------|
| <b>Incidence:</b> 1-2% of patients with chronic hepatitis C, approximately 80% of patients with cryoglobulinemia have hepatitis C |            |           |           |           | <b>Procedure</b>        | <b>Recommendation</b> | <b>Category</b>               |
|                                                                                                                                   |            |           |           |           | TPE                     | Grade 1B              | I (severe/symptomatic)        |
|                                                                                                                                   |            |           |           |           | IA                      | Grade 2B              | II (secondary to hepatitis C) |
| <b># of reported patients*:</b> 100–300                                                                                           |            |           |           |           |                         |                       |                               |
|                                                                                                                                   | <b>RCT</b> | <b>CT</b> | <b>CS</b> | <b>CR</b> | <b>Type of evidence</b> |                       |                               |
| TPE                                                                                                                               | 0          | 0         | 18 (195)  | >50       | Type II-3               |                       |                               |
| IA                                                                                                                                | 1 (17)     | 0         | 1 (4)     | 0         | Type I                  |                       |                               |

## TECHNICAL NOTES

**Volume treated:** 1 to 1.5 TPV  
**Replacement fluid:** albumin or plasma

**Frequency:** every 1 to 3 days

## Effetto clinico ed immunologico della PE nella CM

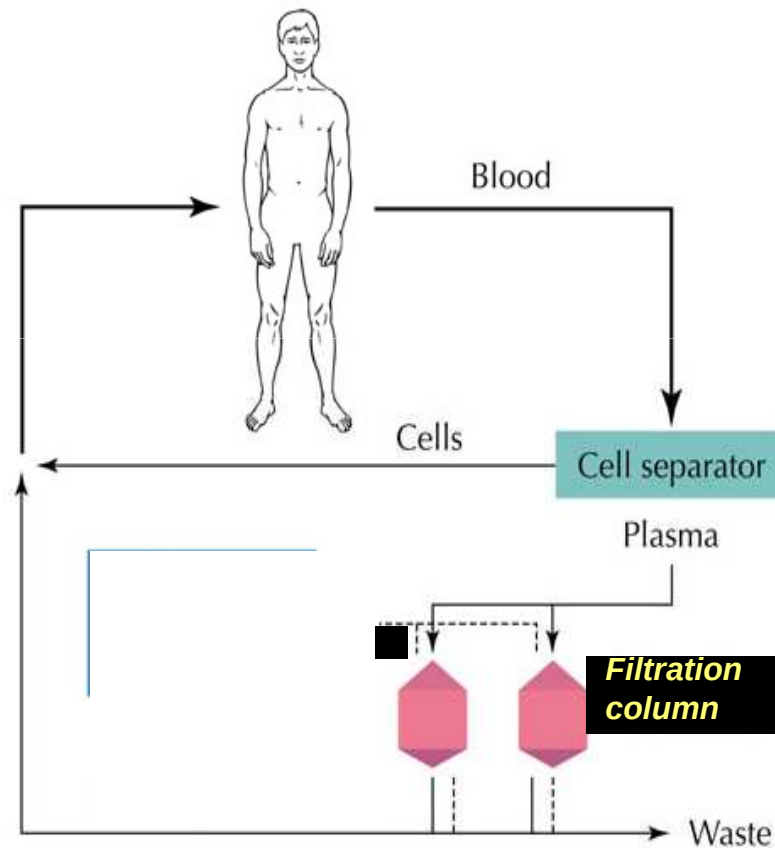


Roccatello et al, NDT, 1991

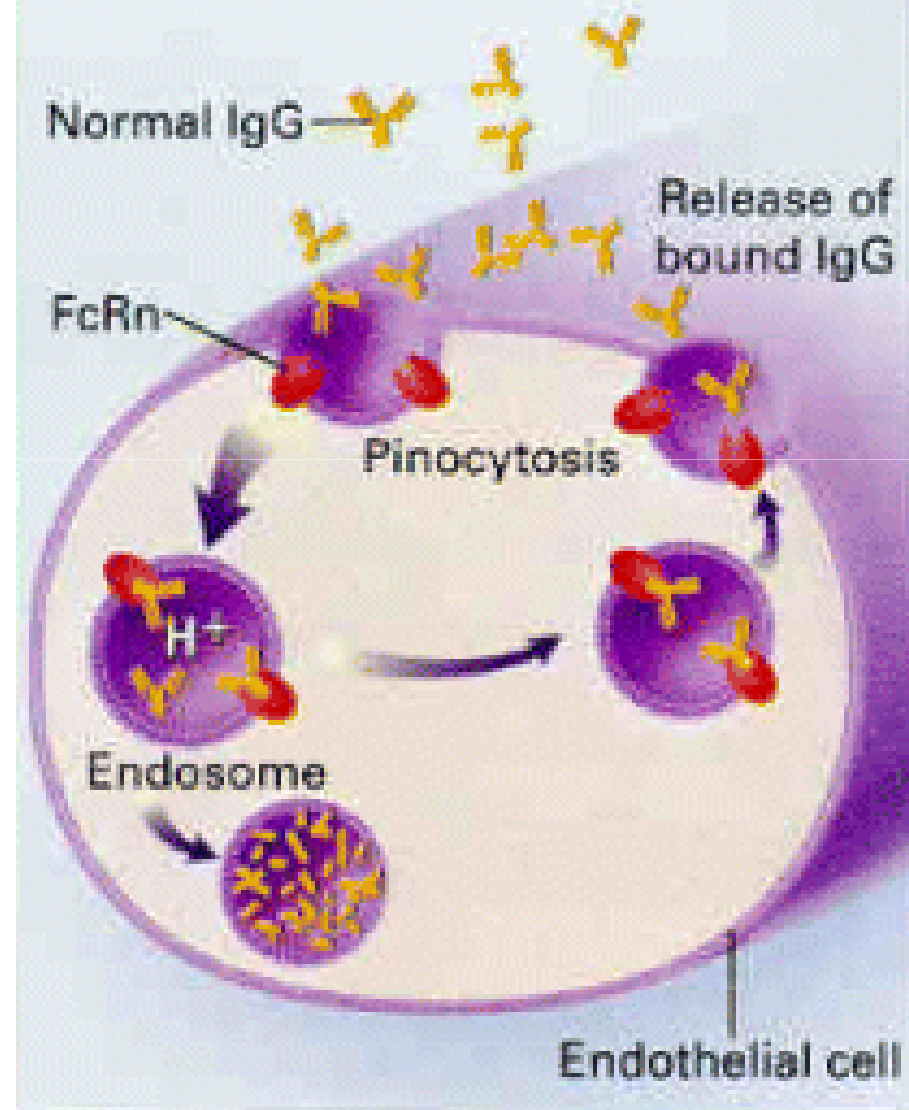
# ***Filtrazione a cascata***

***Frazionamento del plasma su membrana semipermeabile***

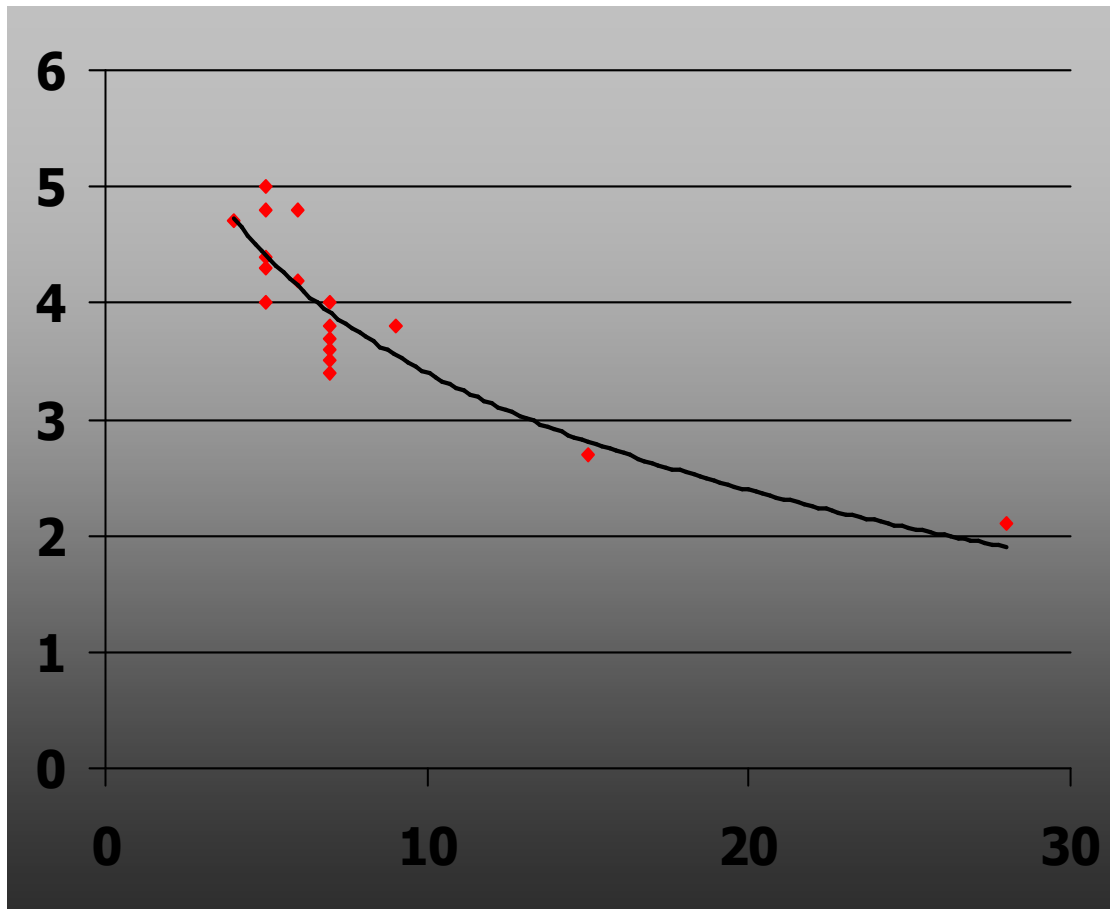
***Rimozione semiselettiva di sostanze ad elevato peso molecolare***



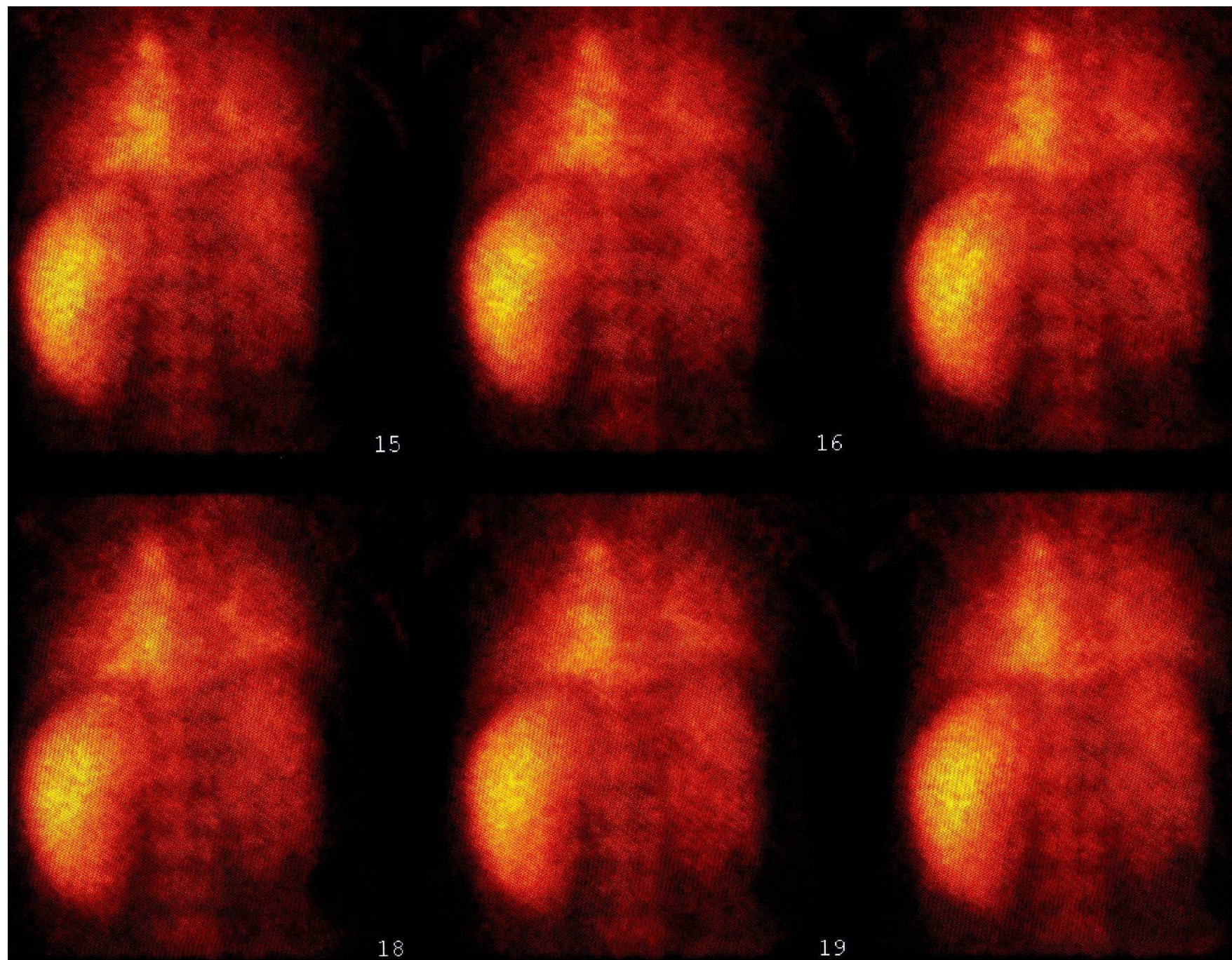
## Catabolism of Normal IgG



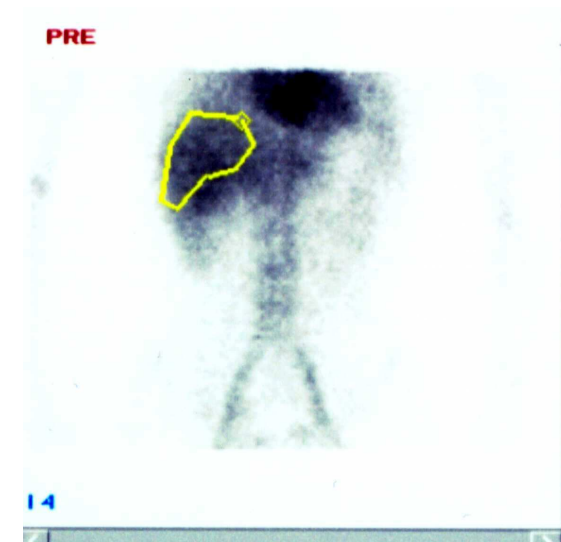
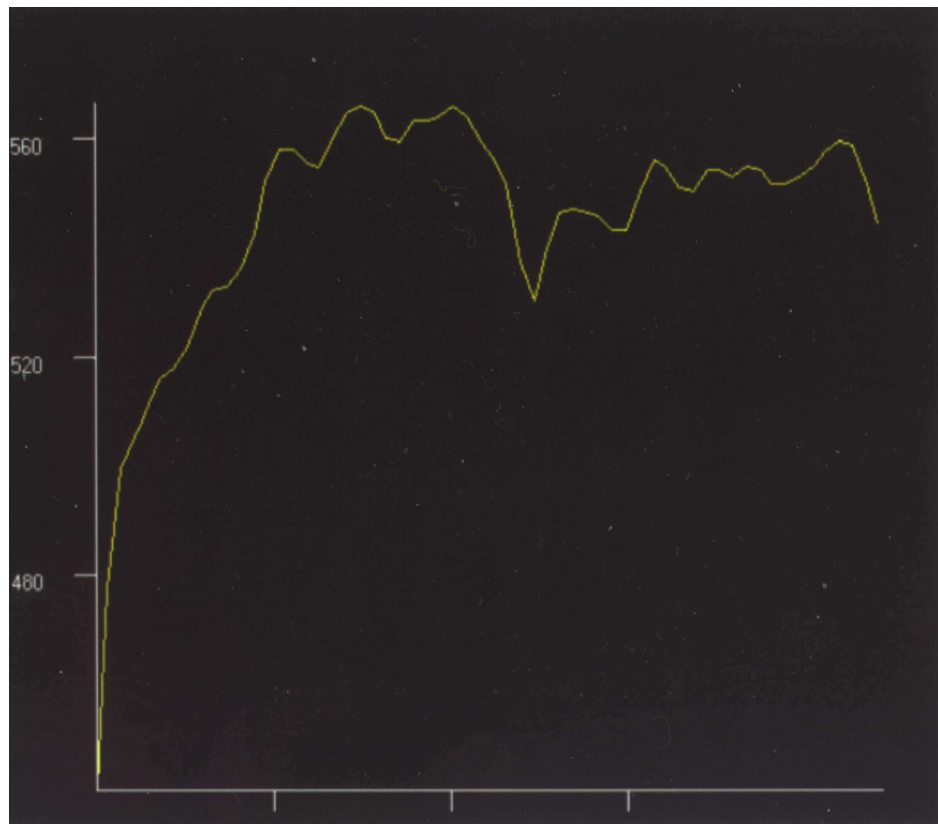
# Relazione tra emivita e concentrazione $\gamma$ -globuline



