

Aferesi terapeutica in Nefrologia: malattie, indicazioni e piani di trattamento

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POSSIBLE MECHANISMS OF Apheresis in Renal Diseases

Removal of pathological circulating factors, abnormal factors, or excess levels of physiologic factors

Antibodies: anti-GBM diseases, ANCA-associated diseases, lupus nephritis (anti-DNA), anti-phospholipid diseases

Immune-complexes: lupus nephritis, cryoglobulinemia

Dysproteins: macroglobulinemia, myeloma, amyloid-A protein, LDL (FSGS)

Toxic factors: endotoxin, permeability factors? (MCNS, FSGS)

Activated lymphocytes: vasculitis, nephrotic syndrome (MCNS, FSGS)

Replacement of deficient plasma factors

Thrombotic thrombocytopenic purpura: ADAMTS-13

Other effects on the immune system

Removal of inflammatory mediators: cytokines/chemokines, cannabinoids

Improvement of reticuloendothelial system function

Effects of immune regulation

APPLICATION OF APHERESIS TECHNIQUES FOR RENAL DISEASES

Procedure	Ligands or materials	Removed or adsorbed factors
Plasma exchange	Replacement of plasma ^a	Autoantibodies, CIC, dysproteins
Double filtration	Plasma fractionator	CIC, autoantibodies, dysproteins
Cryofiltration	Plasma fractionator	Cryoproteins
Plasma adsorption	Phenylalanine or Tryptophan Dextran sulfate Protein or Tryptophan Anti-IgG Fc	Anti-DNA, CIC Anti-DNA, CIC, lupus anticoagulants, LDL IgG, CIC, permeability factors (?) IgG, CIC, permeability factors (?)
Blood adsorption	Polymyxin B (dextran sulfate)	Endotoxin, cytokines
Cytapheresis		
LCAP ^b	Lymphocyte separators	Lymphocytes, activated platelets
GCAP ^c	Granulocyte separators	Granulocytes

INDICATIONS FOR PLASMAPHERESIS IN RENAL DISEASES

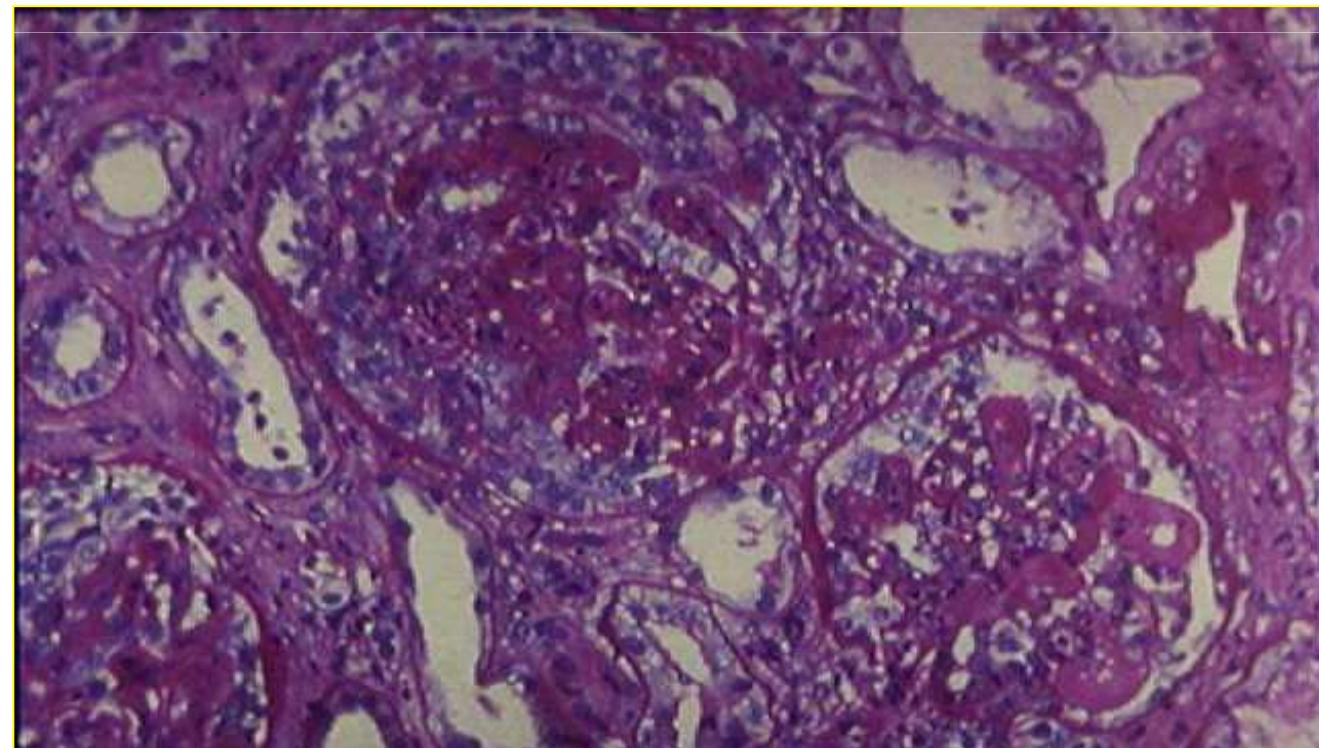
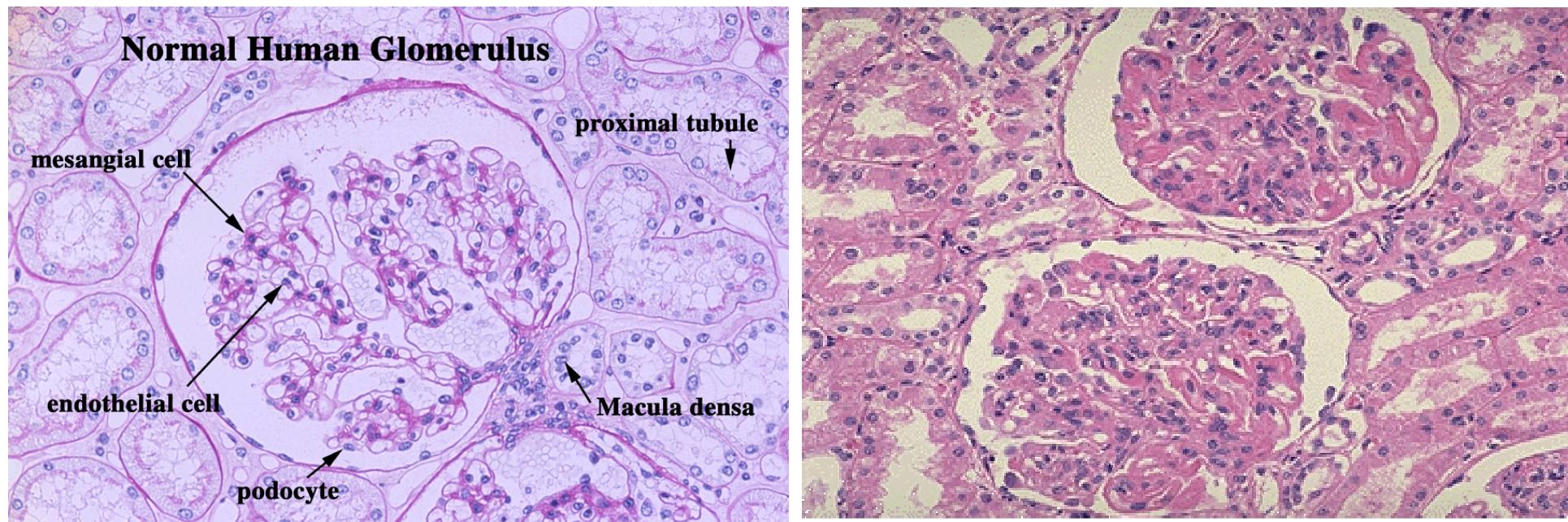
Disease	Rating
Anti-GBM disease	1
Rapidly progressive glomerulonephritis	2
Thrombotic thrombocytopenic purpura	1
Hemolytic uremic syndrome	3-4
Cryoglobulinemia	1
Multiple myeloma cast nephropathy	3
Hyperviscosity syndrome (Waldenström's macroglobulinemia)	1
Removal of cytotoxic antibodies in transplant candidate	2
Renal allograft rejection	2
Focal segmental glomerulosclerosis (recurrence after transplantation)	2
Rheumatoid arthritis/rheumatoid vasculitis	2
Antiphospholipid antibody syndrome	2
Systemic lupus erythematosus	4
Scleroderma	4

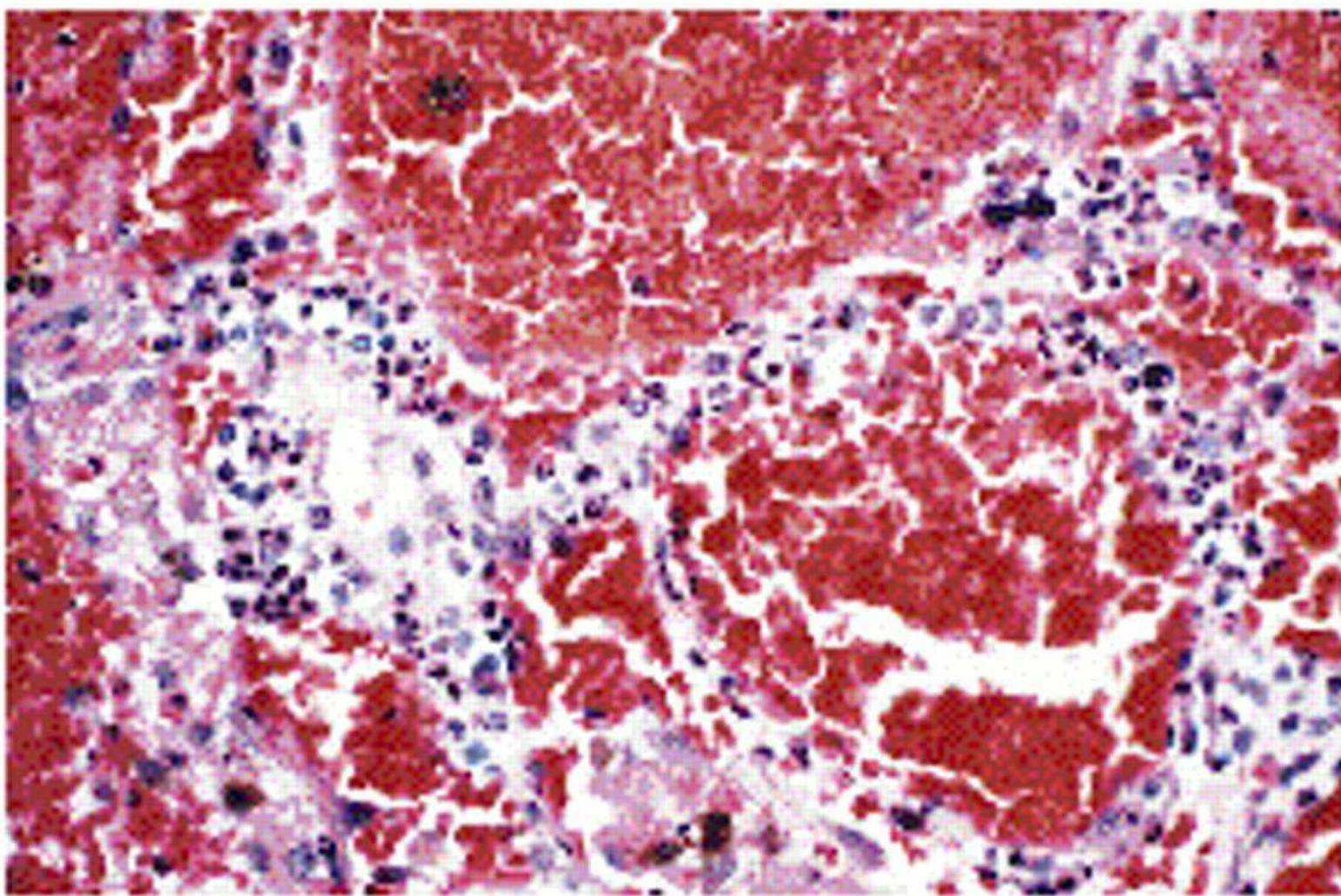
1*standard therapy*

2*conventional therapy tried first*

3*inadequately tested*

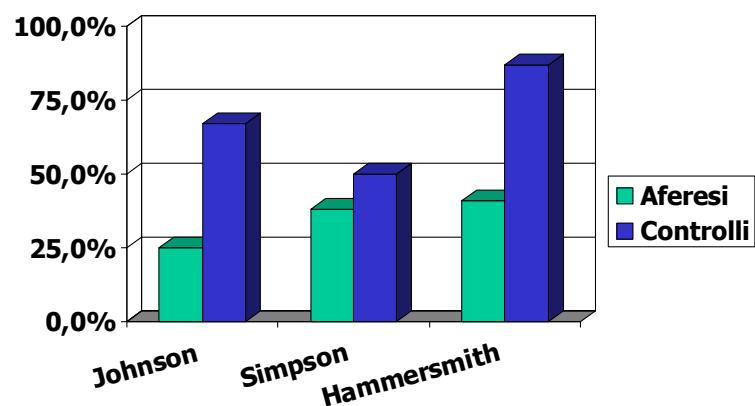
4*no value in controlled trials*



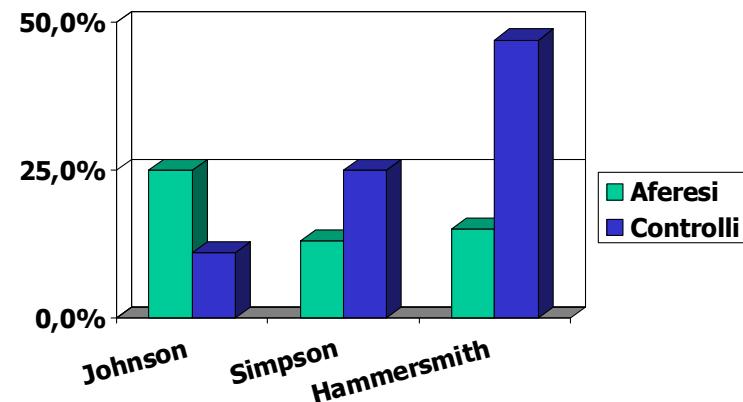


Plasmaferesi nel trattamento della malattia da Ab anti-MB

mortalità rene



mortalità paziente



Hammersmith long-term (2001):
1-year pt/renal survival:
100 & 95% if < 500 micromol sCr
83 & 82 if > 500, but HD-independent
65 & 8 if HD-dependent

ANTI-GLOMERULAR BASEMENT MEMBRANE DISEASE (GOODPASTURE'S SYNDROME)

Incidence:	1 per 100,000/year	Procedure	Recommendation	Category
		TPE	Grade 1A	I** (dialysis independent)
		TPE	Grade 1B	I** [diffuse alveolar hemorrhage (DAH)]
		TPE	Grade 1A	IV** (dialysis dependent; no DAH)

of reported patients*: >300

RCT	CT	CS	CR
1 (17)	0	17 (430)	17

Type of evidence

Type I

**See technical notes

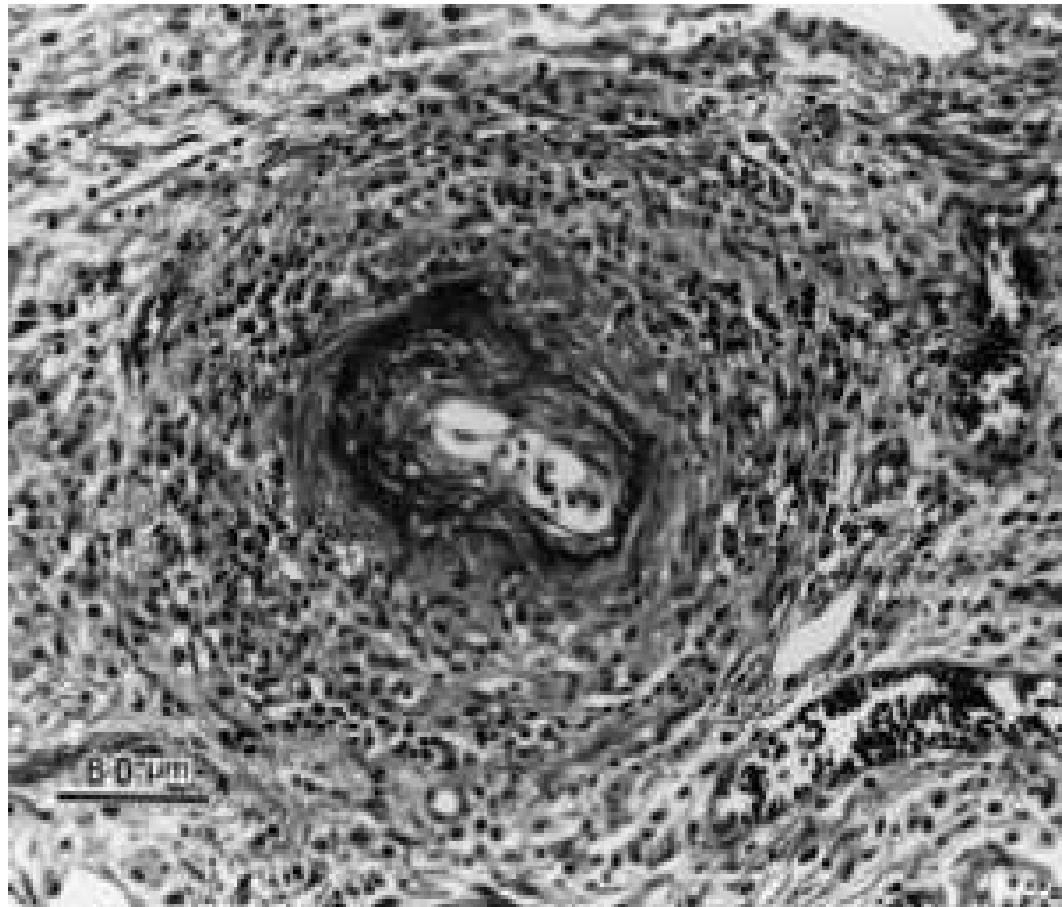
TECHNICAL NOTES

Volume treated: 1 to 1.5 TPV

Frequency: daily or every other day

Replacement fluid: albumin, plasma

Necrosi fibrinoide ed infiltrato infiammatorio arteriolare



- colpite segmentariamente biforcati e ramificazioni
- PMN (proliferazione intima e degenerazione della parete)
>mononucleati (cronicizzazione)
- necrosi fibrinoide > trombosi > infarto > talora emorragia

