

WORKSHOP LUNCH

Palermo 19 Ottobre - h.13.15 / 14.15

La Fotoferesi Extracorporea, norme e metodologia

Presidente: L. Pierelli

Relatori: L. Pierelli, A. Bosi, M. Vacca, A. Lanti

La Fotoferesi Extracorporea nella GVHD: raccomandazioni GITMO-SIDEM

L. Pierelli, A. Bosi

Requisiti organizzativi e analisi del rischio in corso di Fotoferesi Extracorporea

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Fattori determinanti in corso di Fotoferesi Extracorporea. Esperienza con Il Sistema per Fotoferesi THERAKOS® CELLEX®

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Discussione

Conclusione. "Lighting Up Lives", 25 anni di Fotoferesi THERAKOS®



Prof. Alberto Bosi
Past President-GIMTO

Prof. Luca Pierelli
Presidente SIdEM

Quale la necessità di raccomandazioni?

Migliaia di procedure di fototerapia sul territorio nazionale: l'Italia è uno dei paesi più attivi in tale attività terapeutica

Principali applicazioni cliniche:

- malattia da trapianto contro l'ospite (GvHD) acuta e cronica
- linfomi cutanei
- malattie autoaggressive
- rigetto di trapianto d'organo solido (prevenzione e trattamento)

Anche a causa di un così grande volume di attività nel nostro paese convivono vari approcci metodologici in corso

niche, tecniche e metodologiche o entamenti nella specifica materia

Redazione di Linee Guida sulla base del principio della
evidence-based medicine (forza tratta principalmente dalla
disponibilita' di studi di fase III di opportune dimensioni)

Metanalisi (super-analisi di studi pubblicati in merito)

Conferenze di consenso per la identificazione di "best
practices" su argomenti eventualmente scoperti in termini o
studi organizzati (aspetti metodologici, affinamento o
strategie, indicazioni cliniche consolidate ma non
ormalmente comprovate, etc, etc)

Tavolo tecnico SIdEM-GITMO

10 esperti: 5 di provenienza SIdEM, 4 GITMO, 1 metodologo

Metodologia adottata per la definizione della best practice: “The Expert Panel agreed on clinical key areas and key questions, within each clinical area, using the criterion of clinical relevance through a Delphi process. William PL, Webb C. The Delphi technique: a methodological discussion. J Adv Nur 10 1994,19:180–6

**EXTRACORPOREAL PHOTOPHERESIS FOR THE TREATMENT
OF ACUTE AND CHRONIC GvHD IN ADULTS AND CHILDREN –
BEST PRACTICE RECOMMENDATIONS FROM A SIDEM
(SOCIETÀ ITALIANA DI EMAFERESI E MANIPOLAZIONE
CELLULARE) AND GITMO (GRUPPO ITALIANO TRAPIANTO
MIDOLLO OSSEO) CONSENSUS PROCESS**

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Key words:	pheresis, Transplantation – Stem Cell

Indications of ECP in acute GvHD

Question 1 – Is ECP recommended in aGvHD?

Recommendations:

Available evidence indicate that ECP is an option in aGvHD

ECP may be applied in patients, either adults or children, with aGvHD not responding to steroids and calcineurin inhibitors.

All candidates are patients with isolate skin involvement, where the efficacy of the procedure in visceral aGvHD is less well defined. However, ECP superiority over the other therapies used in aGvHD cannot be stated yet due to the lack of controlled clinical trials.

indications of ECP in chronic GvHD

Question 3 – Is ECP recommended in cGvHD?

Recommendations:

ECP is recommended in both adults and pediatric patients with cGvHD, either steroid resistant or steroid dependant, irrespective of disease extent and severity

ECP is an effective method with the potential to allow for steroid sparing in responding patients

ECP is a safe therapy

Question 5 – Is ECP recommended for overlap syndrome

Recommendations:

same statements as for cGvHD hold also for patients with overlap syndrome although based on scant evidence

Question 6 – Is ECP recommended for prophylaxis of
HD?

Recommendations:

definitive evidence supports the use of ECP for preven
HD occurrence

Question 8 – Which are the hematologic contraindications to ECP?

Recommendations:

Patients with severe anemia or thrombocytopenia should not be included from ECP

should be delayed until anemia and thrombocytopenia have been corrected (hemoglobin >8g/dl, platelets >20.000 mm³) by an adequate transfusion support (irradiated apheresis or irradiated/leukoreduced pool buffy coat platelets and leukoreduced and irradiated red blood cells as required)

Procedure should be deferred in case of leukocyte count >10000mm³

There is no evidence for a minimum mononuclear cell (MNC) count

Question 9 – Which are the non-hematologic contraindications to ECP?

Recommendations:

Severe cardiovascular or renal impairment are absolute contraindications to ECP

Septicemia itself should not be considered an absolute contraindication to ECP

ECP procedure should be deferred in the presence of severe infection (with/without fever)

In the presence of a severe infection a careful assessment of the benefit of ECP should be done

Question 14 – Which is the appropriate schedule for ECP

Recommendations:

either acute or chronic GvHD in the absence of control
the most frequently applied schedule is two ECP sessions
back until maximum response followed by tapering tailored to
individual patient, i.e. according to the clinical response

schedule is recommended according to the panel ex
personal experience

clinical response should be assessed by 8-12 weeks and
should be discontinued in the case of no-response

Question 16 – How should ECP quality be monitored

Recommendations:

The procedure should be performed in a class A laminar air flow cabinet in a class D laboratory - European Guidelines for minimally invasive manipulation (Directive 2007/86/EC Regulation N° 1394/2007/EC)

Microbiological procedures: culture of the product for aerobic, anaerobic bacteria and fungi should be done immediately before the production of 8-MOP and before reinfusion into the patient

Quality control procedures: cultures should be done when a change of disposable ECP set lot occurs or to verify the first 6 procedures performed by a recently habilitated operator

Question 16 – How should ECP quality be monitored

Recommendations:

Functional test should be performed in order to validate procedure (in-line and off-line)

suggest to perform a functional test in each enrolled patient during the first two sessions except when a change in disposal or drug lot occurs or in the presence of a major change in ECP procedure (change in cell separator, UVA illuminator and drug during each therapeutic cycle)

procedure evaluation should be performed evaluating number of non-viable lymphocytes as 7-AAD CD3+ cells by using flow cytometry within 72/96 hours from the completion of

MO and SIdEM faced the challenge of setting up and sharing a common approach to ECP use in GvHD. Evidence was operationally searched for each specific issue, after adequate framing of the issue itself.

A consensus among experts belonging to two scientific societies was achieved. We decided to select and critically review literature, to consider different endpoints (i.e. safety, efficacy, quality of life) and to translate scientific evidence into valid recommendations.

In particular the panel aimed at recommending safe, effective treatment procedures that would minimize both heterogeneity between centers and associated costs.

However, evidence is still lacking, even in good retrospective analyses, for peculiar clinical aspects to GvHD treatment by E

○ SIdEM and GITMO

○ Therakos as supporter and organizer of

17° Corso Nazionale di Aggiornamento SIdEM
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