Concentrazione  
 $\gamma$ -globuline (mg/ml)

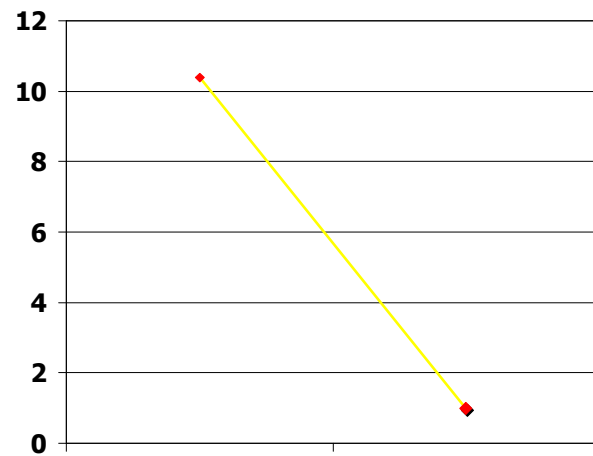


# *Curva di uptake epatico*

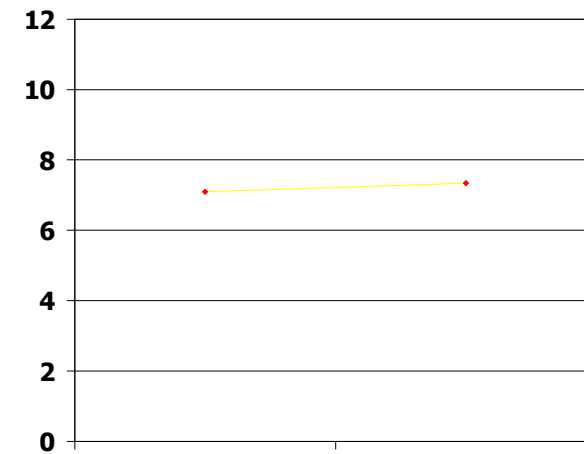


## ***Modificazioni della cinetica delle Ig: variazioni coefficiente angolare***

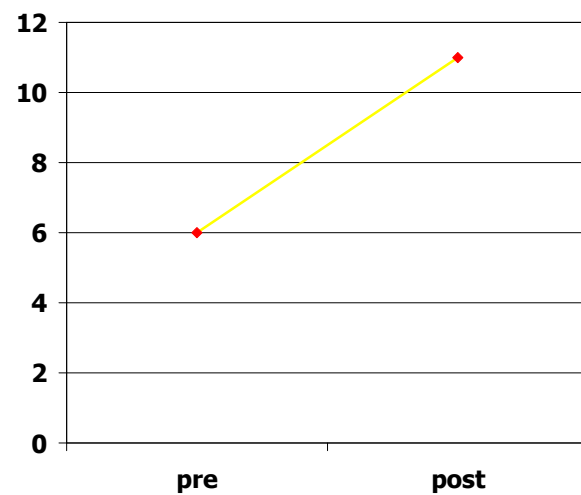
**Ig Vena**



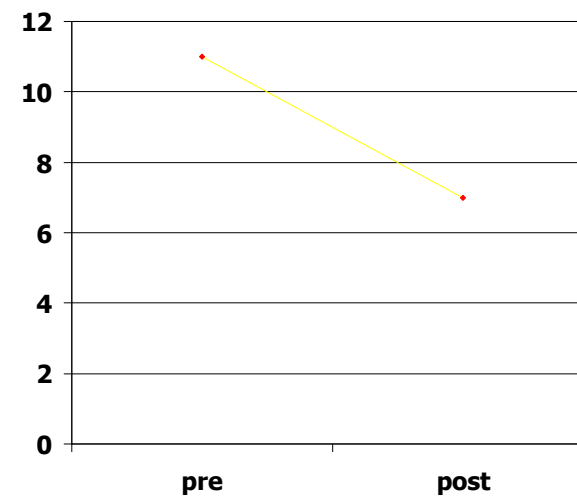
**Filtrazione a cascata**



**Immunoassorbimento**



**Bolo steroidi**

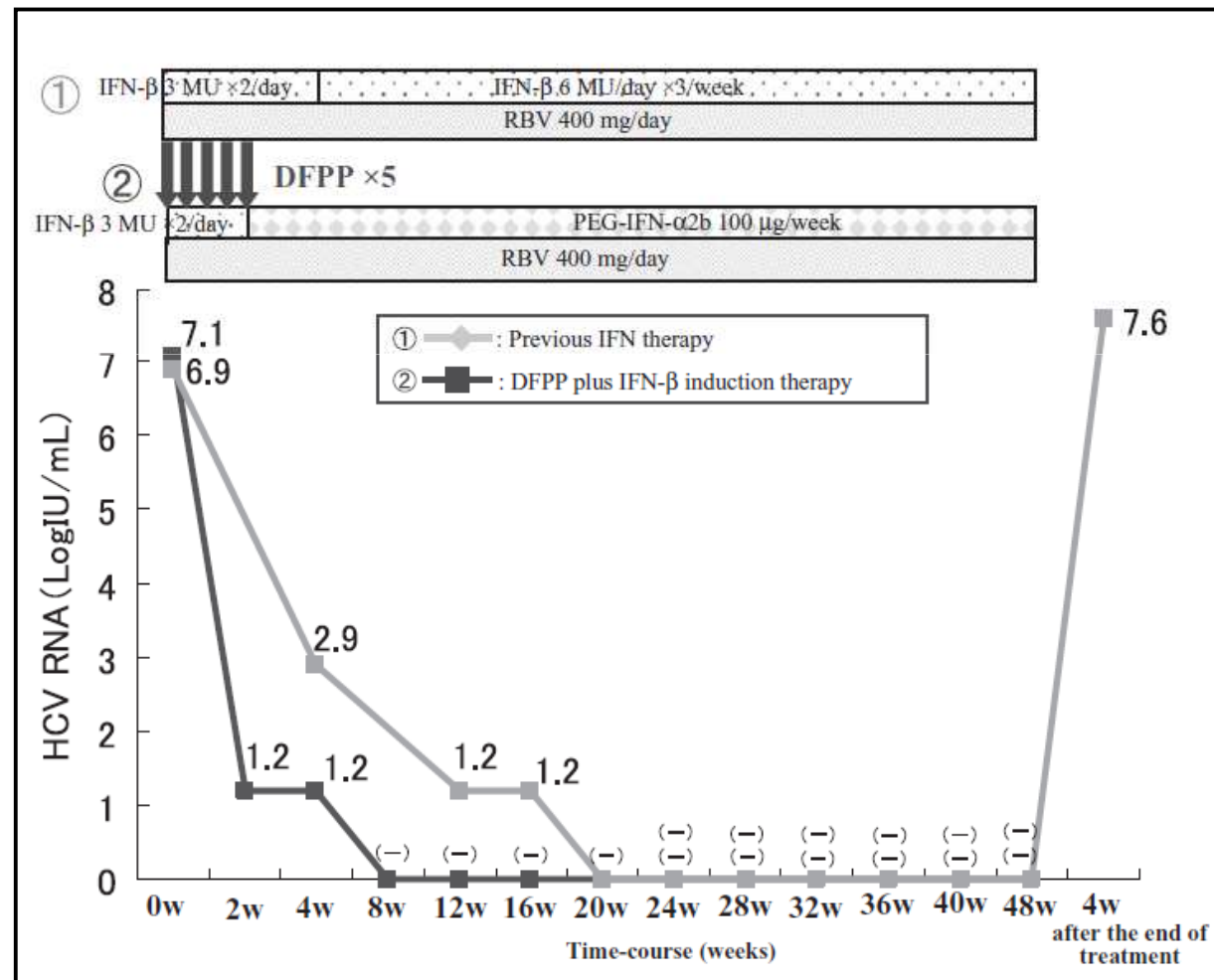


**Table 4. Proposal of first-line therapeutic options according to the clinical pattern.** \*

| Clinical features                                                                                                        | First-line treatment                                                                        |
|--------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| Mesangial nephropathy, purpura, arthralgia or initial polyneuropathy                                                     | Peg IFN- $\alpha$ plus ribavirin (duration according to genotype, gender, race and BMI)     |
| Progressive renal involvement (with diffuse membranoproliferative pattern), severe multiplex mononeuritis or skin ulcers | Rituximab                                                                                   |
| Rapidly progressive glomerulonephritis (with necrosis and crescents), CNS and GI involvement or skin necrosis            | Steroids, immunosuppressants, PE, ( $\pm$ peg-IFN- $\alpha$ and ribavirin) and/or rituximab |
| GI: Gastrointestinal; Peg-IFN: Pegylated interferon; PE: Plasma exchange.                                                |                                                                                             |

\* PEG-IFN alfa 2a (180 ug/ weekly) or alfa 2b (1.5 ug/kg weekly)  
Ribavirine 1000 mg or 1200 mg/day, according to body weight ( $\leq$  or  $\geq$  75 kg)

**DOUBLE FILTRATION PLASMAPHERESIS COMBINED  
WITH INTERFERON AND RIBAVIRIN THERAPY  
RAPIDLY DECREASES THE AMOUNT OF HCV-RNA.**



**RCTs EVALUATING THE ROLE OF PLASMAPHERESIS  
IN MULTIPLE MYELOMA-ASSOCIATED RENAL FAILURE  
(without biopsy and biological markers)**

Baweja S, J Artif Organs. 2011

| Reference              | Number |                |         | Dialysis-dependent<br>at entry | Outcome                                        |                                                |
|------------------------|--------|----------------|---------|--------------------------------|------------------------------------------------|------------------------------------------------|
|                        | Total  | Plasmapheresis | Control |                                | Recovery from dialysis                         | Mortality                                      |
| Zucchelli et al. [137] | 29     | 15             | 14      | 24                             | Plasmapheresis 85% <sup>a</sup><br>Control 18% | Plasmapheresis 34% <sup>a</sup><br>Control 72% |