Classificazione delle vasculiti

VASI DI GROSSO CALIBRO

- Arterite a cellule giganti
- Arterite di Takayasu

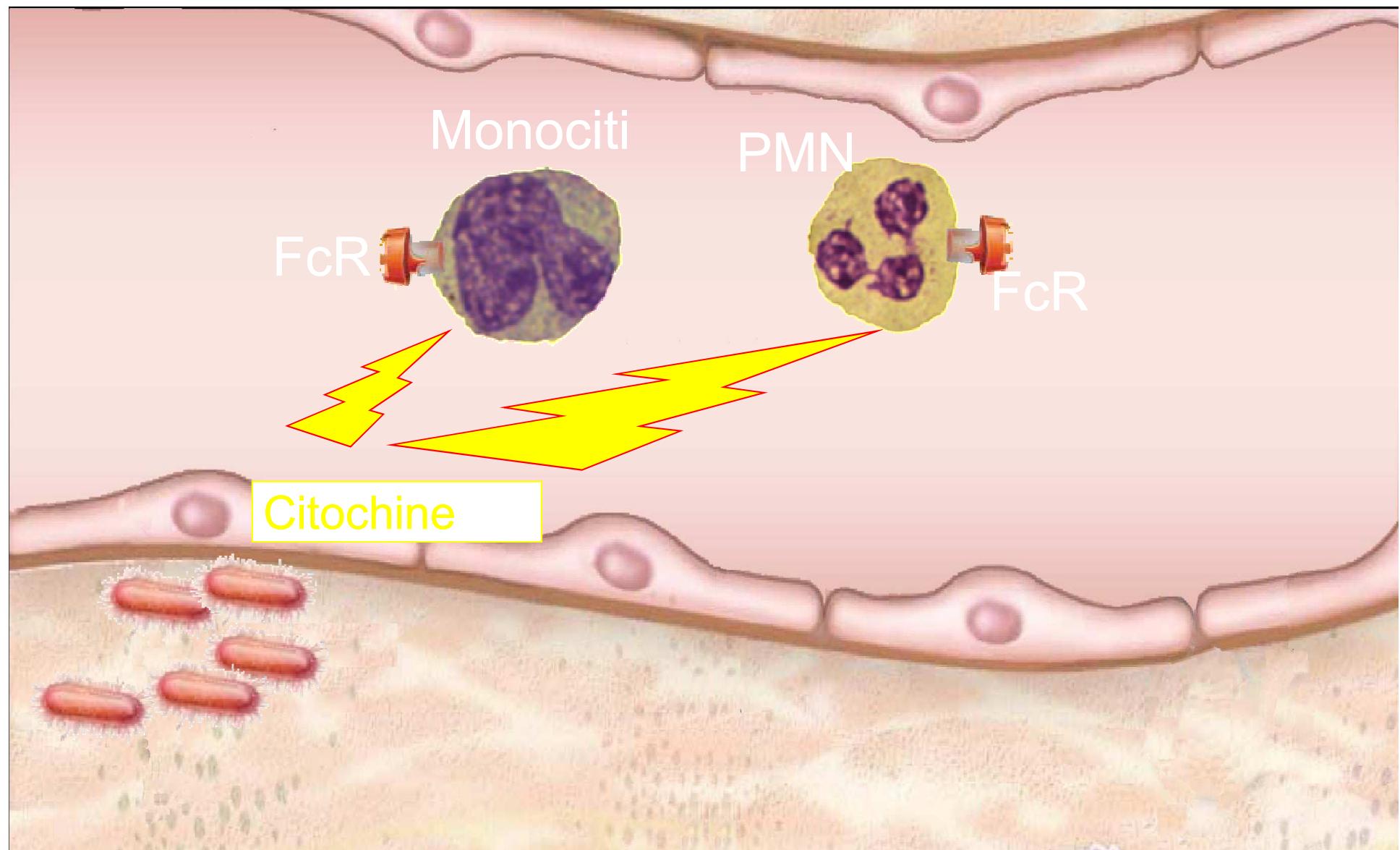
VASI DI MEDIO CALIBRO

- Panarterite nodosa
- Malattia di Kawasaki

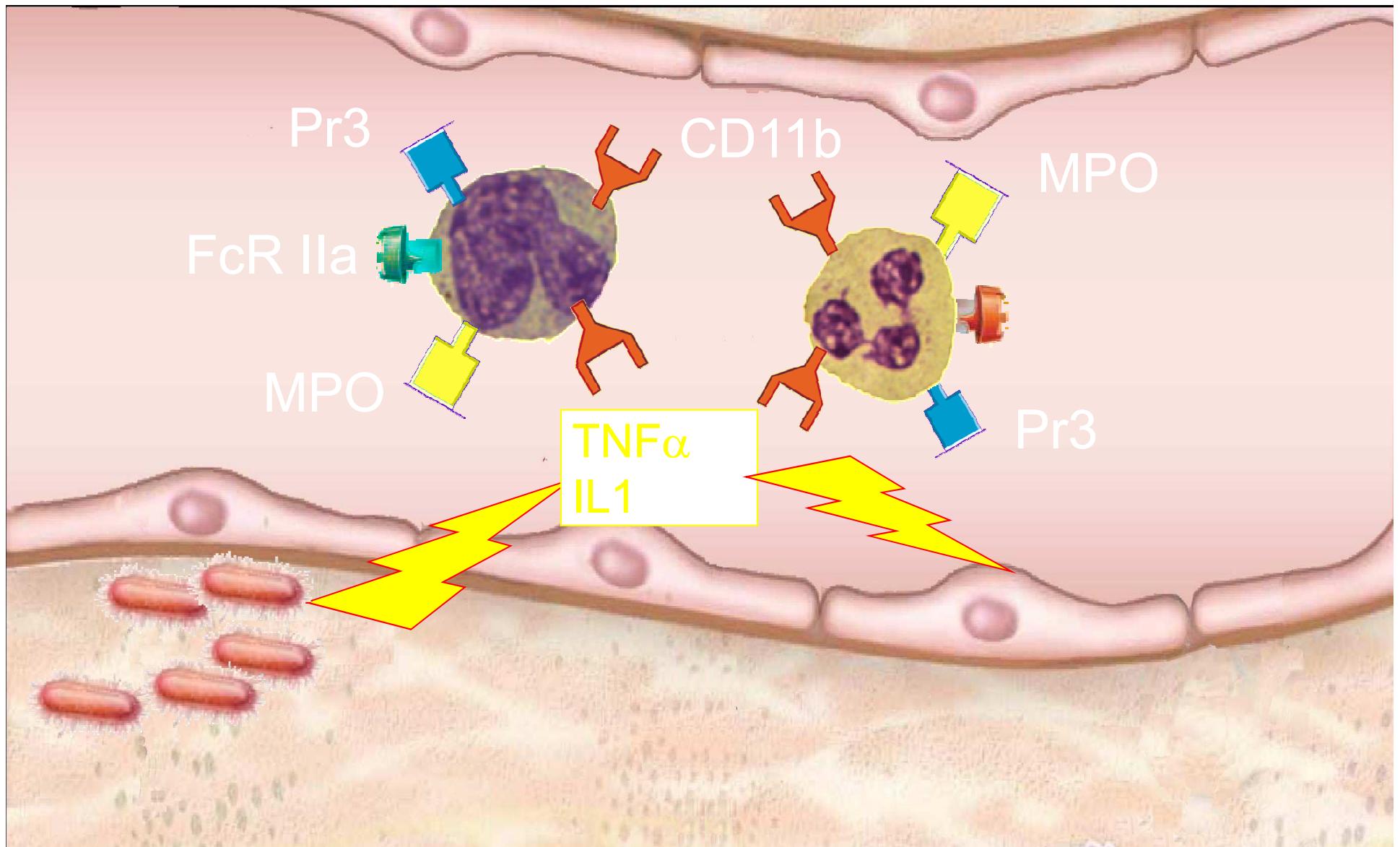
VASI DI PICCOLO CALIBRO

- Granulomatosi di Wegener
- Sindrome di Churg-Strauss
- Micropoliangioite
- Porpora di Schonlein Henoch
- Vasculite crioglobulinemica
- Angioite cutanea leucocitoclastica