| Johnson et al. [138]   | 21     | 11             | 10      | 12                             | Plasmapheresis 43% <sup>b</sup><br>Control 0   | Plasmapheresis 25% <sup>b</sup><br>Control 25% |
| Clark et al. [139]     | 97     | 58             | 39      | 29                             | Plasmapheresis 42% <sup>b</sup><br>Control 37% | Plasmapheresis 33% <sup>b</sup><br>Control 33% |

<sup>a</sup> Statistically significant difference  
<sup>b</sup> No significant difference

***Hutchison, 2007: 40 pts, 78% improvement RF if due to a cast-N and sFC dropped by >50%***

***Hutchison, 2009: 19 biopsy-proven cast-N pts treated with high cut-off dialyzer (interrupted in 6 for infections), 13 became HD-independent.***

***EuLITE trial ongoing***

## MYELOMA CAST NEPHROPATHY

**Incidence:** 1 per 100,000/year

**Procedure**  
TPE

**Recommendation**  
Grade 2B

**Category**  
II\*\* (cast nephropathy)

**# of reported patients\*:** 100-300

**RCT**  
5 (182)

**CT**  
0

**CS**  
6 (105)

**CR**  
7(10)

**Type of evidence**  
Type I

### TECHNICAL NOTES

**Volume treated:** 1 to 1.5 TPV

**Replacement fluid:** albumin; albumin/saline

**Frequency:** daily or every other day

## HYPERVISCOSITY IN MONOCLONAL GAMMOPATHIES

|                                            |            |                  |           |                       |                         |                                 |  |
|--------------------------------------------|------------|------------------|-----------|-----------------------|-------------------------|---------------------------------|--|
| <b>Incidence:</b> 0.1-0.3 per 100,000/year |            | <b>Procedure</b> |           | <b>Recommendation</b> |                         | <b>Category</b>                 |  |
|                                            |            | TPE              |           | Grade 1B              |                         | I** (treatment of symptoms)     |  |
|                                            |            | TPE              |           | Grade 1C              |                         | I** (prophylaxis for rituximab) |  |
| <hr/>                                      |            |                  |           |                       |                         |                                 |  |
| <b># of reported patients*:</b> >300       |            |                  |           |                       |                         |                                 |  |
|                                            | <b>RCT</b> | <b>CT</b>        | <b>CS</b> | <b>CR</b>             | <b>Type of evidence</b> |                                 |  |
| treatment of symptoms                      | 0          | 3 (46)           | 18 (253)  | 12 (12)               | Type II-1               |                                 |  |
| prophylaxis for rituximab                  | 0          | 0 (0)            | 3 (45)    | 2 (2)                 | Type II-3               |                                 |  |