Patogenesi: cellule circolanti quiescenti



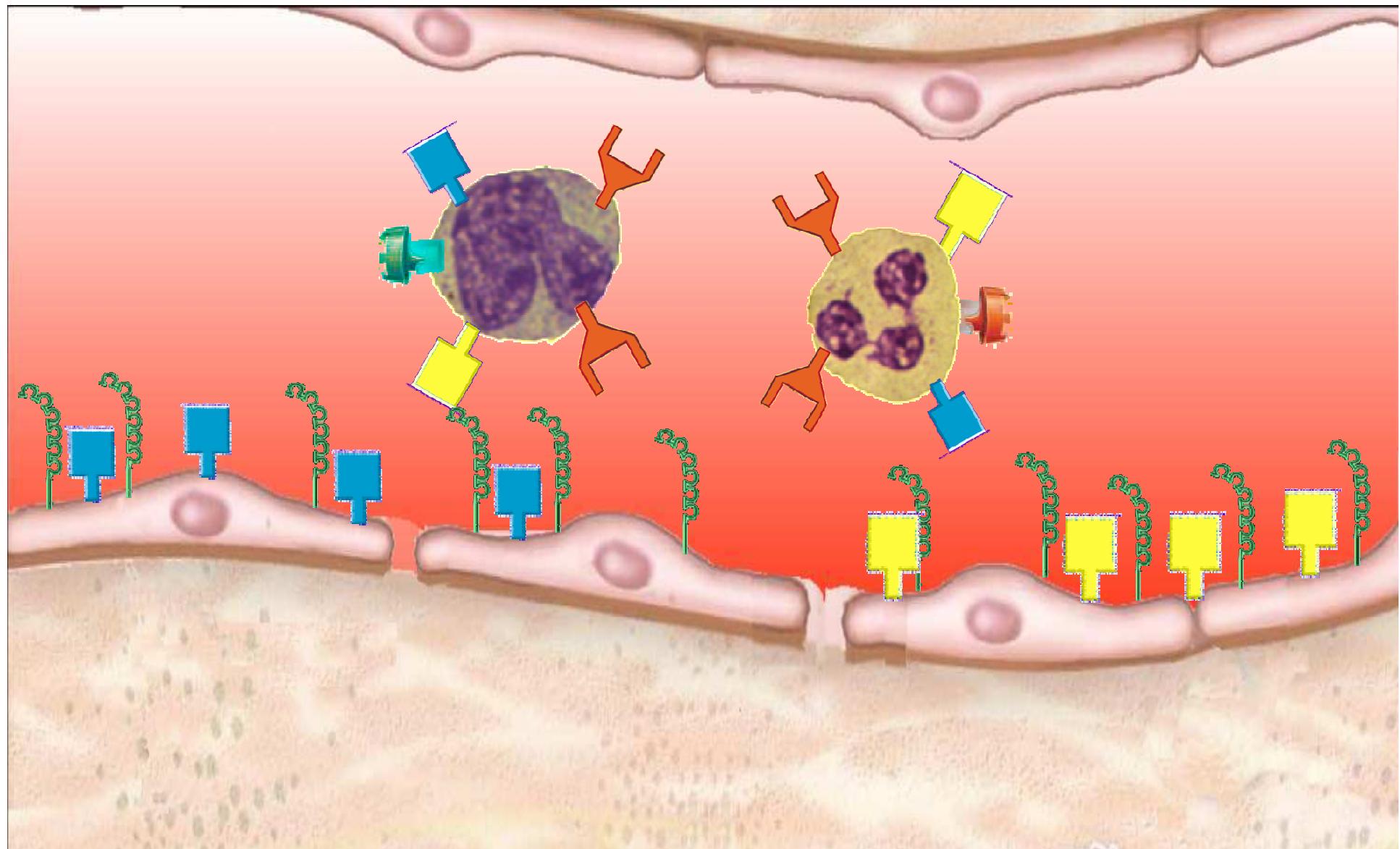
Patogenesi: cellule circolanti primed



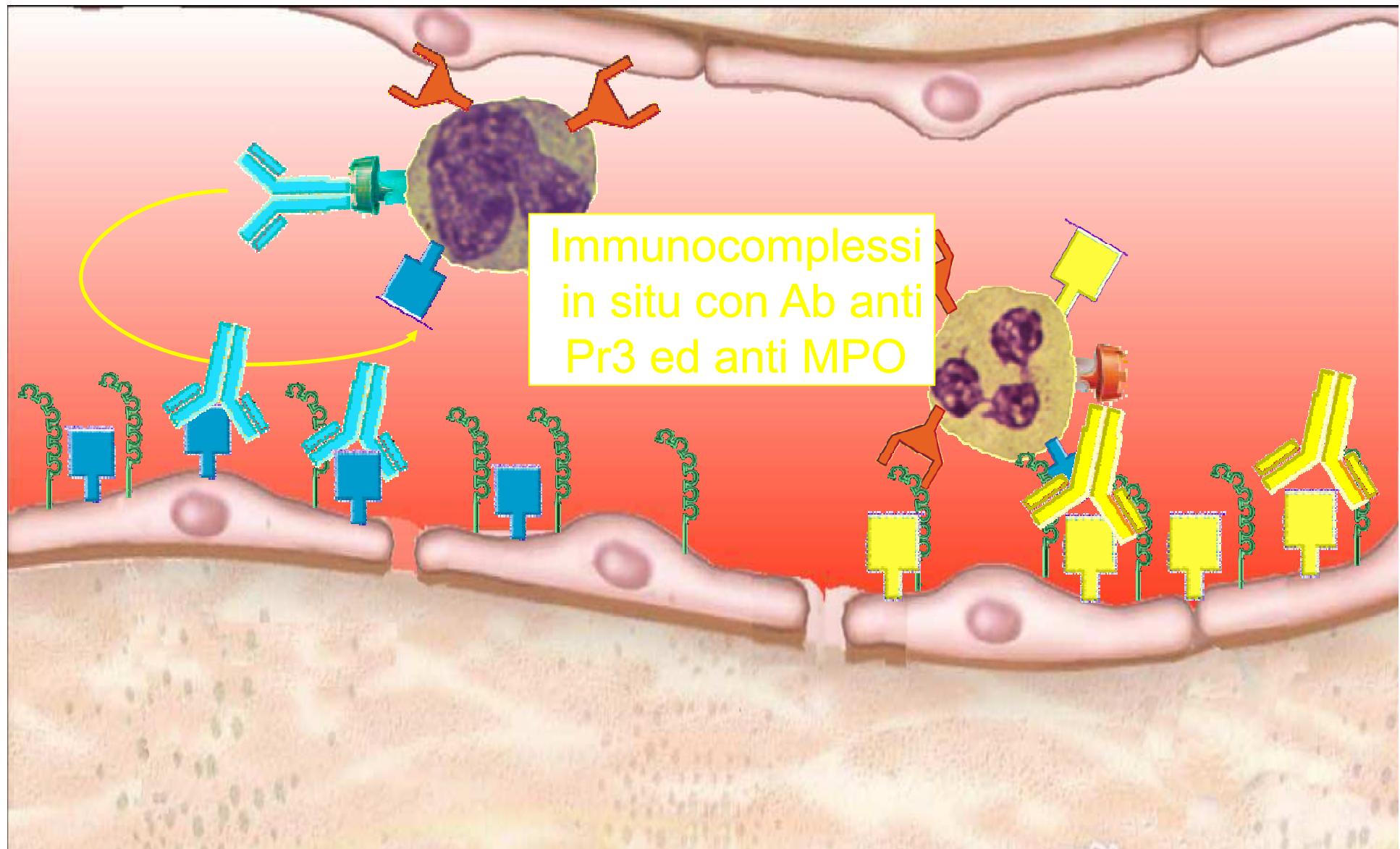
Patogenesi: attivazione endotelio



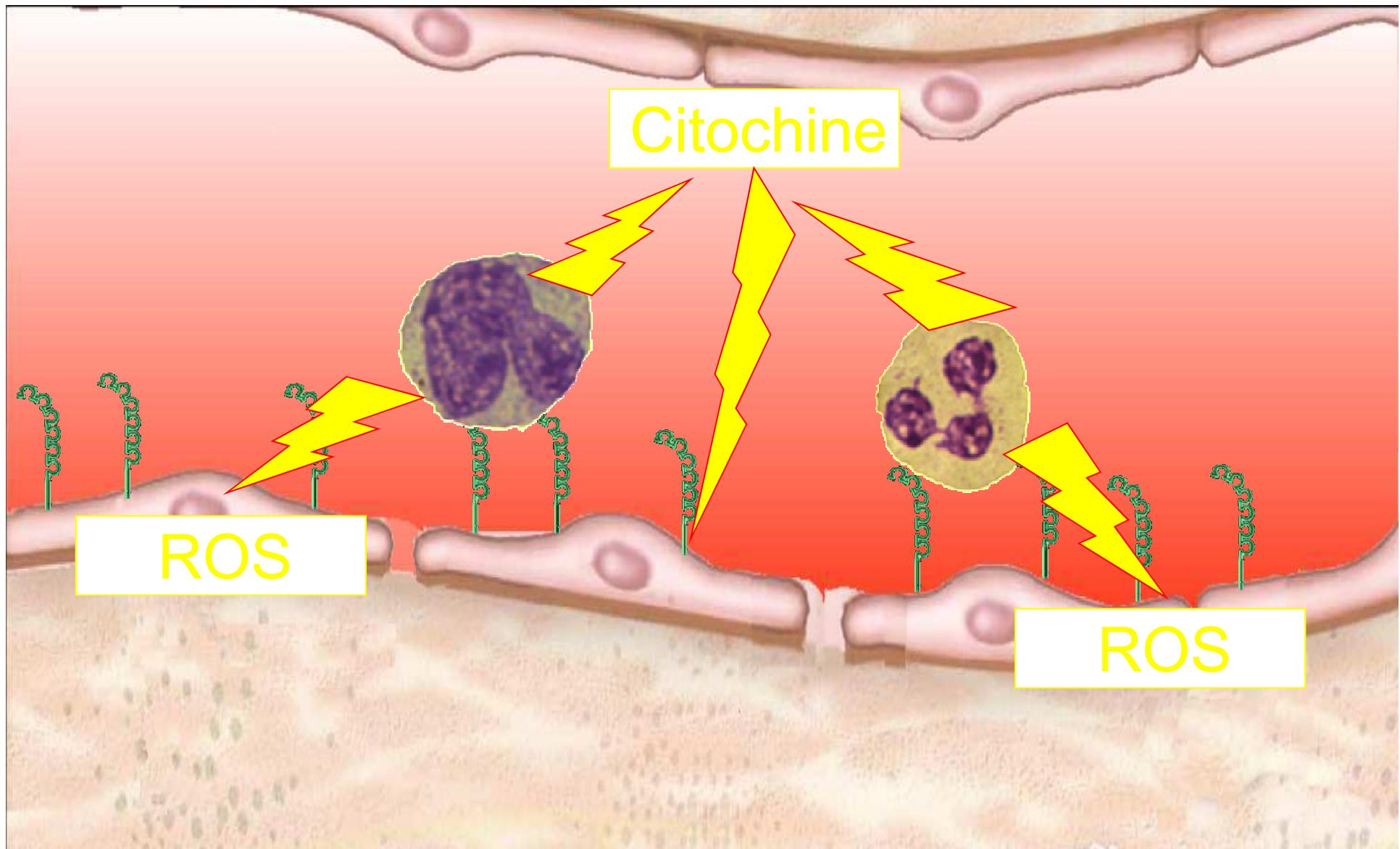
Patogenesi: legame Pr3-ANCA



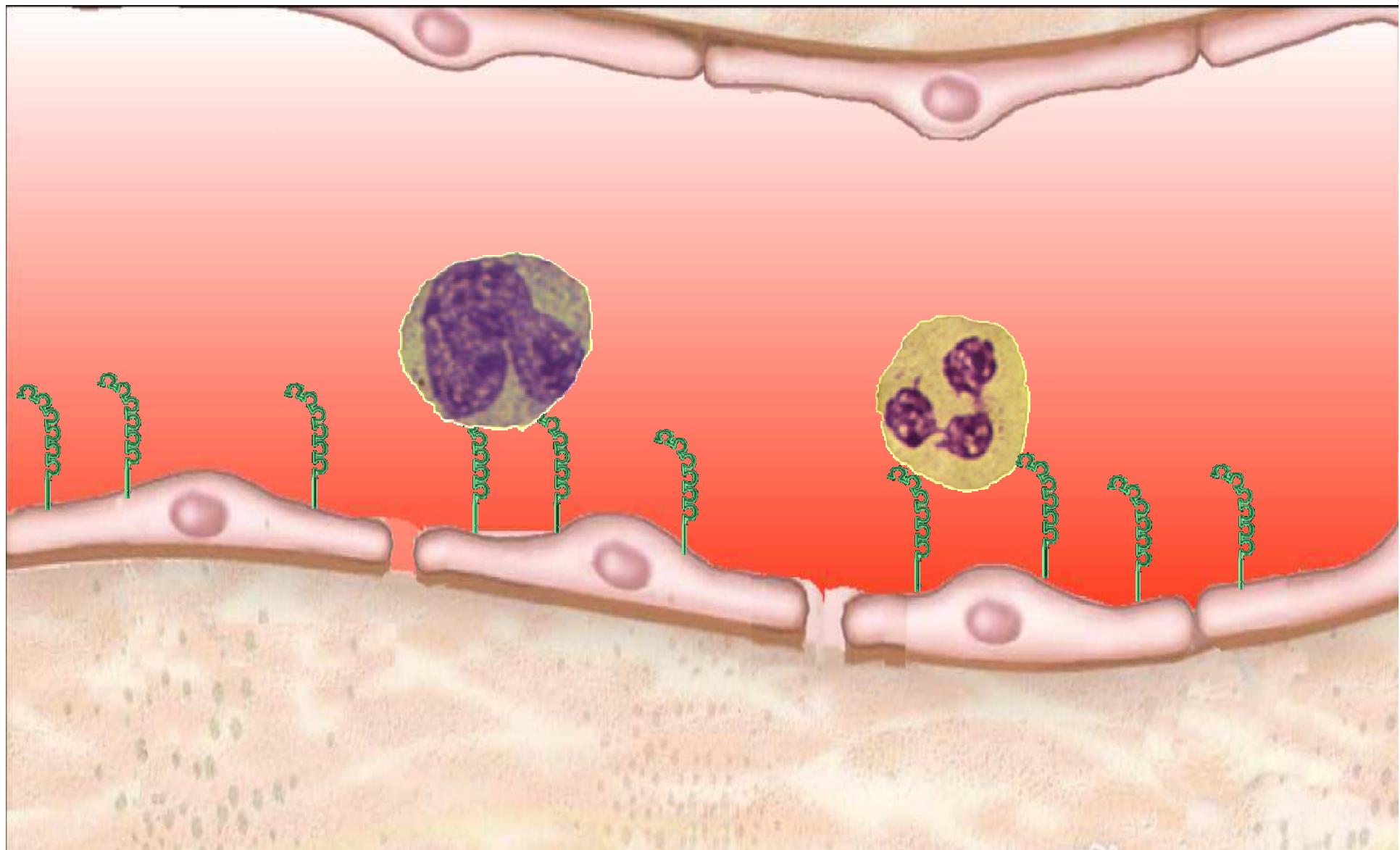
Patogenesi: azione ANCA



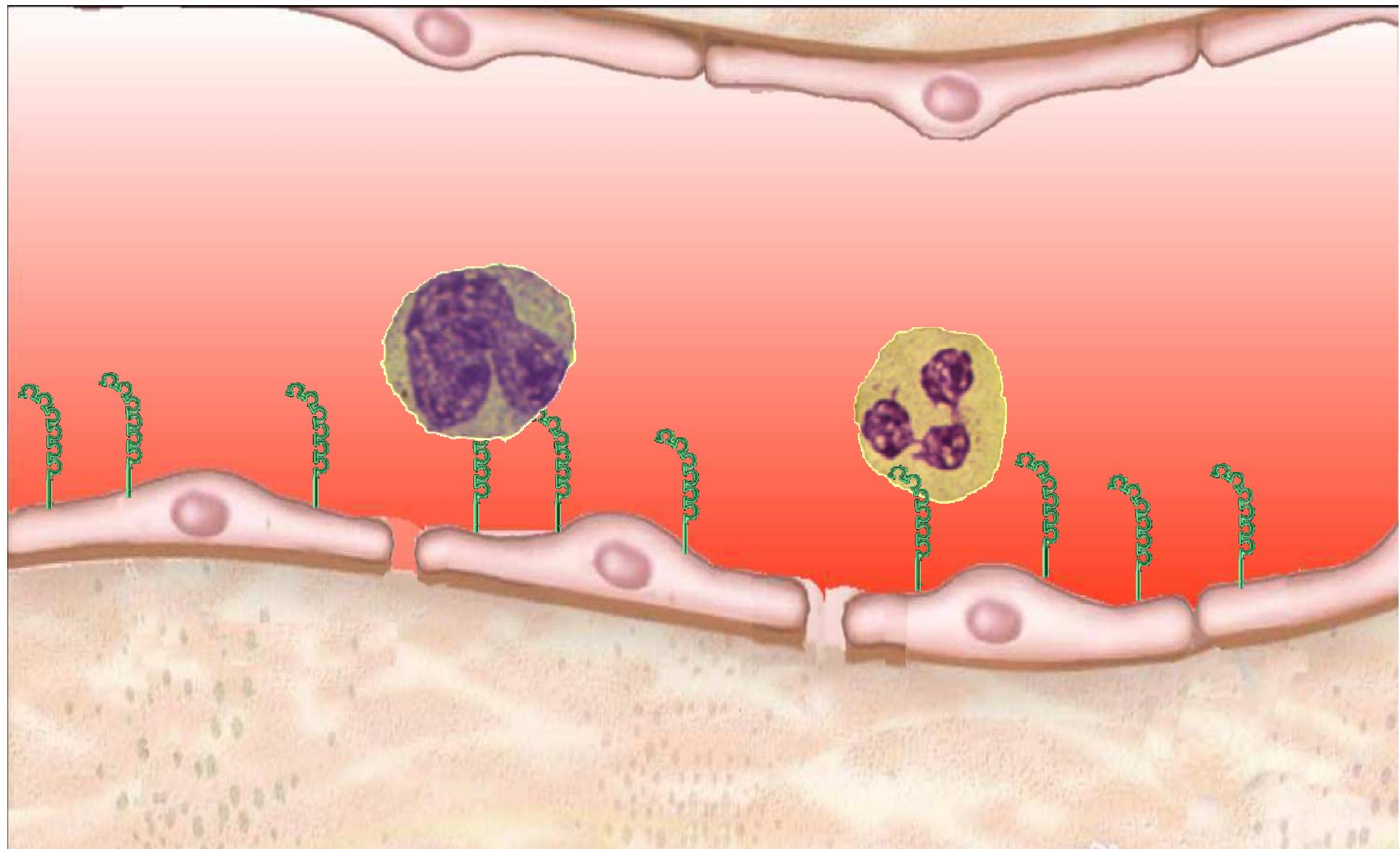
Patogenesi: lesione endotelio



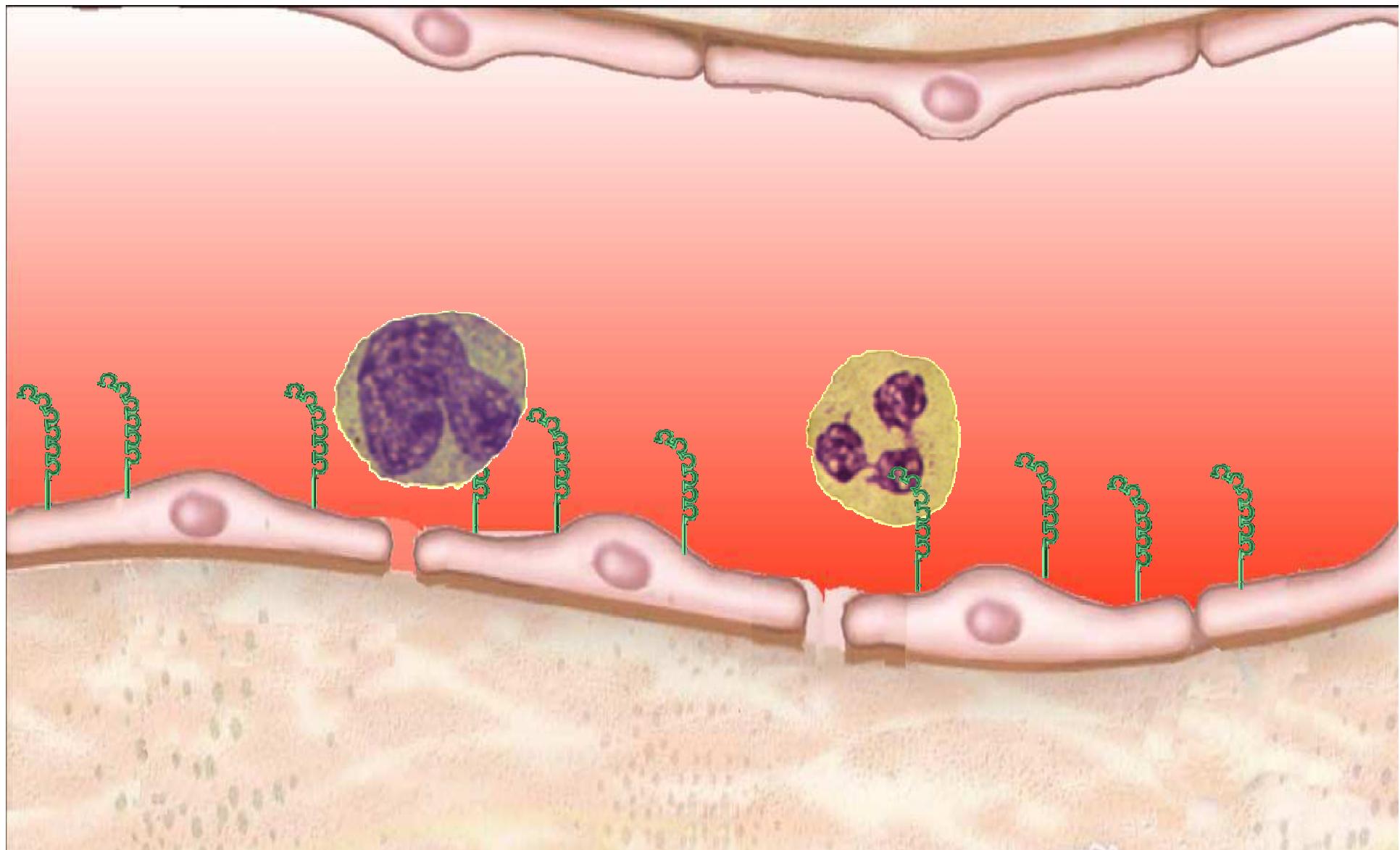
Patogenesi: migrazione leucocitaria



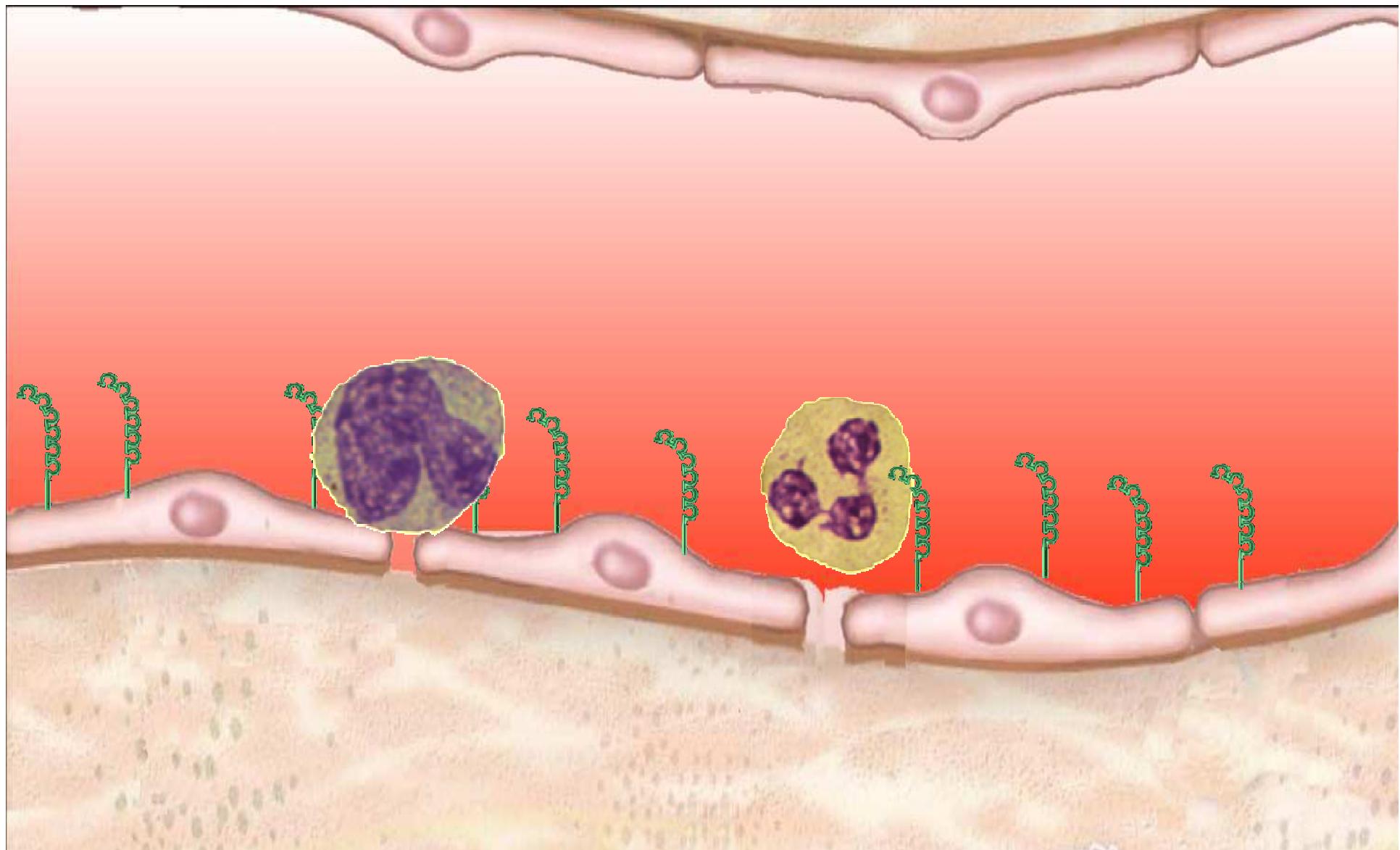
Patogenesi: migrazione leucocitaria



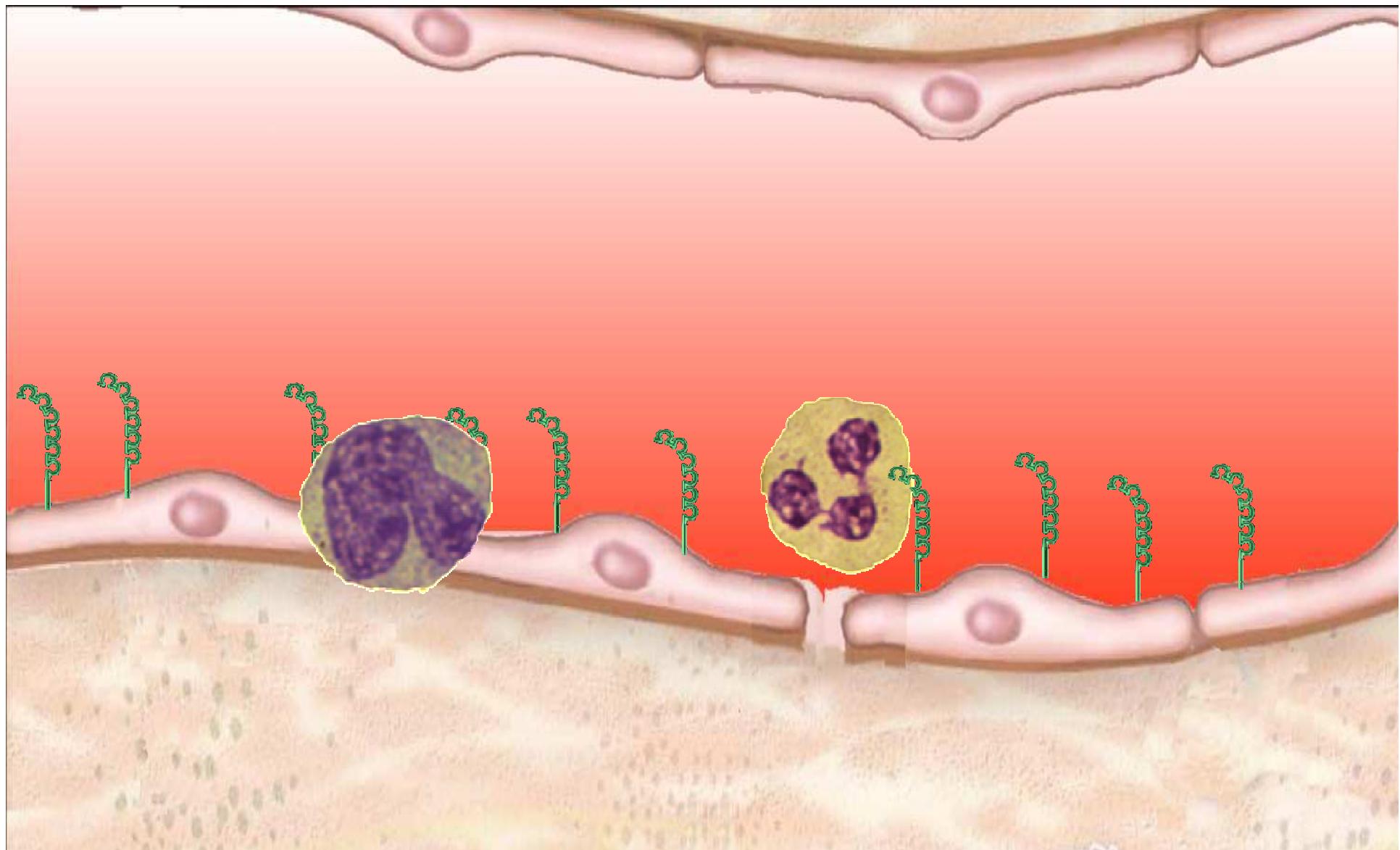