### TECHNICAL NOTES

**Volume treated:** 1 to 1.5 calculated plasma volume

**Replacement fluid:** albumin or albumin/saline

**Frequency:** daily

## **THROMBOTIC THROMBOCYTOPENIC PURPURA**

**Incidence:** 0.37/100,000/year in the US    **Procedure** TPE    **Raccomendation** Grade 1A

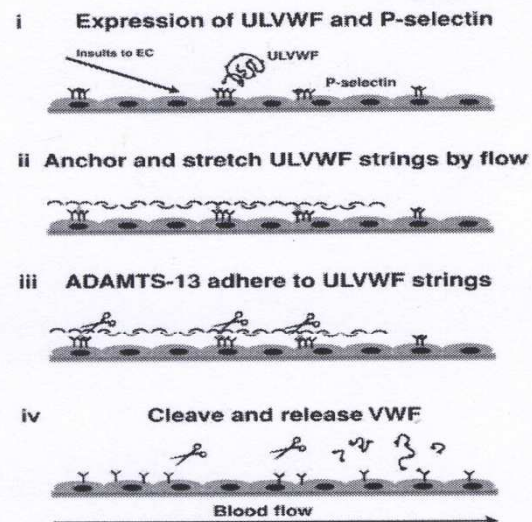
**# of reported patients:** > 300

**RCT** 7 (301)      **CT** 2 (133)      **CR** 17 (915)      **CR** 28 (48)      **Type of evidence** I

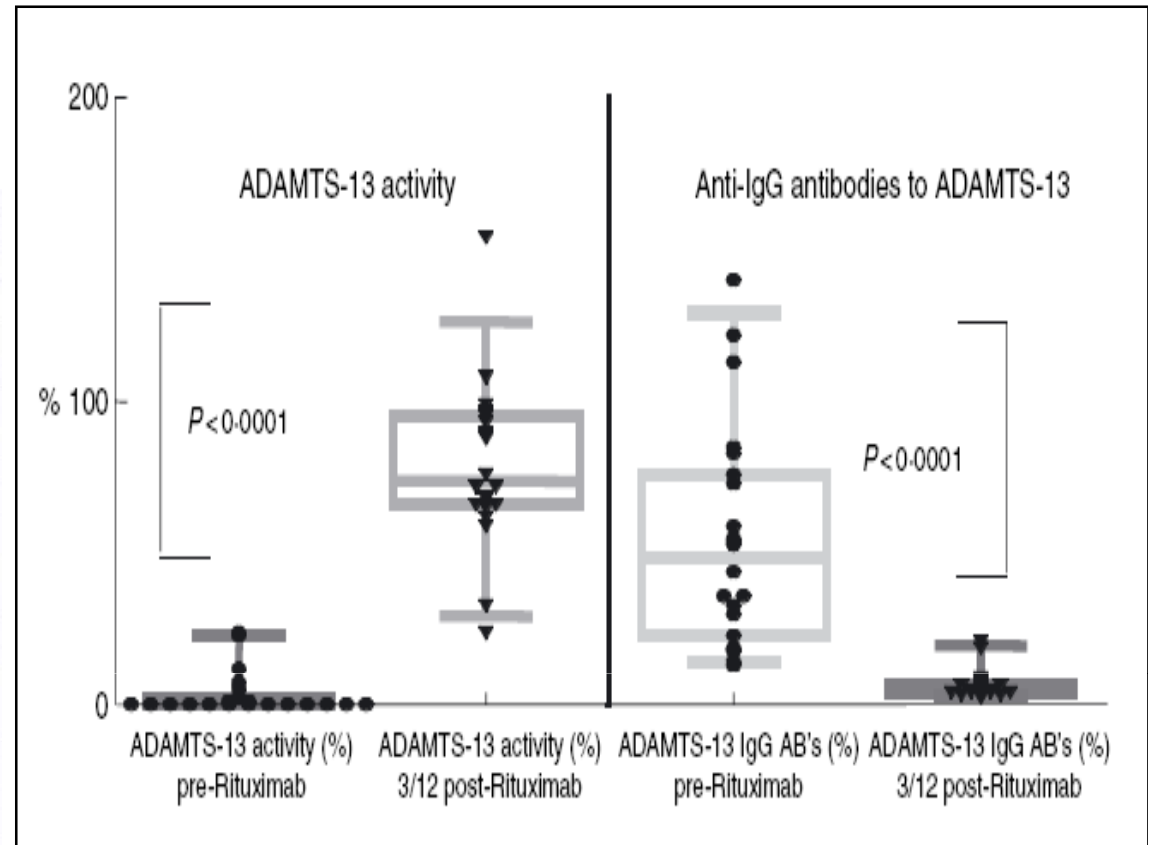
### **TECHNICAL NOTES**

**Volume treated** 1-1.5 TPV

**Replacement fluid** plasma, plasma cryoprecipitate removed



**Figure 7. Schematic illustration of a potential mechanism of cleavage of ULVWF string by ADAMTS-13 metalloprotease.** On stimulation, endothelial cells release contents from the Weibel-Palade bodies. Membrane-bound P-selectin anchors ULVWF multimers to the surface of endothelial cells to allow long stringlike structures to form under flow. Fluid shear stress stretches these strings to expose sites for ADAMTS-13 to adhere to ULVWF and/or cleavage site in the A2 domain of ULVWF. The cleavage releases ULVWF from endothelial cells (and from wall shear stress) to allow cleaved VWF to adopt different conformation that is no longer



***A disintegrin and metalloproteinase with thrombospondin motif-13 (ADAMTS-13) activity and anti-ADAMTS-13 in 25 pts with acute refractory /relapsing idiopathic TTP treated with Rituximab immediately following PE. All 25 pts attained complete clinical and laboratory remission in a median of 11 days. No relapses were observed (Scully, BJH, 2006)***

## HEMOLYTIC UREMIC SYNDROME

### Incidence:

Diarrhea-associated HUS: 6.1/100,000 children under 5 years (overall incidence: 1–2/100,000)

Prevalence of Atypical HUS: 3.3 per 1,000,000 in those <18 y.o.

### Procedure

TPE

TPE

TPE

### Recommendation

Grade 2C

Grade 2C

Grade 1C

### Category

II (aHUS due to complement factor gene mutations)

I (aHUS due to autoantibody to factor H)

IV (d+HUS or typical HUS)

### # of reported patients\*: >300

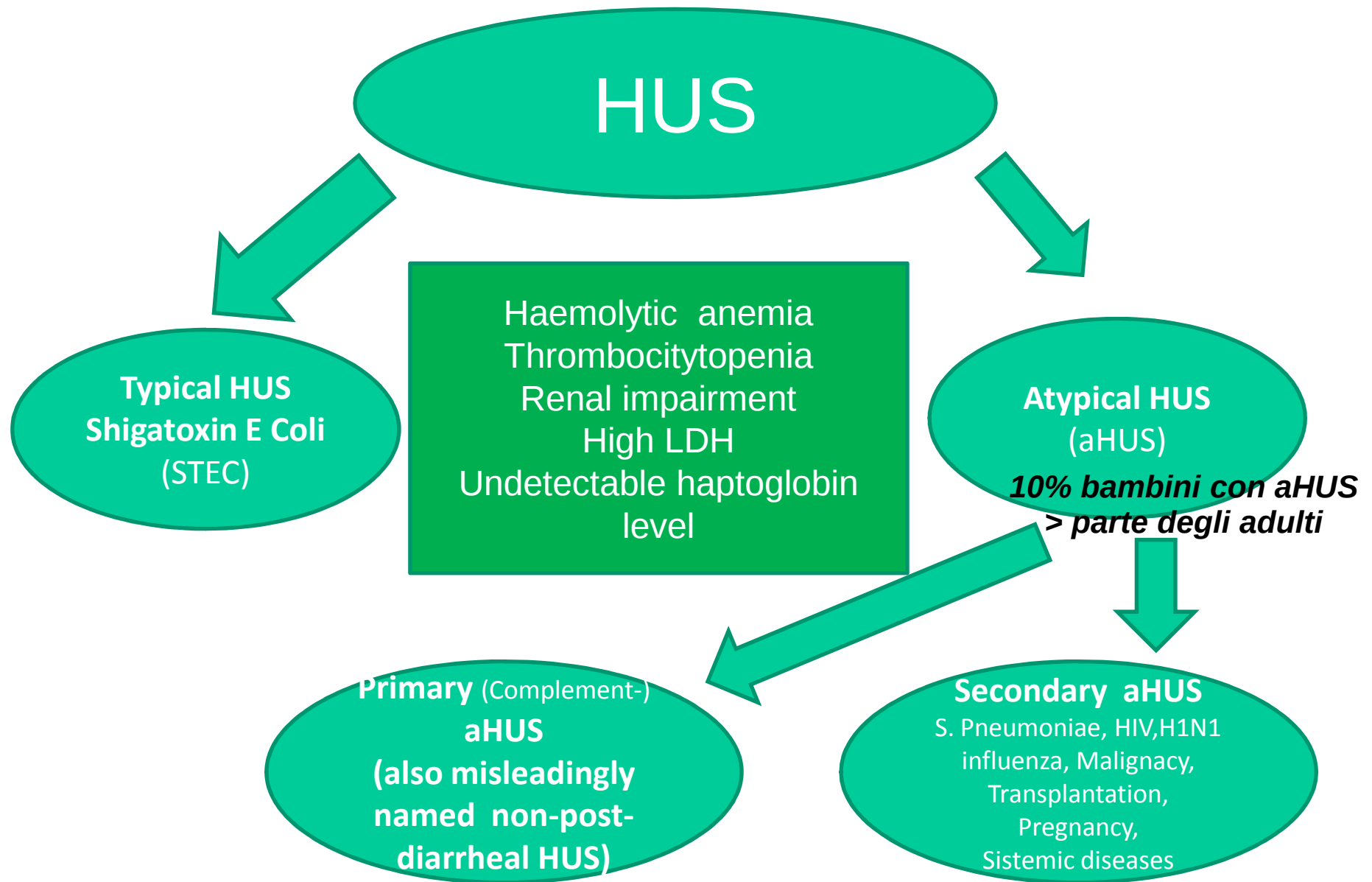
|                                              | RCT | CT | CS     | CR      | Type of evidence |
|----------------------------------------------|-----|----|--------|---------|------------------|
| aHUS due to complement factor gene mutations | 0   | 0  | 2 (6)  | 20 (25) | Type III         |
| aHUS due to autoantibody to factor H         | 0   | 0  | 2 (6)  | 2 (2)   | Type III         |
| d+HUS or typical HUS                         | 0   | 0  | 4 (48) | 4 (4)   | Type II-3        |

### TECHNICAL NOTES

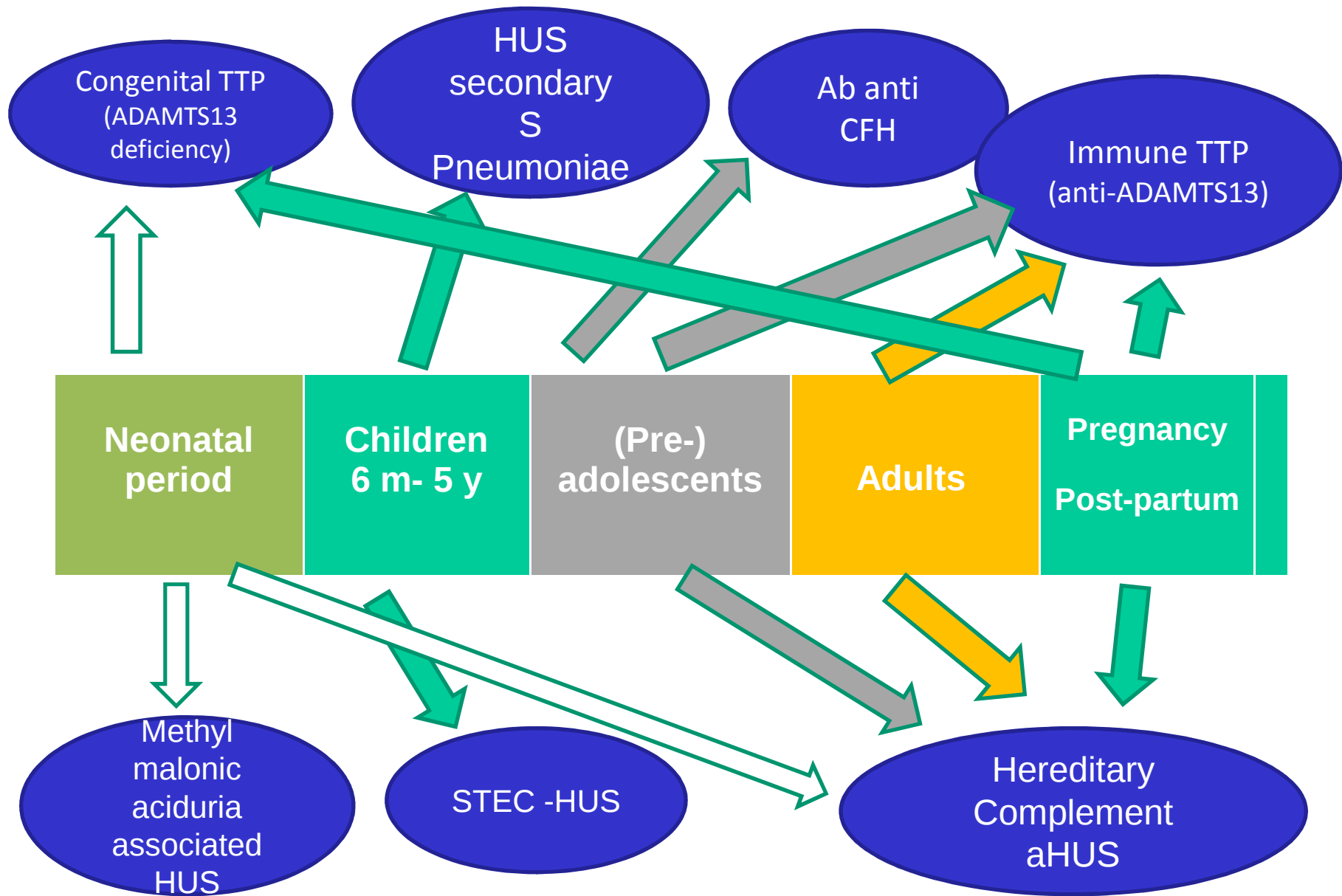
**Volume treated:** 1 to 1.5 TPV

**Replacement fluid:** plasma or albumin (T activation associated HUS)

**Frequency:** daily

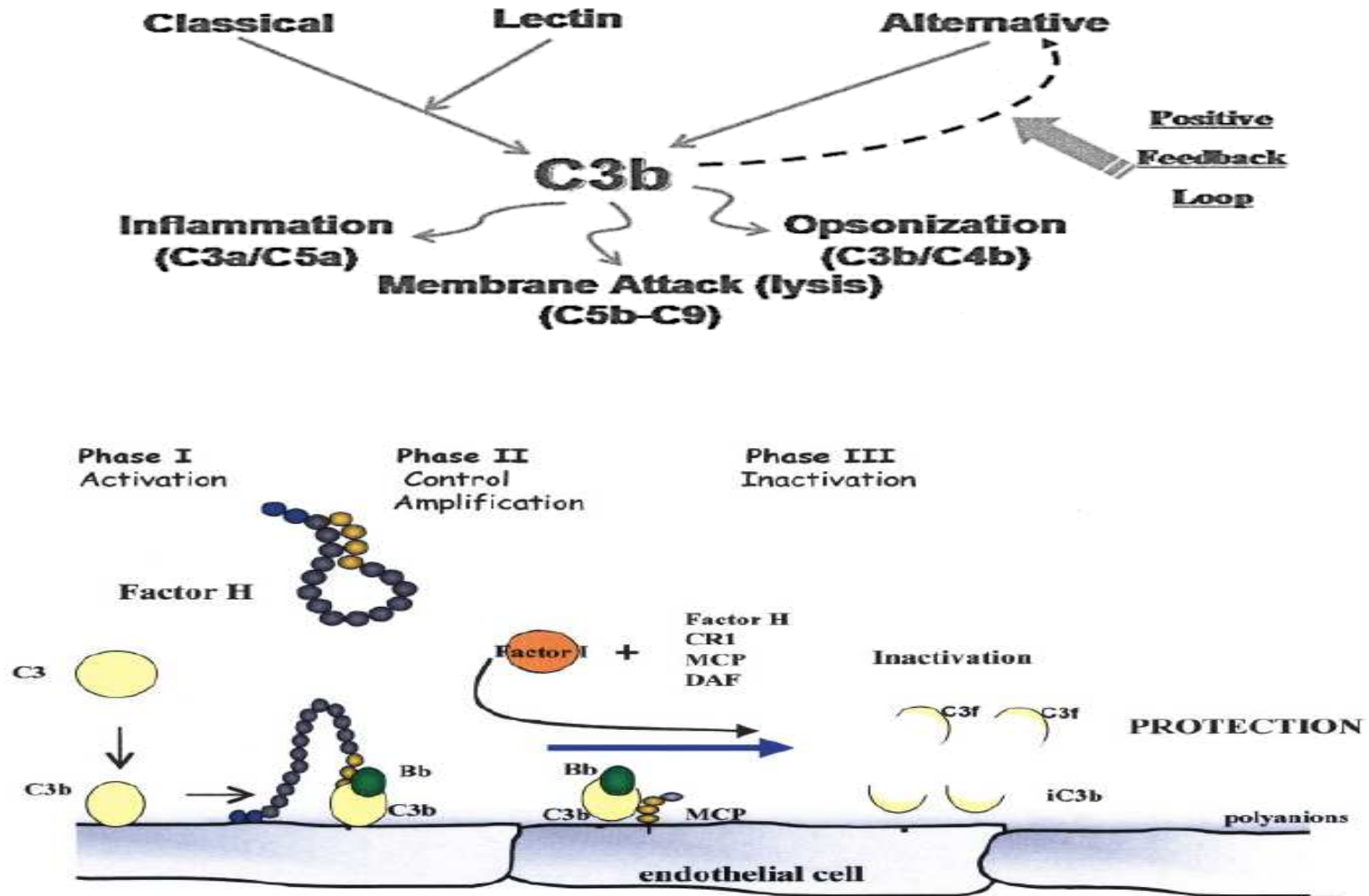


## ***Based on age differential diagnosis TTP/HUS***



***25% TTP pts have normal ADAMTS13 and 25% HUS have no complement abnormalities***

# Complement activation



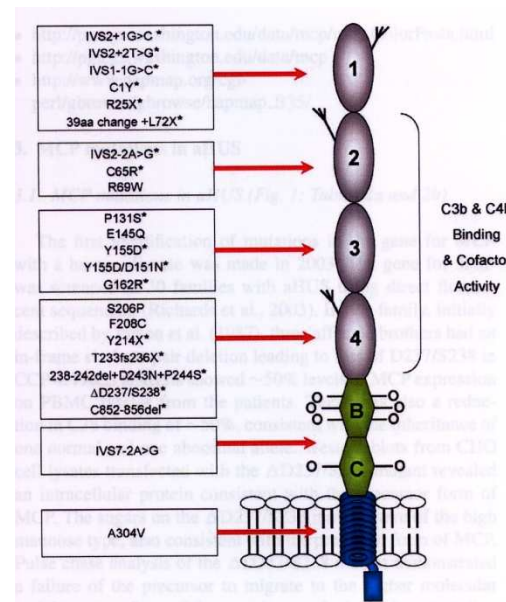
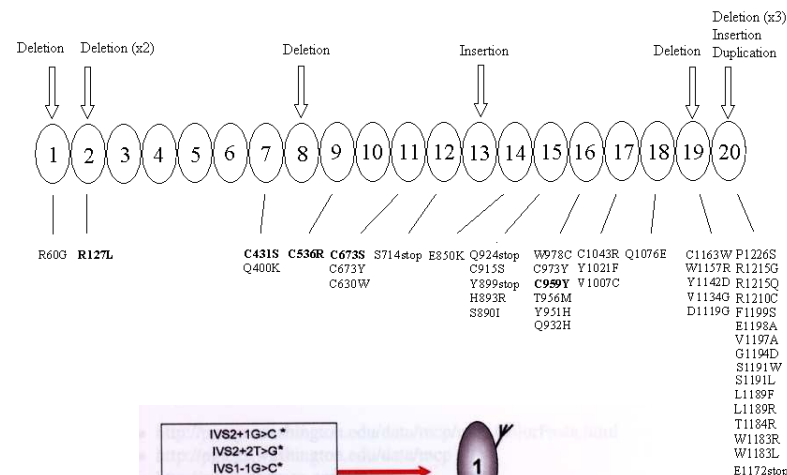
| Table 1. Classification of Atypical Hemolytic–Uremic Syndrome.* |                                                                                                                                                                                          |
|-----------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Form of Disease                                                 | Complement Abnormalities                                                                                                                                                                 |
| Familial                                                        | Mutations in <i>CFH</i> , 40–45%; in <i>CFI</i> , 5–10%; in <i>C3</i> , 8–10%; in <i>MCP</i> , 7–15%; in <i>THBD</i> , 9%; and in <i>CFB</i> , 1–2%.                                     |
| Sporadic                                                        |                                                                                                                                                                                          |
| Idiopathic                                                      | Mutations in <i>CFH</i> , 15–20%; in <i>CFI</i> , 3–6%; in <i>C3</i> , 4–6%; in <i>MCP</i> , 6–10%; in <i>THBD</i> , 2%; and in <i>CFB</i> , 2 cases; anti- <i>CFH</i> antibodies: 6–10% |
| Pregnancy-associated                                            | Mutations in <i>CFH</i> , 20%; in <i>CFI</i> , 15%                                                                                                                                       |
| HELLP syndrome                                                  | Mutations in <i>CFH</i> , 10%; in <i>CFI</i> , 20%; and in <i>MCP</i> , 10%                                                                                                              |
| Drugs                                                           | Rare <i>CFH</i> mutations (mostly unknown)                                                                                                                                               |
| Organ transplantation                                           | Mutations in <i>CFH</i> , 15%; in <i>CFI</i> , 16%                                                                                                                                       |
| Human immunodeficiency virus infection                          | Unknown†                                                                                                                                                                                 |
| Cancer                                                          | Unknown†                                                                                                                                                                                 |

\* HELLP denotes hemolytic anemia, elevated liver enzymes, and low platelet count.

† There are no published data on the frequency of complement gene mutations or anti-*CFH* autoantibodies in patients with this condition.