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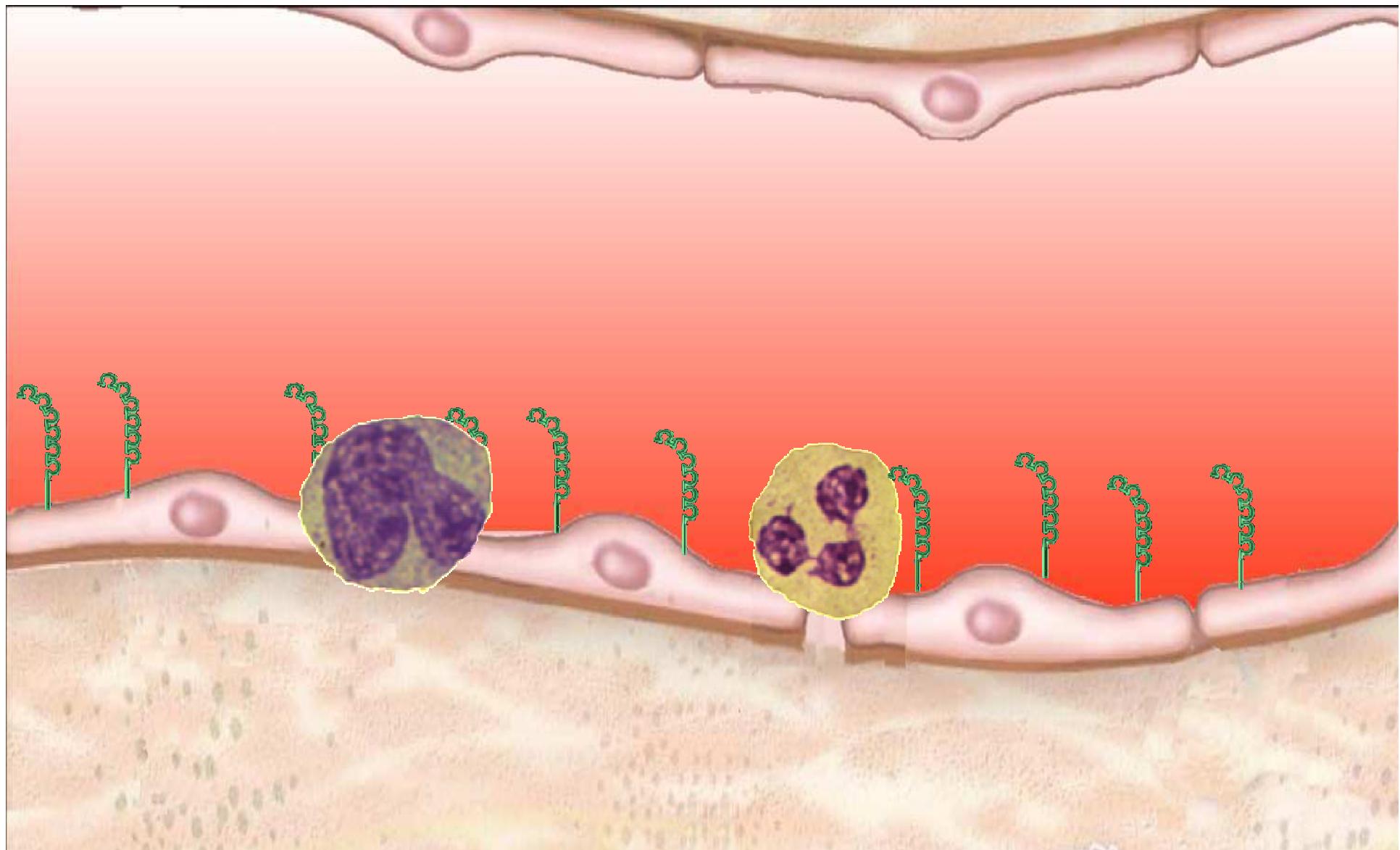
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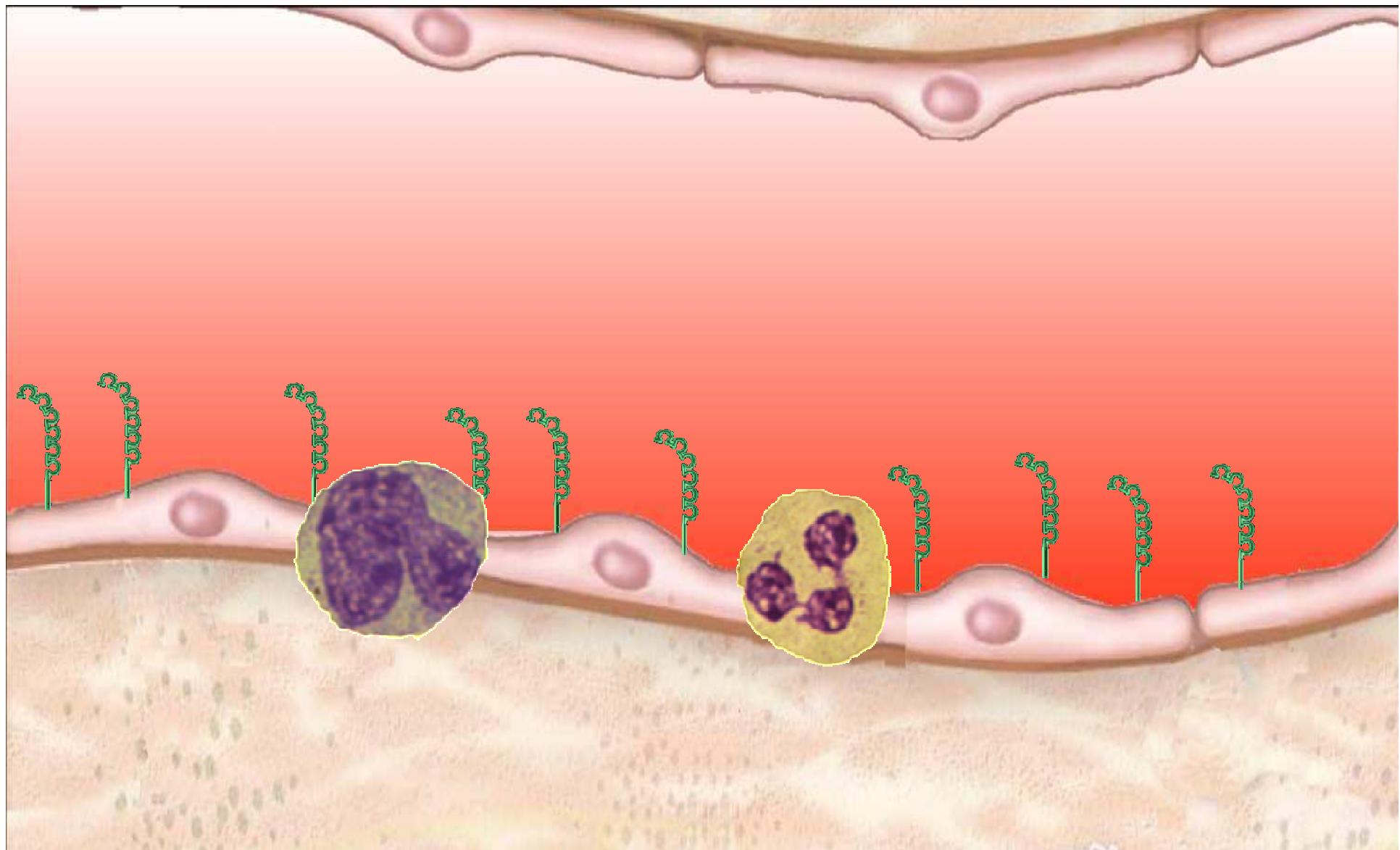
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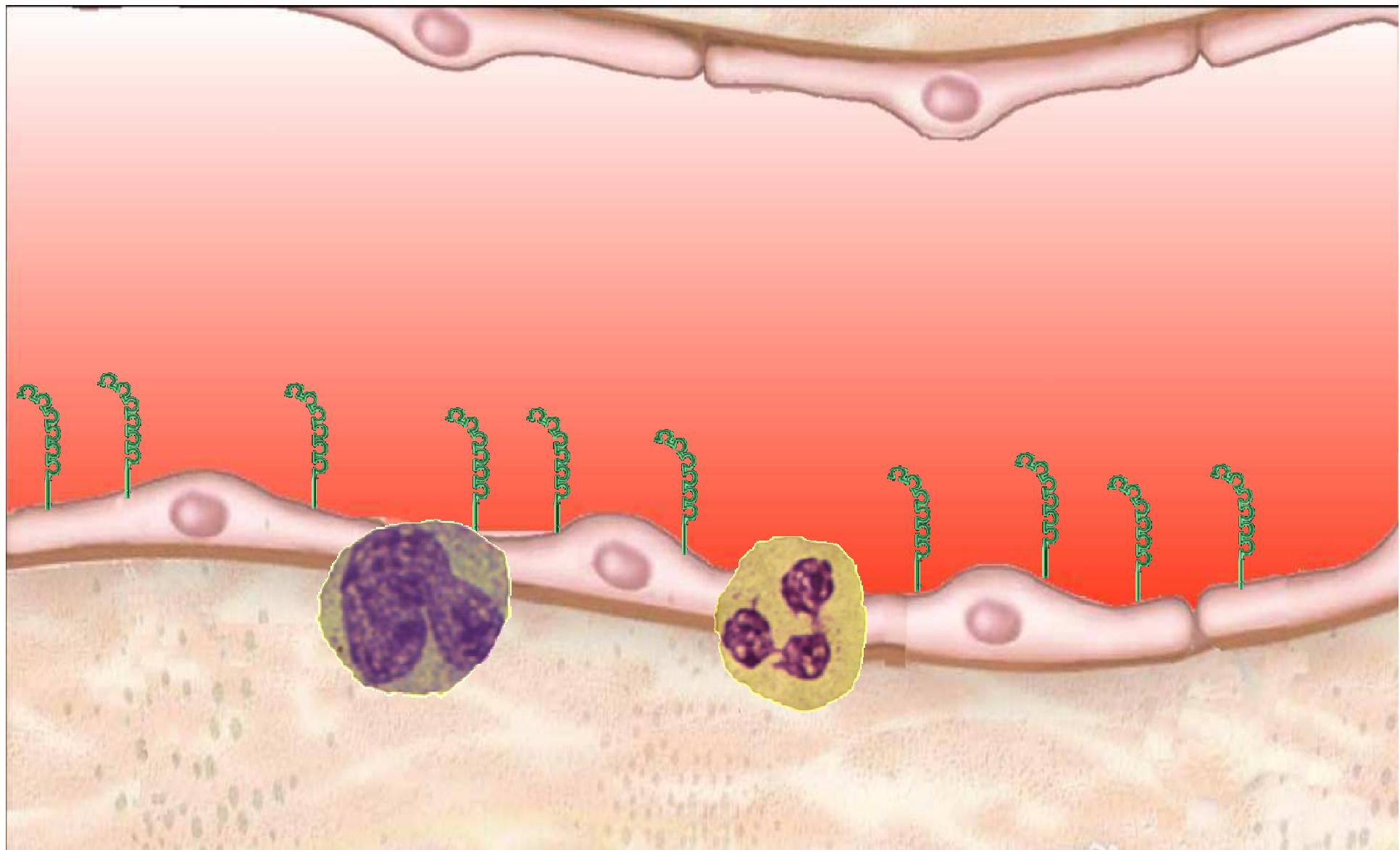
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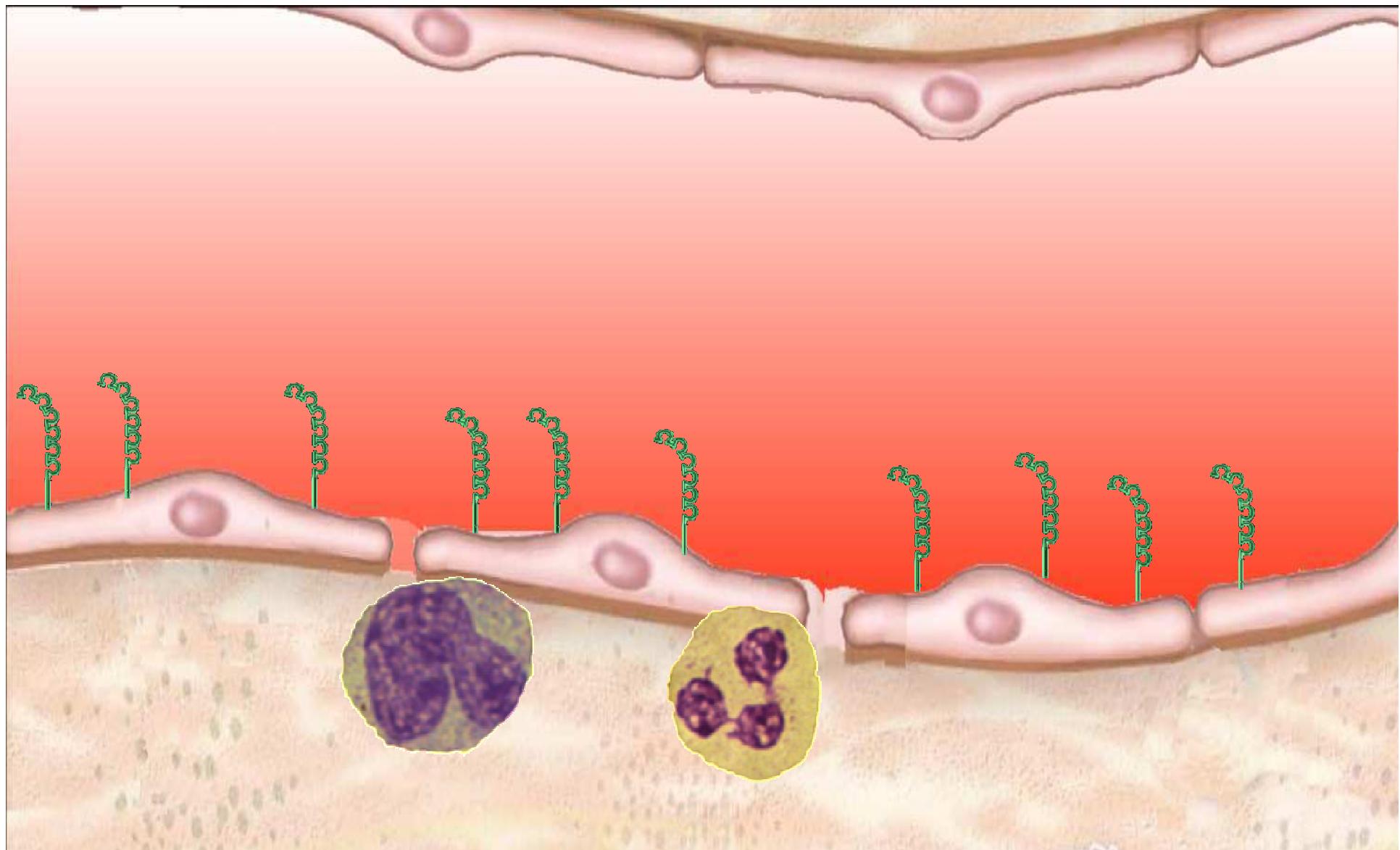
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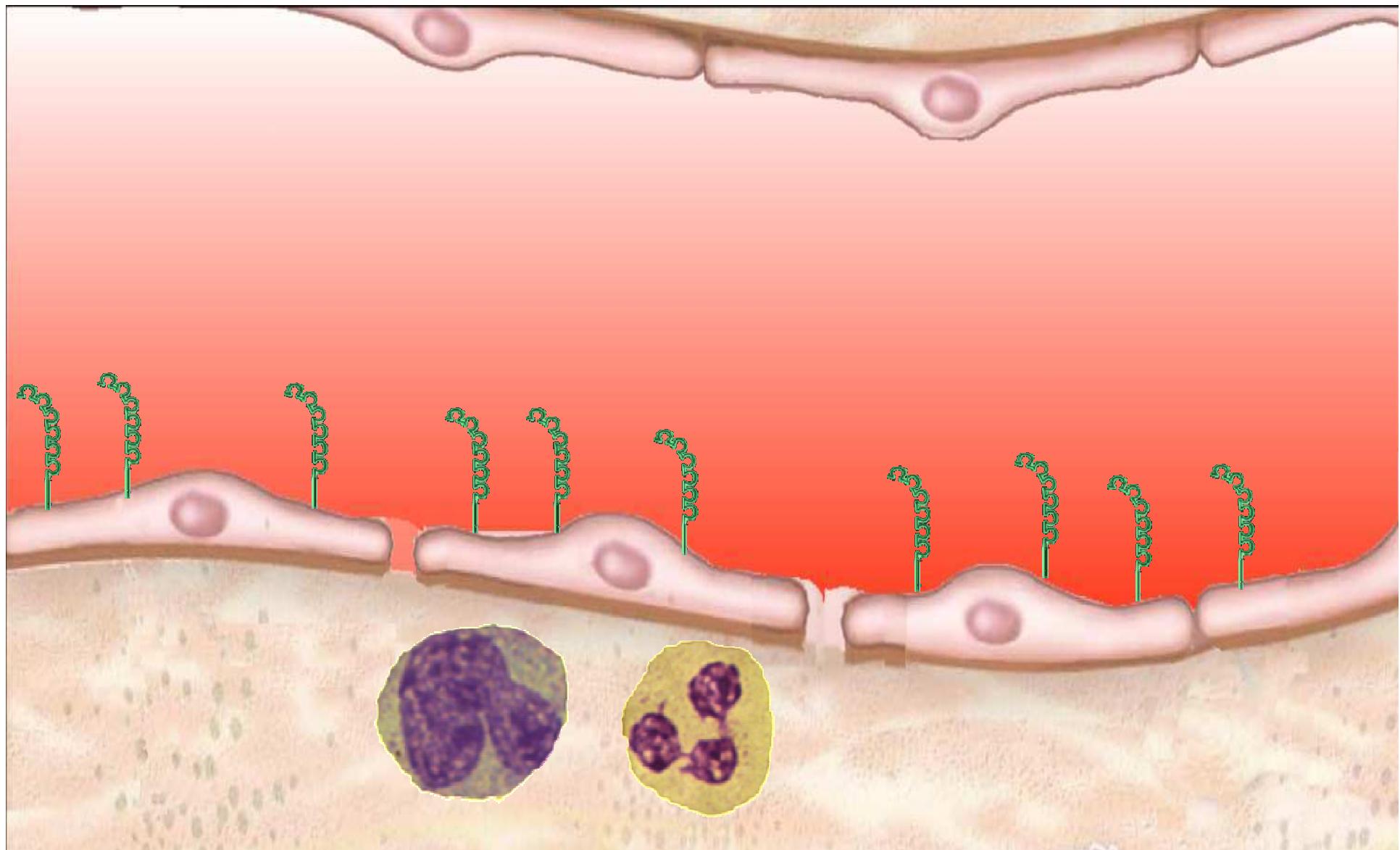
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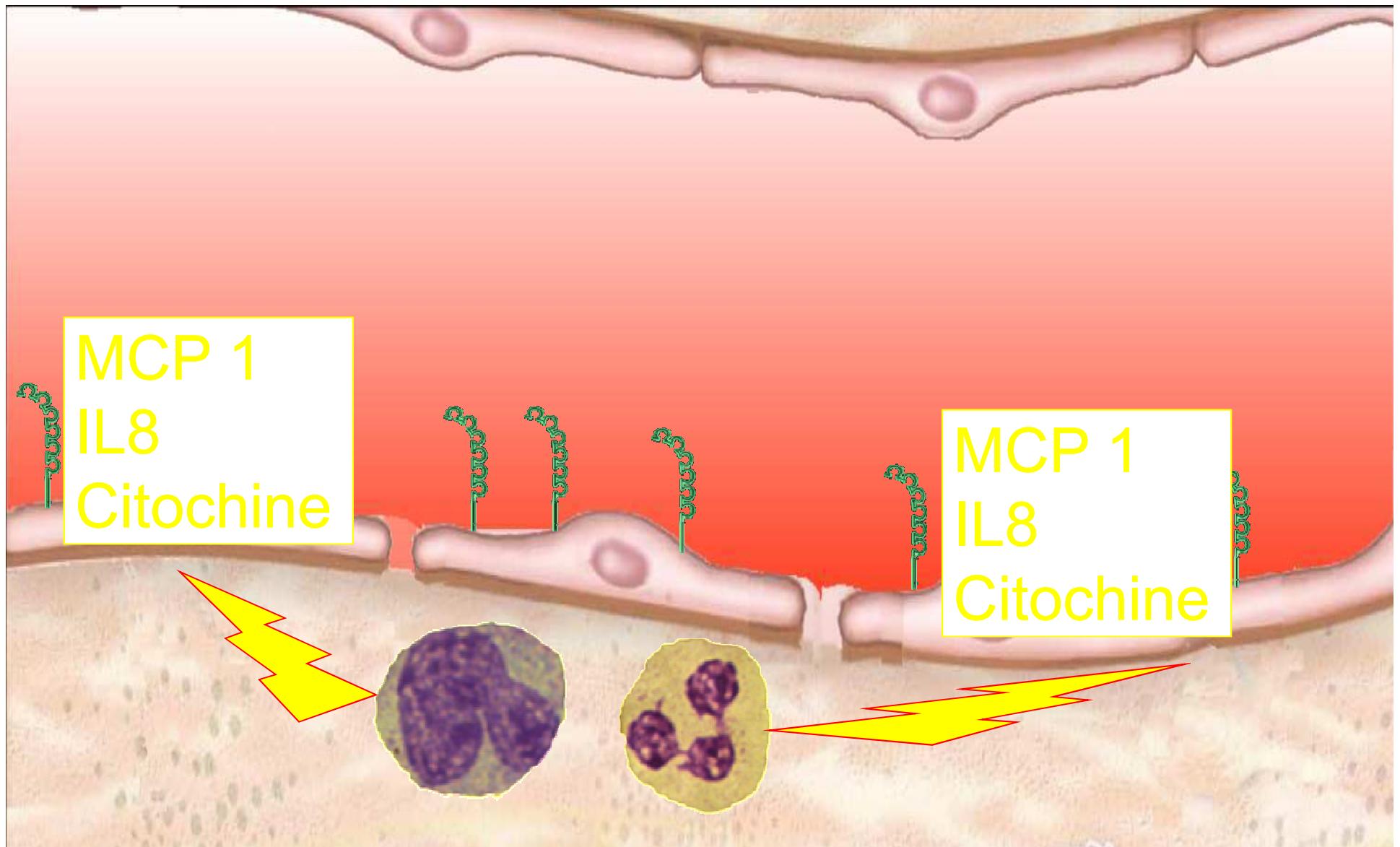
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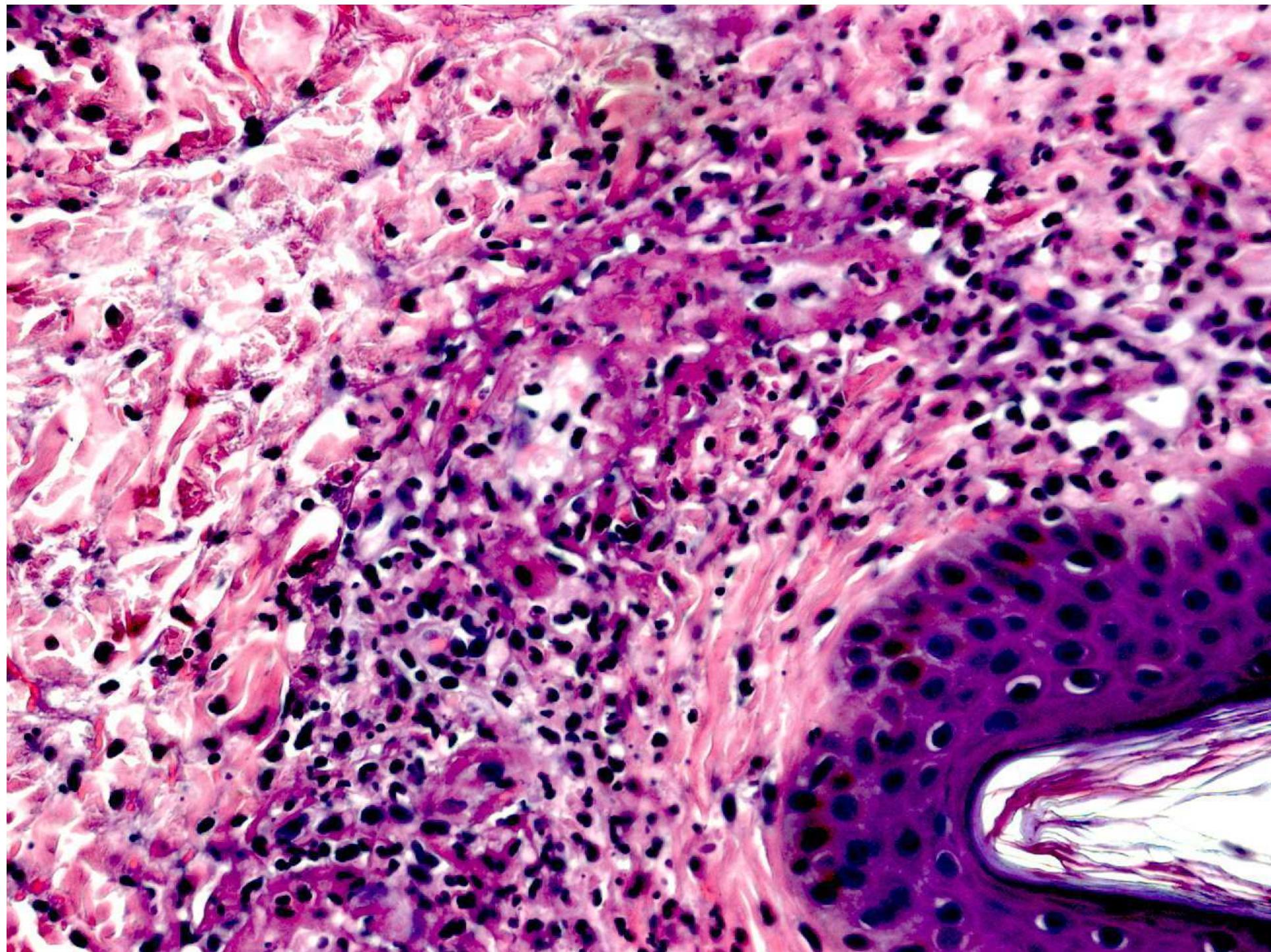


Patogenesi: migrazione leucocitaria



Patogenesi:attivazione endotelio





RECENT STUDIES OF PLEX IN AAV

Casian and Jayne, Curr Op Rheumatol 2011

Study ID	Number of patients	Study outcomes
Jayne et al., 2007 RCT	137	Renal recovery at 1 year: 69% in the PLEX group 49% in non-PLEX group No difference in mortality
Walsh et al., 2008 Meta-analysis	387	RR for ESRD = 0.64 in the PLEX group No difference in mortality
Szpirt et al., 2010 RCT	32	Increased renal survival in the PLEX group at 1, 3, 12 months and 5 years No difference in mortality
Walters et al., 2010 Meta-analysis	271	RR for ESRD = 0.47 No difference in mortality
PEXIVAS	500	ESRD AND mortality in the PLEX versus non-PLEX group (results awaited 2017)
Jayne et al. Ongoing		

RANDOMIZED CONTROLLED TRIAL of METHYLPREDNISOLONE VERSUS PLASMAPHERESIS for SEVERE RENAL VASCULITIS

Outcome	IV methylprednisolone (n = 67, %)	Plasmapheresis (n = 70, %)	P value
Renal recovery at 3 months	33 (49)	48 (68)	P = 0.02 (95% CI 18–35%)
Survival at 12 months	51 (76)	51 (73)	NS
ESKD at 12 months			
Overall	29 (43)	41 (59)	P = 0.008 (95% CI 4–40%)
Survivors	29 (57)	41 (80)	

ANCA-ASSOCIATED RAPIDLY PROGRESSIVE GLOMERULONEPHRITIS (WEGENER'S GRANULOMATOSIS)

Incidence: 0.85 per 100,000/year

Procedure

TPE
TPE
TPE

Recommendation

Grade 1A
Grade 1C
Grade 2C

Category

I (dialysis dependence)**
I [diffuse alveolar hemorrhage (DAH)]
III (dialysis independence)**

of reported patients*: >300

RCT	CT	CS
8 (296)	1 (26)	22 (347)

CR
NA

Type of evidence
Type I

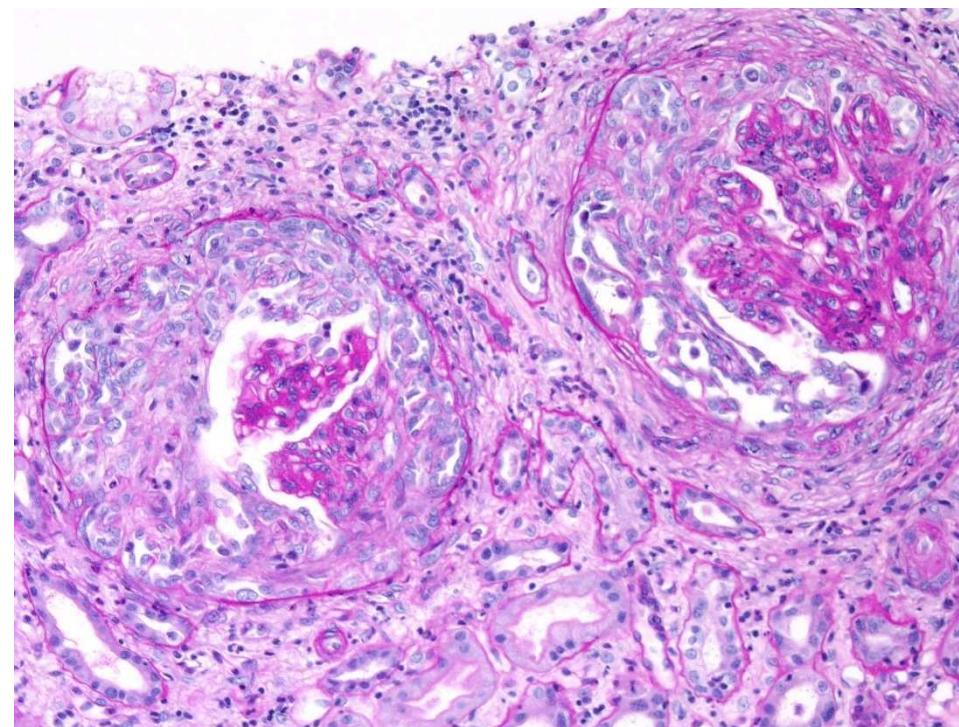
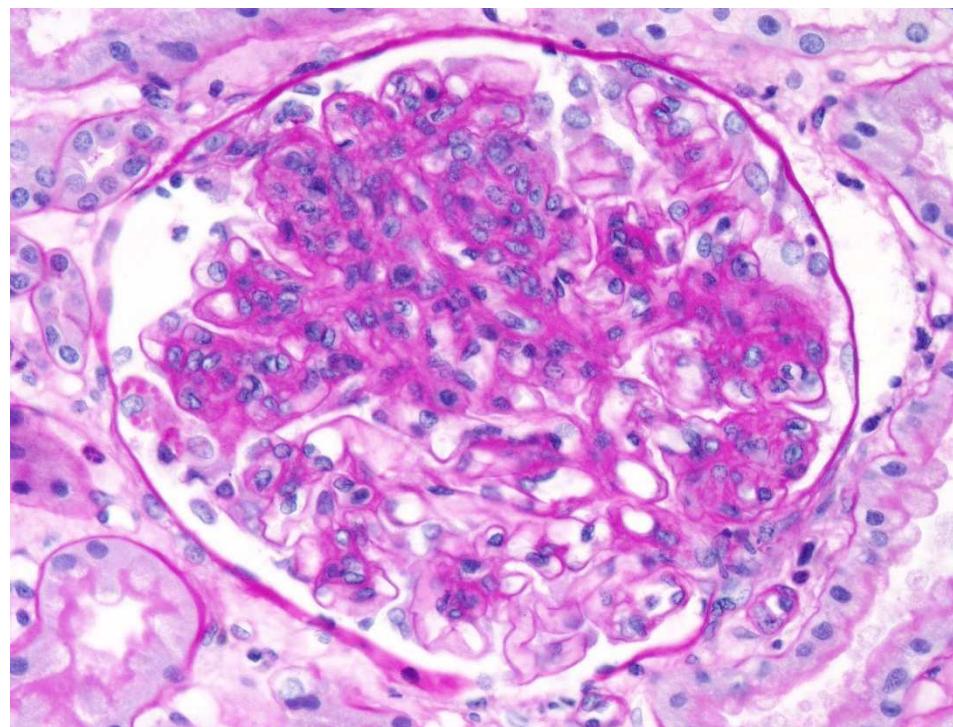
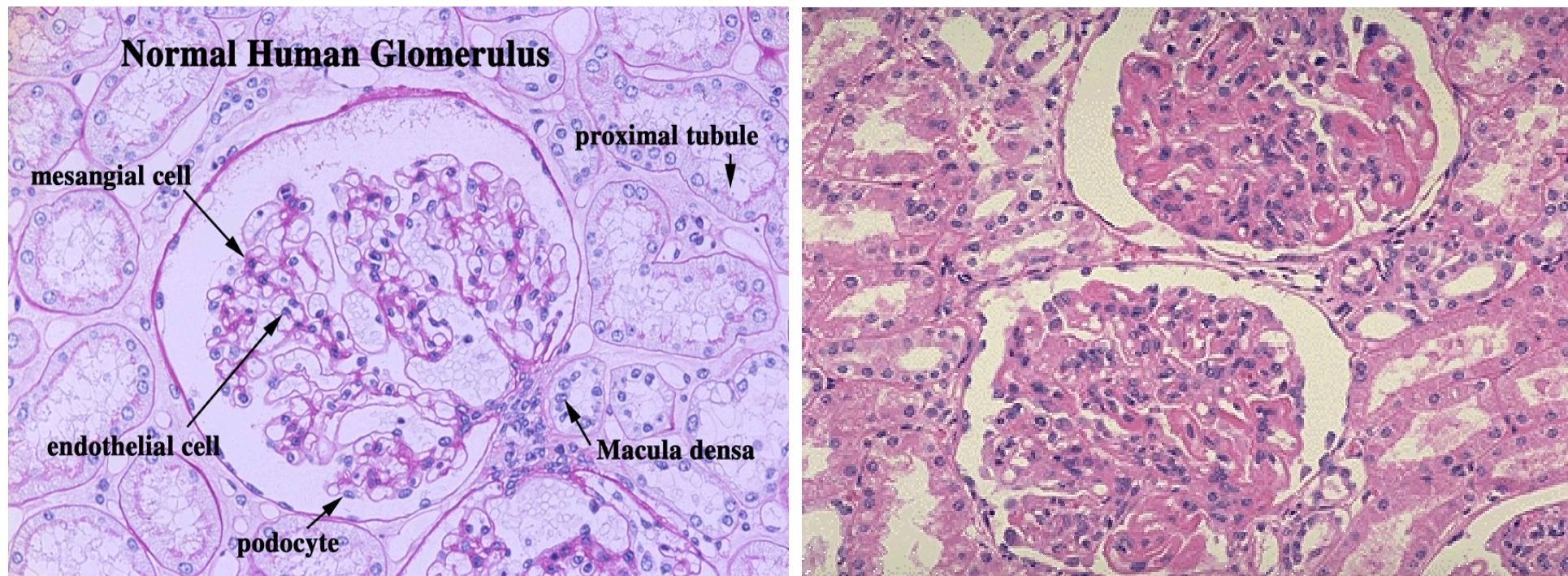
**at presentation.