Short Consensus  
Repeats 1-4 binds to  $C_3b$

SCR19-20 binds to  
polyanionic surface-bound  $C_3B$



|                       | CFH mutation | CFI mutation | MCP mutation | C3 mutation | CFB mutation | Anti CFH Ab |
|-----------------------|--------------|--------------|--------------|-------------|--------------|-------------|
| <i>Decreased [C3]</i> | <b>50%</b>   | <b>30%</b>   | <b>2%</b>    | <b>80%</b>  | <b>100%</b>  | <b>60%</b>  |

**Table 3 Main clinical characteristics of patients with atypical hemolytic uremic syndrome according to complement abnormality**

| Gene or subgroup | Frequency in aHUS | Minimal age at onset |         | Risk of death or ESRD at 1 <sup>st</sup> episode or within < 1 y | Risk of relapses | Risk of recurrence after renal transplantation | Plasma therapy indicated |
|------------------|-------------------|----------------------|---------|------------------------------------------------------------------|------------------|------------------------------------------------|--------------------------|
|                  |                   | Children             | Adults  |                                                                  |                  |                                                |                          |
| CFH              | 20-30%            | Birth                | any age | 50-70%                                                           | 50%              | 75-90%                                         | Yes                      |
| CFI              | 4-10%             | Birth                | any age | 50%                                                              | 10-30%           | 45-80%                                         | Yes                      |
| MCP              | 5-15%             | > 1 y                | any age | 0-6%                                                             | 70-90%           | < 20%                                          | Questionable             |
| C3               | 2-10%             | 7 m                  | any age | 60%                                                              | 50%              | 40-70%                                         | Yes                      |
| CFB              | 1-4%              | 1 m                  | any age | 50%                                                              | 3/3 not in ESRD  | 100%                                           | Yes                      |
| THBD             | 3-5%              | 6 m                  | rare    | 50%                                                              | 30%              | 1 patient                                      | Yes                      |
| Anti-CFH Ab      | 6%                | Mostly 7-11 y        |         | 30-40%                                                           | 40-60%           | Yes if high Ab titer                           | Yes (+ IS)               |

# Terapia: plasma exchange



- ***Terapia 1 scelta dal 2010***
- ***Riduzione delle mortalità dal 50% al 25%***
- ***Somministrazione con plasma di CFH,CFB,CFI, C3***
- ***Rimozione di ab anti CFH***
- ***Rimozione di CFH,CFI,CFB modificati***
- ***Preferito alla plasmaterapia***

***Plasmatherapy in Atypical Hemolytic Uremic Syndrome Chantal Loirat<sup>1</sup>, Arnaud Garnier<sup>1</sup>, Anne-Laure Sellier-Leclerc<sup>1</sup>, Theresa Kwon*** Assistance Publique-Hôpitaux de Paris, Pediatric Nephrology Department, Université Paris-Diderot, Hôpital Robert Debré, Paris, France