TECHNICAL NOTES

Volume treated: 1 to 1.5 TPV

Frequency: daily or every other day

Replacement fluid: albumin; plasma when DAH present

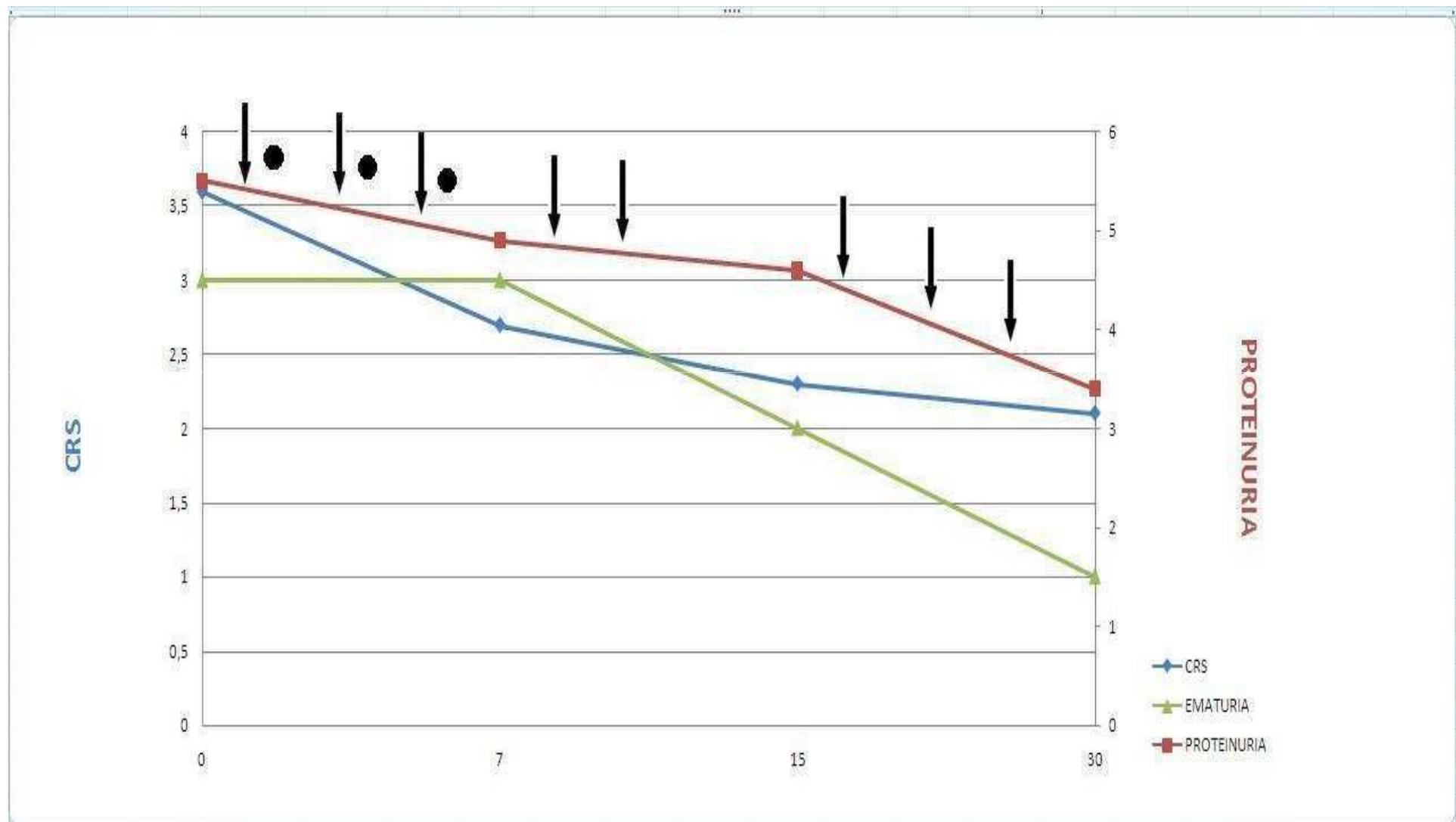


RPIgAN with >40% extracapillary proliferation

Età Sex	Mesi	Ialinosi glomerulare	Crescents floridi	Crescents sclerotici	Cr μmol/l	Proteinuria (g/24h)	Aferesi
16 M	0 (B)	-	90	10	884	20.6	14
	2 (B)	10	80	10	212	2.1	8
	16 (B)	65	15	-	522	2.5	
44 M	0 (B)	15	40	-	106	4	11
	2 (B)	30	10	20	97	0.8	
	6				132	2.6	
	24 (B)	45	20	-	132	4.2	
61 F	0 (B)	5	70	-	636	7.1	14
	2 (B)	30	50	-	265	3.3	
39 M	0 (B)	35	50	-	238	5.9	10
	2 (B)	30	30	-	230	7.9	5
	12				HD	2.5	
55 M	0 (B)	-	40	-	654	5.7	10
	36				194	2	
18 F	0 (B)	15	80	-	265	5.1	18
	120				371	1	

Roccatello NDT, 1995

PLEX in RPIgAN with > 60% florid crescents



IMMUNE COMPLEX RAPIDLY PROGRESSIVE GLOMERULONEPHRITIS

Incidence: 0.7 per 100,000/year

Procedure

TPE

Recommendation

Grade 2B

Category

III

of reported patients*: >300

RCT

CT

CS

CR

7 (196)

0

21 (295)

NA

Type of evidence

Type I**

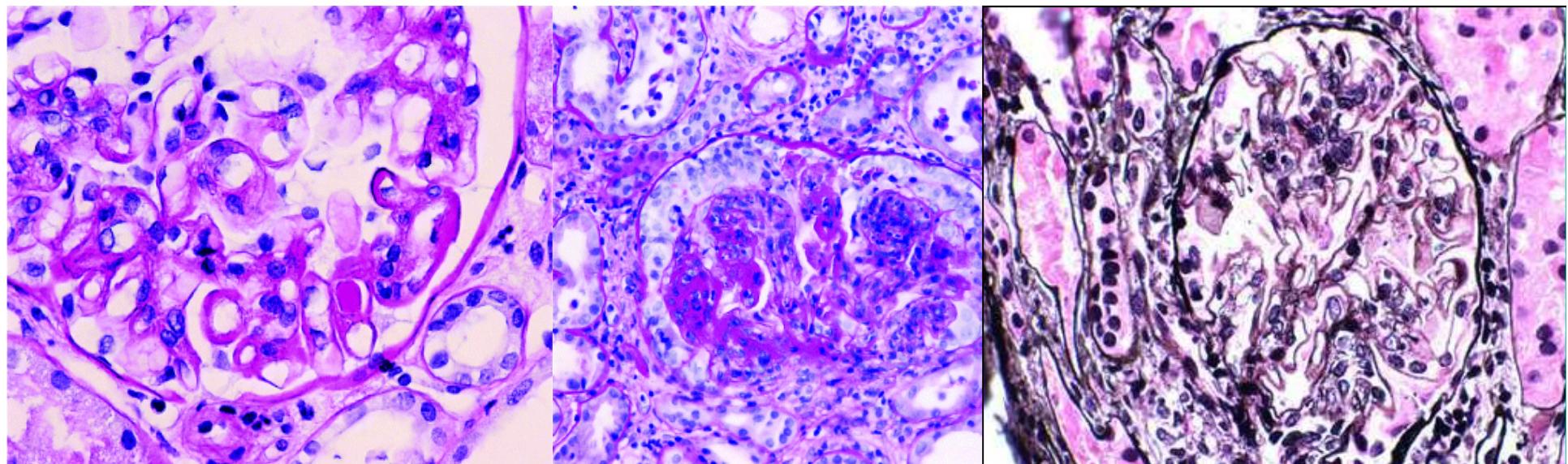
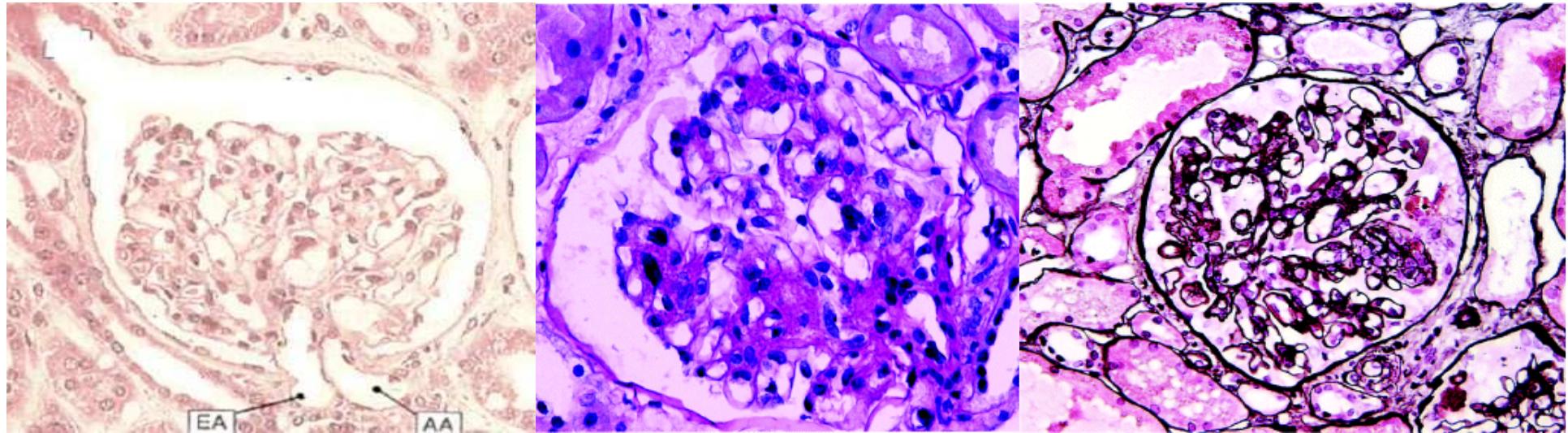
TECHNICAL NOTES

Volume treated: 1 to 1.5 TPV

Frequency: every other day

Replacement fluid: albumin

RENE NORMALE



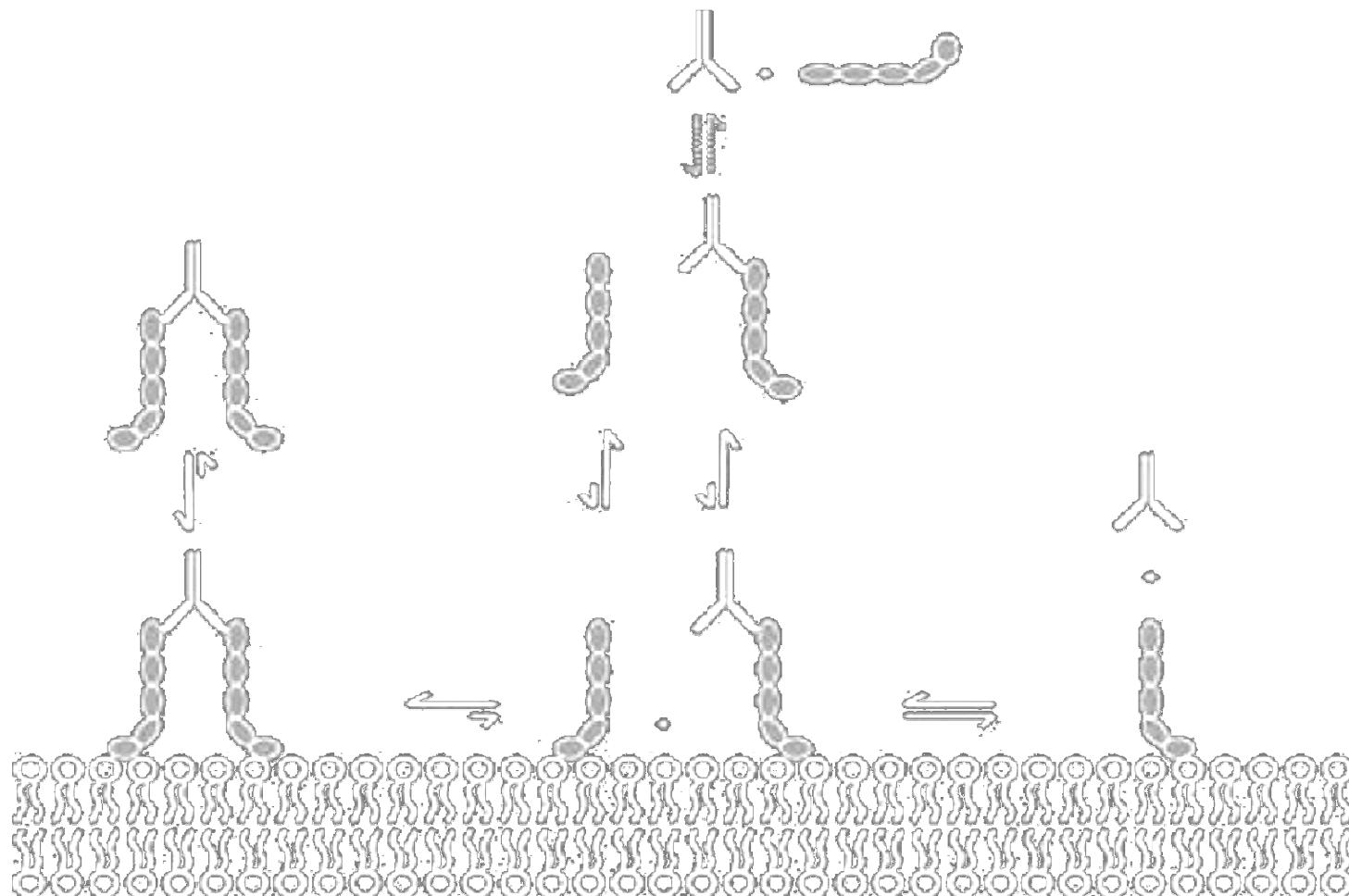
SYSTEMIC LUPUS ERYTHEMATOSUS

Incidence:	15-50 per 100,000/year	Procedure	Recommendation	Category
		TPE	Grade 2C	II (severe)
		TPE	Grade 1B	IV (nephritis)
# of reported patients*: >300				
	RCT	CT	CS	CR
TPE	1 (20)	1 (4)	14 (128)	61 (63)
TPE (nephritis)	2 (36)	2 (114)	6 (160)	10 (11)

TECHNICAL NOTES

Volume treated: 1 to 1.5 TPV	Frequency: Lupus cerebritis or SLE with DAH: daily to every other day; SLE other: one to 3 times a week
Replacement fluid: albumin; plasma	

Azione degli Ab antifosfolipidi



CATASTROPHIC ANTIIPHOSPHOLIPID SYNDROME

Incidence: Very rare (282 cases in CAPS Registry)				Procedure TPE	Recommendation Grade 2C	Category II
# of reported patients*: 100–300**						
RCT 0	CT 0	CS 6 (60)	CR 29 (33)	Type of evidence Type III		

**According to the CAPS Registry, 109 patients have received TPE.

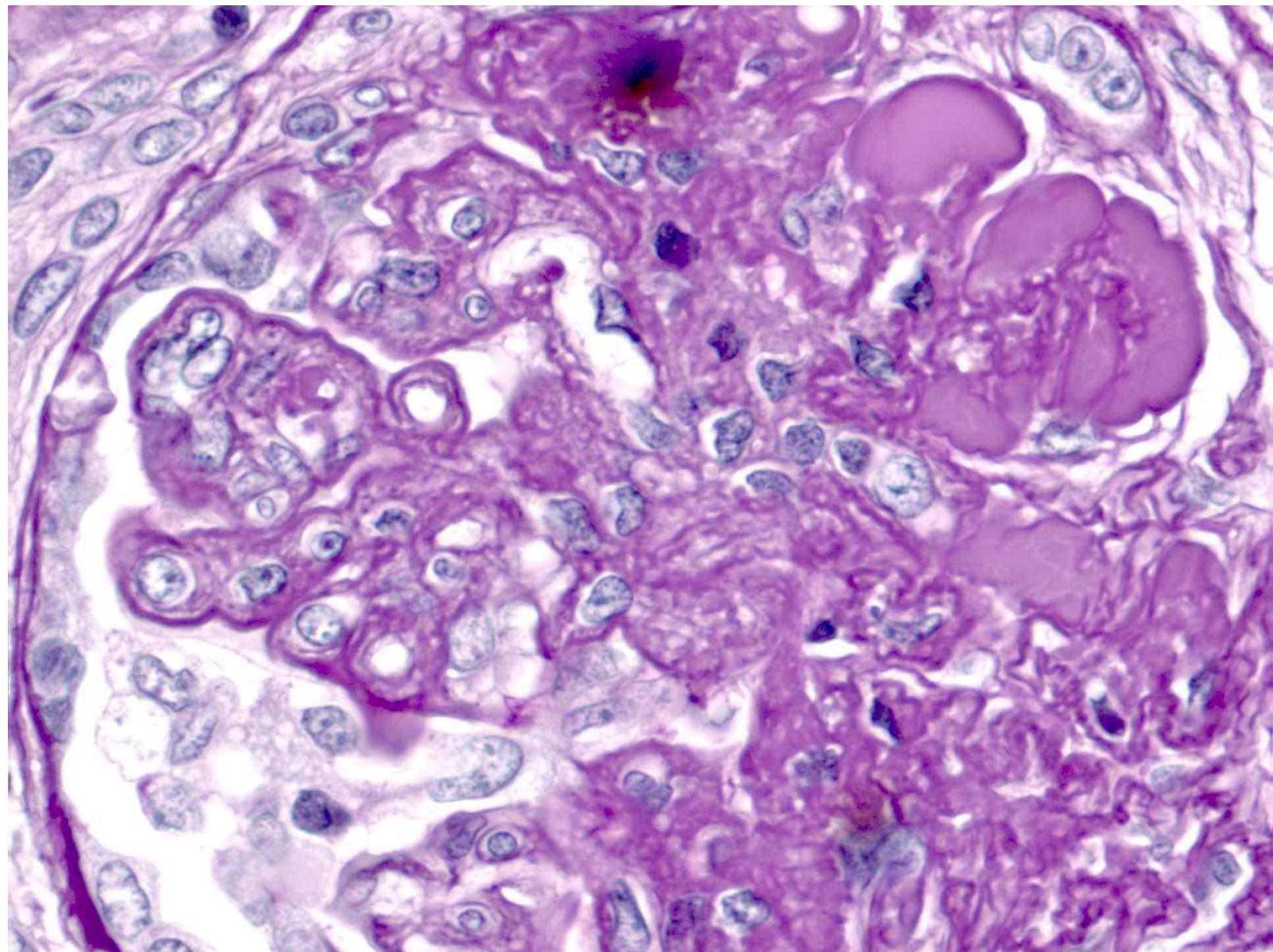
TECHNICAL NOTES

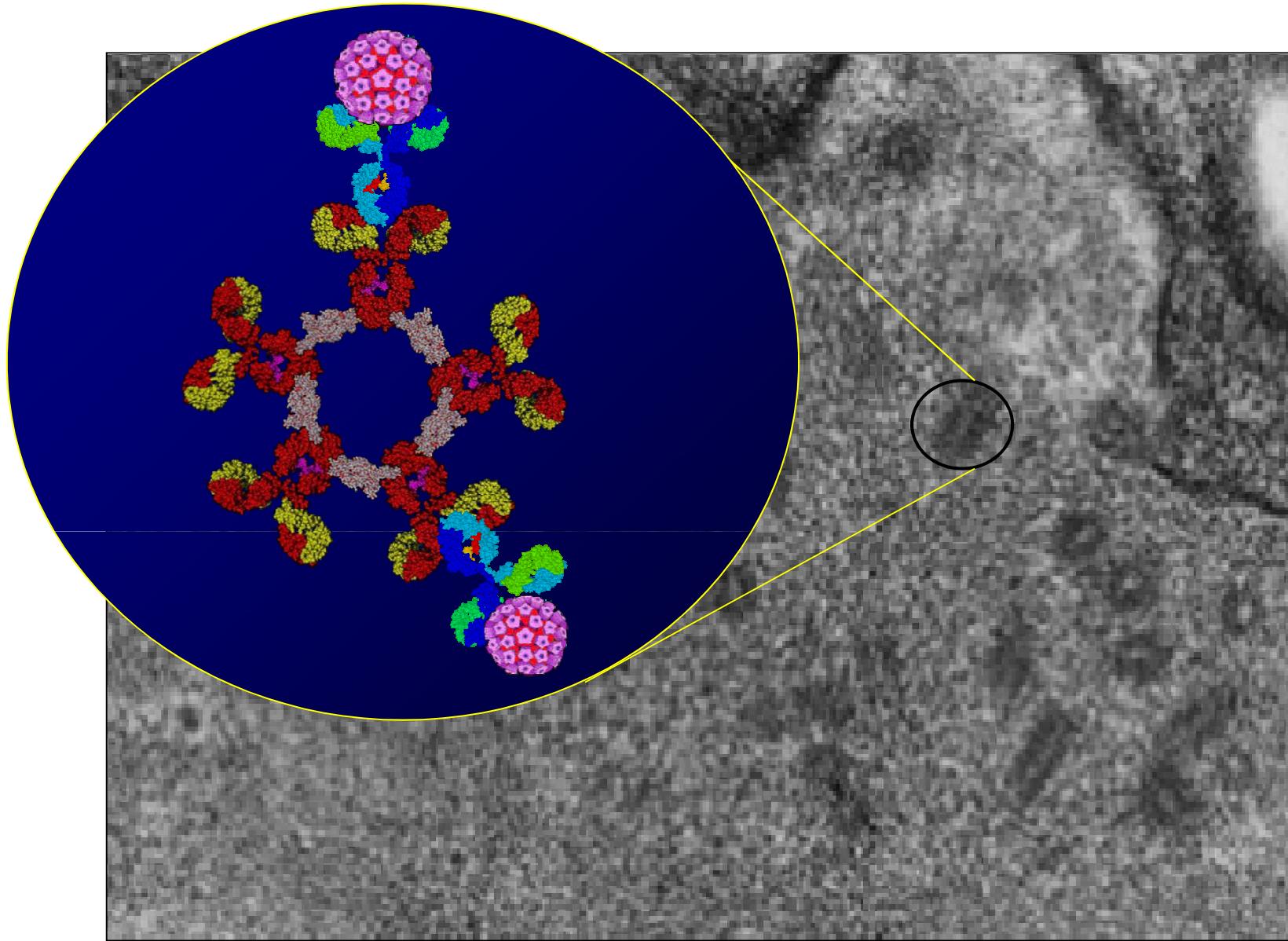
Plasma was used in most reported cases; efficacy of albumin has not been widely tested.

Volume treated: 1 to 1.5 TPV

Frequency: daily

Replacement fluid: plasma (used in most reported cases; efficacy of albumin not tested)

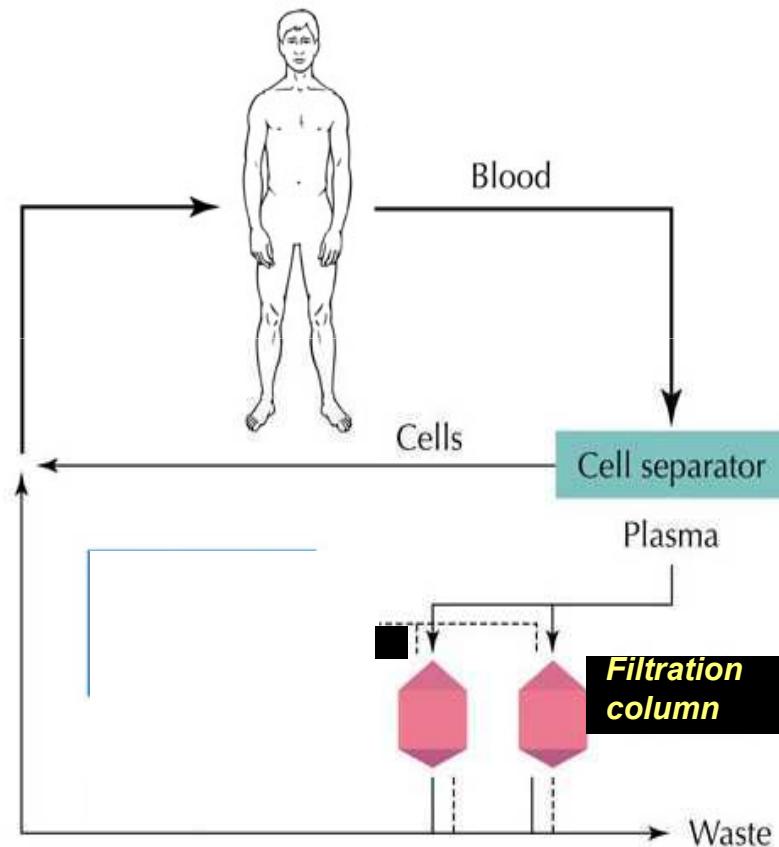




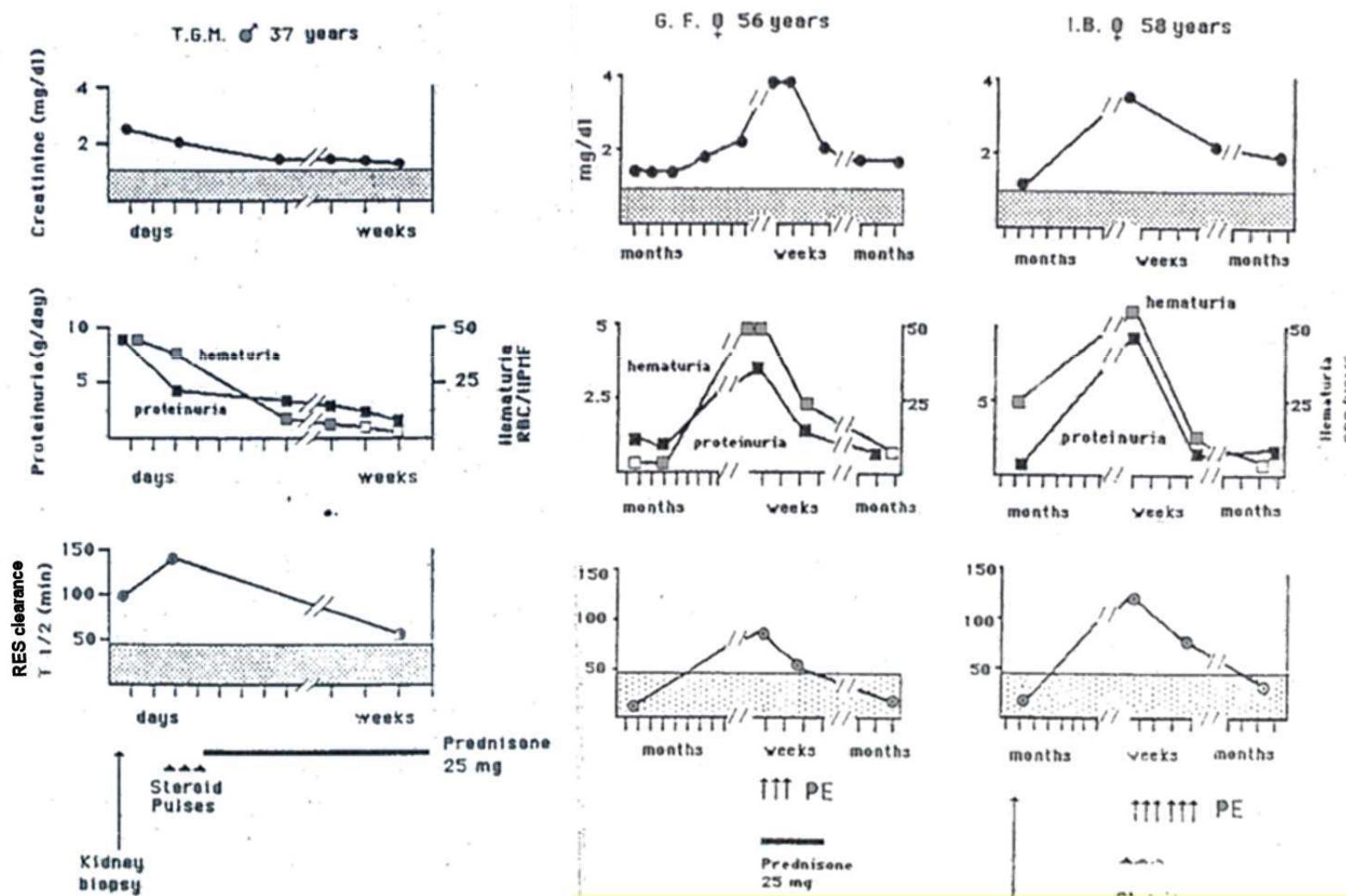
Filtrazione a cascata

Frazionamento del plasma su membrana semipermeabile

Rimozione semiselettiva di sostanze ad elevato peso molecolare



Effetto clinico ed immunologico della PE nella CM



Roccatello et al, NDT, 1991

CRYOGLOBULINEMIA

				Procedure	Recommendation	Category
Incidence: 1-2% of patients with chronic hepatitis C, approximately 80% of patients with cryoglobulinemia have hepatitis C				TPE	Grade 1B	I (severe/symptomatic)
				IA	Grade 2B	II (secondary to hepatitis C)
# of reported patients*: 100–300						
	RCT	CT	CS	CR	Type of evidence	
TPE	0	0	18 (195)	>50	Type II-3	
IA	1 (17)	0	1 (4)	0	Type I	

TECHNICAL NOTES

Volume treated: 1 to 1.5 TPV	Frequency: every 1 to 3 days
Replacement fluid: albumin or plasma	

**RCTs EVALUATING THE ROLE OF PLASMAPHERESIS
IN MULTIPLE MYELOMA-ASSOCIATED RENAL FAILURE
(without biopsy and biological markers)**

Baweja S, J Artif Organs. 2011

Reference	Number			Dialysis-dependent at entry	Outcome	
	Total	Plasmapheresis	Control		Recovery from dialysis	Mortality
Zucchelli et al. [137]	29	15	14	24	Plasmapheresis 85% ^a Control 18%	Plasmapheresis 34% ^a Control 72%
Johnson et al. [138]	21	11	10	12	Plasmapheresis 43% ^b Control 0	Plasmapheresis 25% ^b Control 25%
Clark et al. [139]	97	58	39	29	Plasmapheresis 42% ^b Control 37%	Plasmapheresis 33% ^b Control 33%

^a Statistically significant difference
^b No significant difference

Hutchison, 2007: 40 pts, 78% improvement RF if due to a cast-N and sFC dropped by >50%

**Hutchison, 2009: 19 biopsy-proven cast-N pts treated with high cut-off dialyzer
(interrupted in 6 for infections), 13 became HD-independent.**

EuLITE trial ongoing

MYELOMA CAST NEPHROPATHY

Incidence:	1 per 100,000/year			Procedure	Recommendation	Category
# of reported patients*:	100-300			TPE	Grade 2B	II** (cast nephropathy)
RCT	CT	CS	CR	Type of evidence		
5 (182)	0	6 (105)	7(10)	Type I		

TECHNICAL NOTES

Volume treated: 1 to 1.5 TPV	Frequency: daily or every other day
Replacement fluid: albumin; albumin/saline	

HYPERVISCOSITY IN MONOCLONAL GAMMOPATHIES

Incidence: 0.1-0.3 per 100,000/year	Procedure	Recommendation		Category	
	TPE	Grade 1B		I** (treatment of symptoms)	
	TPE	Grade 1C		I** (prophylaxis for rituximab)	
# of reported patients*: >300	RCT	CT	CS	CR	Type of evidence
treatment of symptoms	0	3 (46)	18 (253)	12 (12)	Type II-1
prophylaxis for rituximab	0	0 (0)	3 (45)	2 (2)	Type II-3

TECHNICAL NOTES

Volume treated: 1 to 1.5 calculated plasma volume	Frequency: daily
Replacement fluid: albumin or albumin/saline	

FOCAL SEGMENTAL GLOMERULOSCLEROSIS RECURRENT

Incidence:	rare				Procedure	Recommendation	Category
# of reported patients*:	100-300				TPE	Grade 1C	I
RCT	CT	CS	CR	Type of evidence			
0	2 (19)	43 (117)	8 (10)	Type II-3			

TECHNICAL NOTES

Vascular access may be obtained through arteriovenous fistulas or grafts used for dialysis.

Volume treated: 1 to 1.5 TPV

Frequency: daily or every other day

Replacement fluid: albumin or albumin/plasma

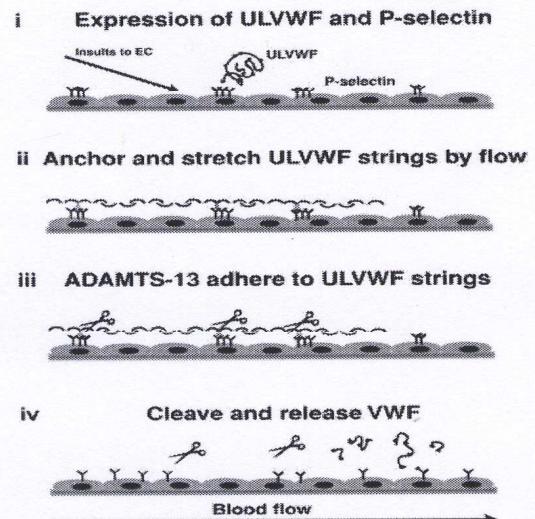
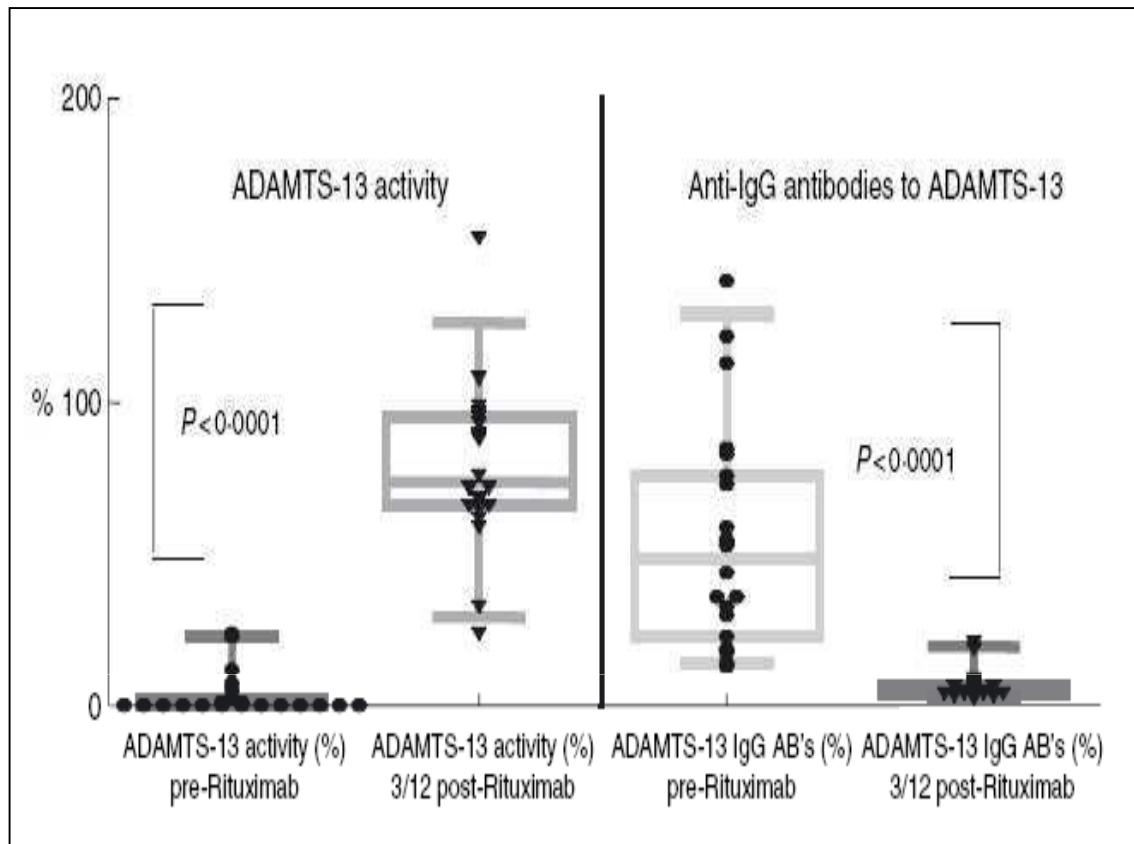


Figure 7. Schematic illustration of a potential mechanism of cleavage of ULVWF string by ADAMTS-13 metalloprotease. On stimulation, endothelial cells release contents from the Weibel-Palade bodies. Membrane-bound P-selectin anchors ULVWF multimers to the surface of endothelial cells to allow long stringlike structures to form under flow. Fluid shear stress stretches these strings to expose sites for ADAMTS-13 to adhere to ULVWF and/or cleavage site in the A2 domain of ULVWF. The cleavage releases ULVWF from endothelial cells (and from wall shear stress) to allow cleaved VWF to adopt different conformation that is no longer



*A disintegrin and metalloproteinase with thrombospondin motif-13 (ADAMST-13) activity and anti-ADAMST-13 in 25 pts with acute refractory /relapsing idiopathic TTP treated with Rituximab immediately following PE. All 25 pts attained complete clinical and laboratory remission in a median of 11 days.
No relapses were observed (Scully, BJH, 2006)*

THROMBOTIC THROMBOCYTOPENIC PURPURA

Incidence: 0.37/100,000/year in the US **Procedure TPE** **Raccomendation Grade 1A**