# ***Terapia: plasma exchange***



## **Response to PEX**

**CFH: 63%**

**CFI: 25%**

**MCP: 90% spontaneous remissions  
frequent relapses**

**C3, CFB: 55%**

**THBD: 85%**

**Anti-CFH: 1st line (plus immunosuppressants)**

Loirat and Fremeaux-Bacchi Orphanet Journal of Rare diseases 2011 6:60

- Iniziare terapia appena possibile (massimo entro 24 ore) proseguendo quotidianamente
- All'inizio scambiare 1,5 VP (60-75 ml/Kg)
- Lo scambio deve essere plasma con plasma
- Se non possibile PEX iniziare con infusione di plasma ( 10-15 ml/Kg)
- Se persistenza emolisi o mancata ripresa funzionale (anche a PTL normalizzate) proseguire con PE quotidiana o passare ad altra terapia
- Mutazione MCP: stop PEX; Mutazione CFH o CFI+ C3 o CFB: proseguire *a priori* indefinitamente



## Atypical hemolytic uremic syndrome

David Kavanagh and Timothy H.J. Goodship

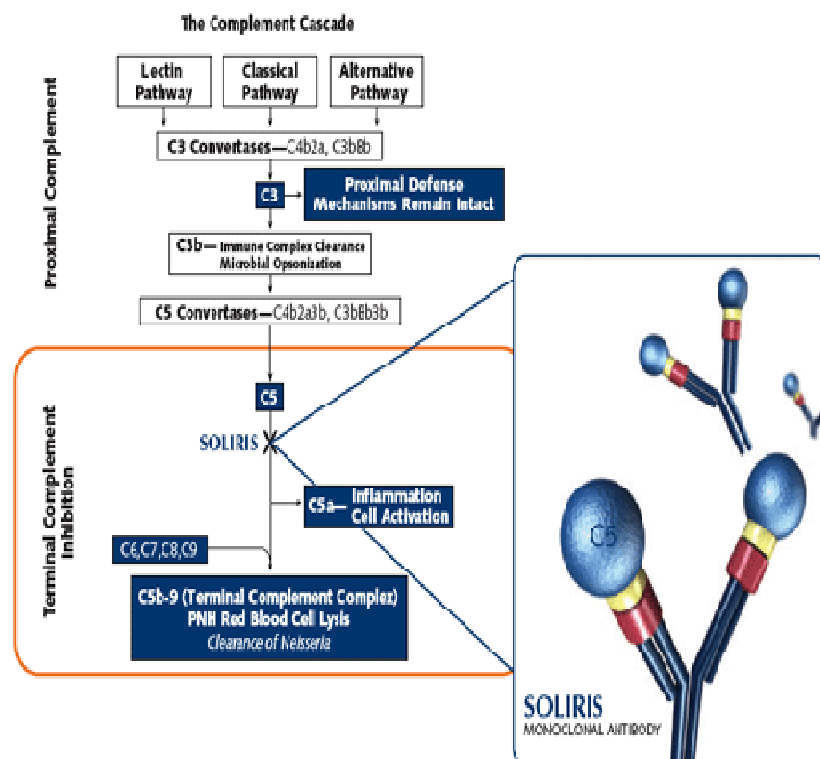
The Institute of Human Genetics, Newcastle University,  
Newcastle upon Tyne, UK

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Life, Central Parkway, Newcastle upon Tyne NE1 3BZ,  
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e-mail: david.kavanagh@ncl.ac.uk

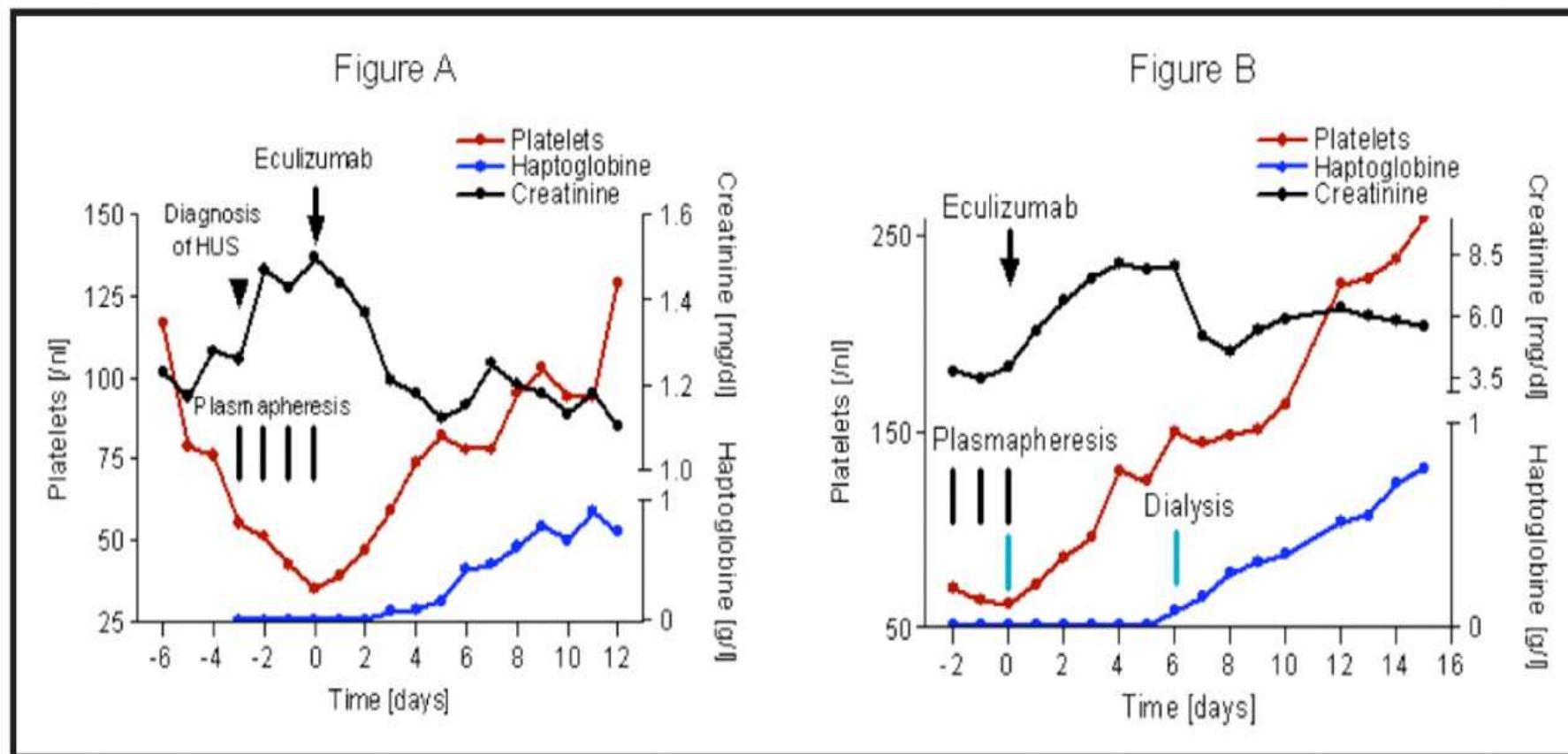
Current Opinion in Hematology 2010,  
17:432–438

### Soliris mechanism of action<sup>1,2,11</sup>



### Conclusion

In the last 15 years our understanding of the pathogenesis of thrombotic microangiopathies has improved greatly. TTP has been shown to be a disease characterized by a lack of ADAMTS13 activity whereas aHUS has been demonstrated to be a disease of complement overactivation. The characterization of the molecular defect in aHUS has resulted in new therapies designed to control complement activation. Although plasma exchange remains the gold standard therapy for aHUS management currently, the outcome of a recent clinical trial of eculizumab in aHUS may result in a new era in aHUS management.



***Successful Treatment of Atypical Hemolytic Uremic Syndrome with the Complement Inhibitor Eculizumab.***

Jens Nuernberger<sup>1,\*</sup>, Oliver Witzke<sup>1,\*</sup>, Russell P. Rother, PhD<sup>2,\*</sup>, Thomas Philipp<sup>1,\*</sup>, Udo Vester<sup>1,\*</sup>, Hideo Baba<sup>1,\*</sup>, Lothar Bernd Zimmerhackl<sup>3,\*</sup> and Andreas Kribben<sup>1,\*</sup>