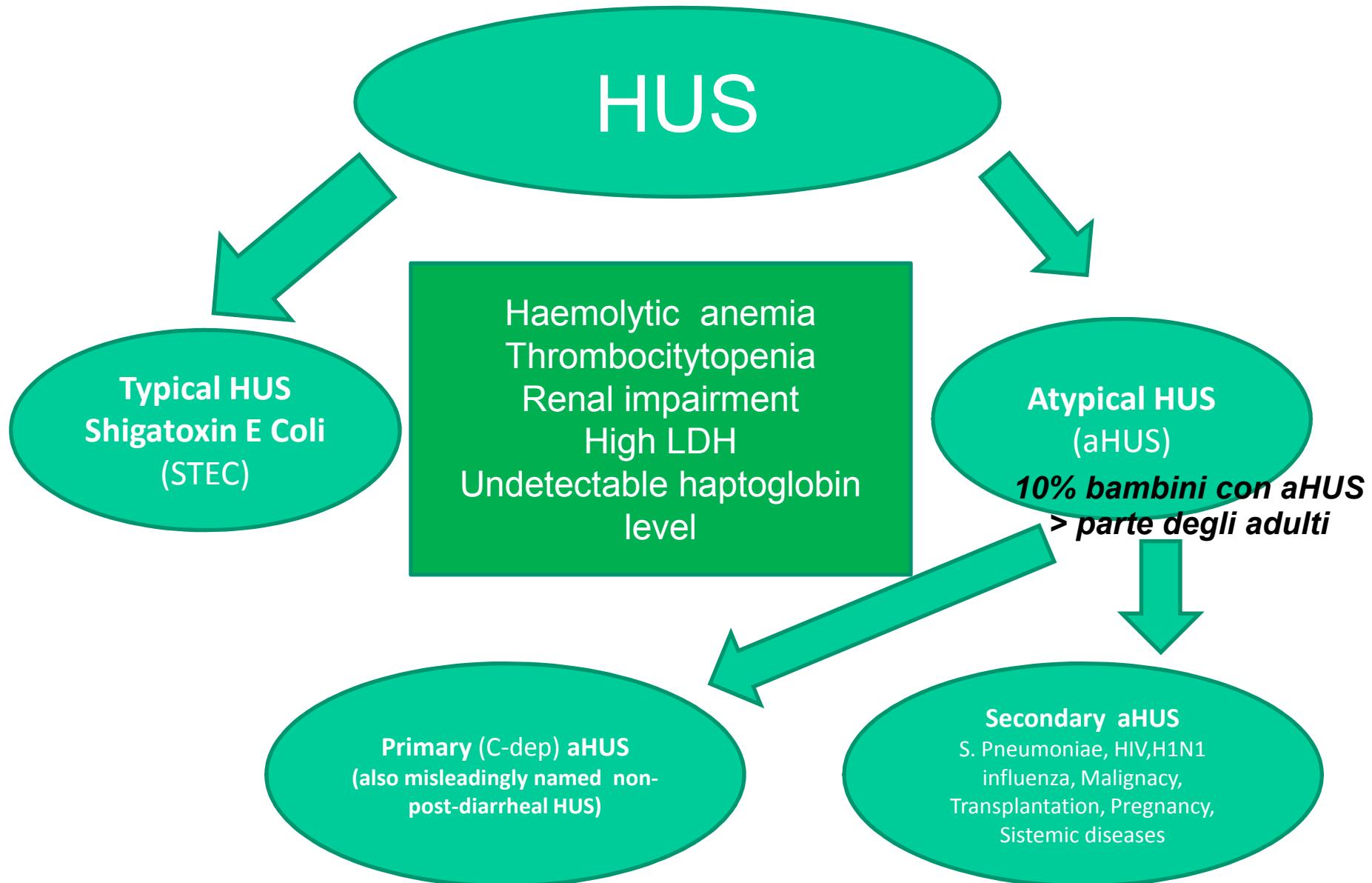
of reported patients: > 300

RCT 7 (301) **CT 2 (133)** **CR 17 (915)** **CR 28 (48)** **Type of evidence I**

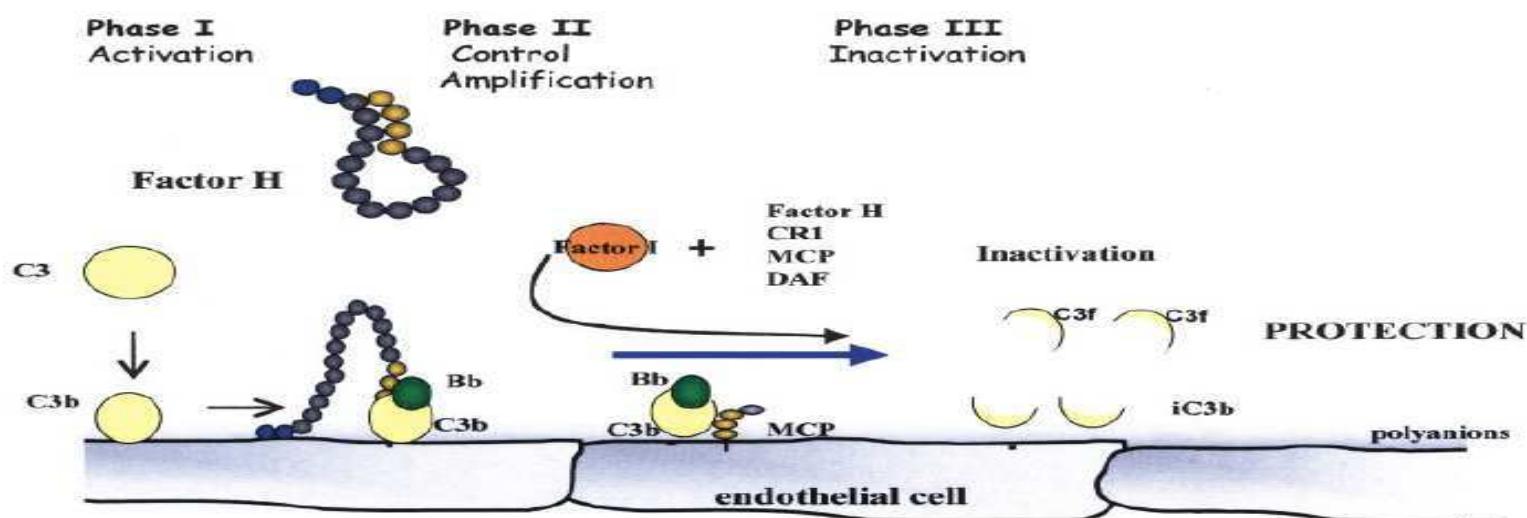
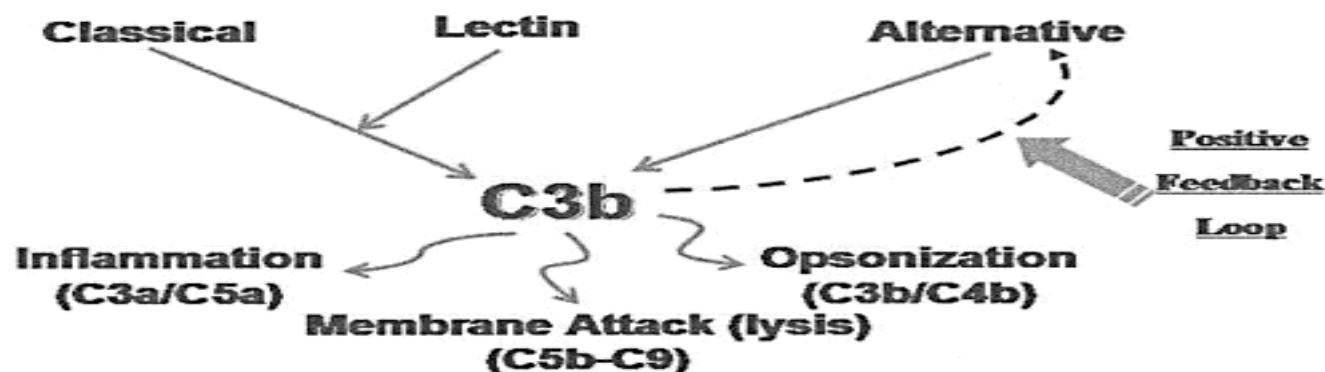
TECHNICAL NOTES

Volume treated 1-1.5 TPV

Replacement fluid plasma, plasma cryoprecipitate removed



Complement activation



SCR19-20 binds to polyanionic surface-bound C₃B

**Short Consensus
Repeats 1-4 binds to C₃b**

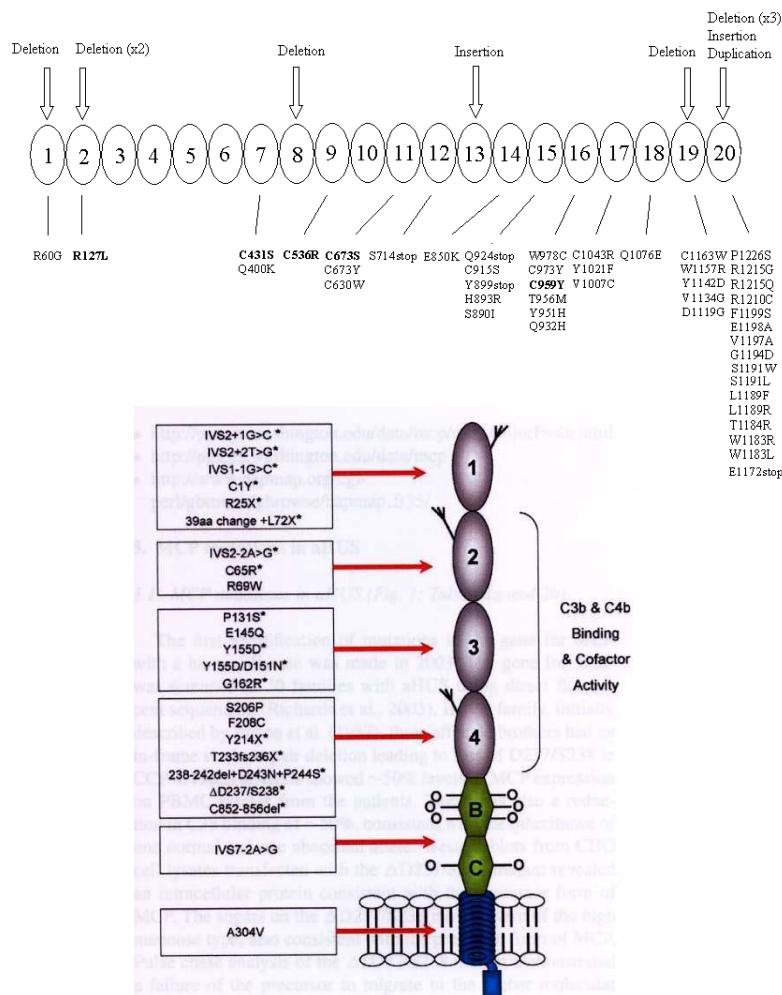


Table 1. Classification of Atypical Hemolytic-Uremic Syndrome.*

Form of Disease	Complement Abnormalities
Familial	Mutations in <i>CFH</i> , 40–45%; in <i>CFI</i> , 5–10%; in <i>C3</i> , 8–10%; in <i>MCP</i> , 7–15%; in <i>THBD</i> , 9%; and in <i>CFB</i> , 1–2%.
Sporadic	
Idiopathic	Mutations in <i>CFH</i> , 15–20%; in <i>CFI</i> , 3–6%; in <i>C3</i> , 4–6%; in <i>MCP</i> , 6–10%; in <i>THBD</i> , 2%; and in <i>CFB</i> , 2 cases; anti- <i>CFH</i> antibodies: 6–10%
Pregnancy-associated	Mutations in <i>CFH</i> , 20%; in <i>CFI</i> , 15%
HELLP syndrome	Mutations in <i>CFH</i> , 10%; in <i>CFI</i> , 20%; and in <i>MCP</i> , 10%
Drugs	Rare <i>CFH</i> mutations (mostly unknown)
Organ transplantation	Mutations in <i>CFH</i> , 15%; in <i>CFI</i> , 16%
Human immunodeficiency virus infection	Unknown†
Cancer	Unknown†

* HELLP denotes hemolytic anemia, elevated liver enzymes, and low platelet count.

† There are no published data on the frequency of complement gene mutations or anti-*CFH* autoantibodies in patients with this condition.

	CFH mutation	CFI mutation	MCP mutation	C3 mutation	CFB mutation	Anti CFH Ab
<i>Decreased [C3]</i>	50%	30%	2%	80%	100%	60%

Table 3 Main clinical characteristics of patients with atypical hemolytic uremic syndrome according to complement abnormality

Gene or subgroup	Frequency in aHUS	Minimal age at onset		Risk of death or ESRD at 1 st episode or within < 1 y	Risk of relapses	Risk of recurrence after renal transplantation	Plasma therapy indicated
		Children	Adults				
CFH	20-30%	Birth	any age	50-70%	50%	75-90%	Yes
CFI	4-10%	Birth	any age	50%	10-30%	45-80%	Yes
MCP	5-15%	> 1 y	any age	0-6%	70-90%	< 20%	Questionable
C3	2-10%	7 m	any age	60%	50%	40-70%	Yes
CFB	1-4%	1 m	any age	50%	3/3 not in ESRD	100%	Yes
THBD	3-5%	6 m	rare	50%	30%	1 patient	Yes
Anti-CFH Ab	6%	Mostly	7-11 y	30-40%	40-60%	Yes if high Ab titer	Yes (+ IS)

Terapia: plasma exchange



- ***Terapia 1 scelta dal 2010***
- ***Riduzione delle mortalità dal 50% al 25%***
- ***Somministrazione con plasma di CFH,CFB,CFI, C3***
- ***Rimozione di ab anti CFH***
- ***Rimozione di CFH,CFI,CFB modificati***
- ***Preferito alla plasmaterapia***

Plasmatherapy in Atypical Hemolytic Uremic Syndrome Chantal Loirat¹, Arnaud Garnier¹, Anne-Laure Sellier-Leclerc¹, Theresa Kwon Assistance Publique-Hôpitaux de Paris, Pediatric Nephrology Department, Université Paris-Diderot, Hôpital Robert Debré, Paris, Francea plasmaterapia

HEMOLYTIC UREMIC SYNDROME

Incidence:	Procedure	Recommendation	Category
Diarrhea-associated HUS: 6.1/100,000 children under 5 years (overall incidence: 1–2/100,000)	TPE	Grade 2C	II (aHUS due to complement factor gene mutations)
Prevalence of Atypical HUS: 3.3 per 1,000,000 in those <18 y.o.	TPE	Grade 2C	I (aHUS due to autoantibody to factor H)
	TPE	Grade 1C	IV (d+HUS or typical HUS)
# of reported patients*: >300			
	RCT	CT	CS
aHUS due to complement factor gene mutations	0	0	2 (6)
aHUS due to autoantibody to factor H	0	0	2 (6)
d+HUS or typical HUS	0	0	4 (48)
	CR		Type of evidence
	20 (25)		Type III
	2 (2)		Type III
	4 (4)		Type II-3

TECHNICAL NOTES

Volume treated: 1 to 1.5 TPV	Frequency: daily
Replacement fluid: plasma or albumin (T activation associated HUS)	

Terapia: plasma exchange

Response to PEX

CFH: 63%

CFI: 25%

MCP: 90% *spontaneous remissions frequent relapses*

C3, CFB: 55%

THBD: 85%

Anti-CFH: *1rst line (plus immunosuppressants)*

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- Iniziare terapia appena possibile (massimo entro 24 ore) proseguendo quotidianamente
- All'inizio scambiare 1,5 VP (60-75 ml/Kg)
- Lo scambio deve essere plasma con plasma
- Se non possibile PEX iniziare con infusione di plasma (10-15 ml/Kg)
- Se persistenza emolisi o mancata ripresa funzionale (anche a PTL normalizzate) proseguire con PE quotidiana o passare ad altra terapia
- Mutazione MCP: stop PEX; Mutazione CFH o CFI+ C3 o CFB: proseguire *a priori* indefinitamente

Figure A

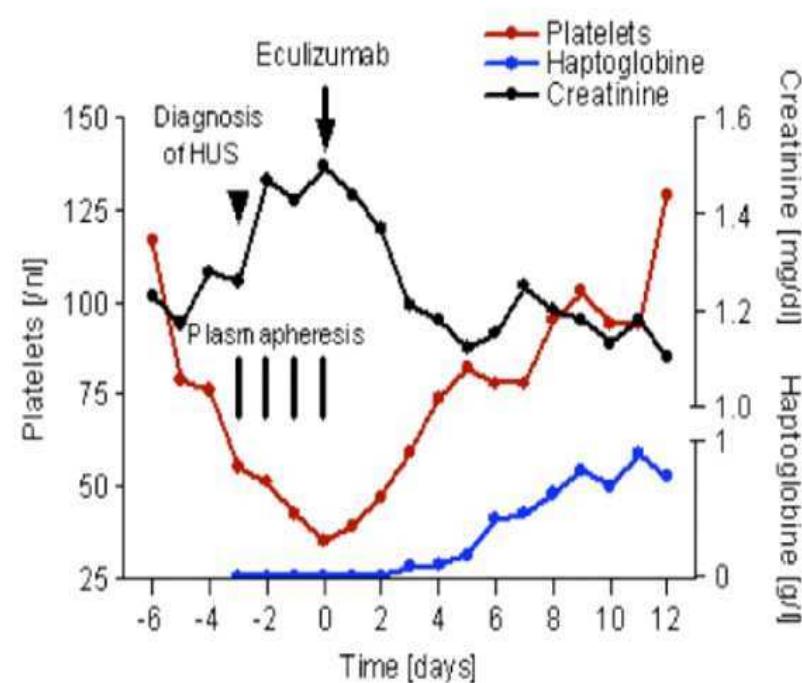
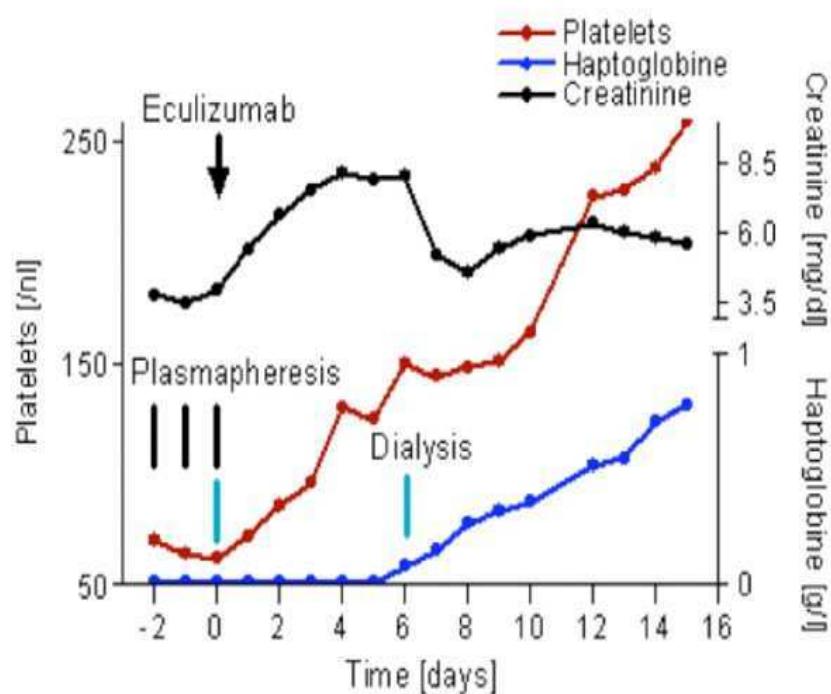


Figure B



Successful Treatment of Atypical Hemolytic Uremic Syndrome with the Complement Inhibitor Eculizumab.
 Jens Nuernberger^{1,*}, Oliver Witzke^{1,*}, Russell P. Rother, PhD^{2,*}, Thomas Philipp^{1,*}, Udo Vester^{1,*}, Hideo Baba^{1,*}, Lothar Bernd Zimmerhackl^{3,*} and Andreas Kribben^{1,*}